The Secret of the Veda

(Extracts from the passage in “Sri Aurobindo and the Transformation of the World” read to Mother by Satprem. This unpublished manuscript would become the first rough draft of “The Adventure of Consciousness”)

Nor was it insignificant that fire, Agni, was the core of the Vedic mysteries: Agni, the inner flame, the soul within us (for who can deny that the soul is fire?), the innate aspiration drawing man towards the heights; Agni, the ardent will within us that sees, always and forever, and remembers; Agni, “the priest of the sacrifice,” the “divine worker,” the “envoy between earth and heaven” (Rig-veda III, 3.2) “he is there in the middle of his house” (I.70.2). “The Fathers who have divine vision set him within as a child that is to be born” (IX.83.3). He is “the boy suppressed in the secret cavern” (V.2.1). “He is as if life and the breath of our existence; he is as if our eternal child” (I.66.1). “O Son of the body” (III.4.2), “O Fire, thou art the son of heaven by the body of the earth” (III.25.1). “Immortal in mortals” (IV.2.1), “old and outworn he grows young again and again” (11.4.5). “When he is born he becomes one who voices the godhead: when as life who grows in the mother he has been fashioned in the mother he becomes a gallop of wind in his movement” (III.29.11). “O Fire, thou art well borne by us thou becomest the supreme growth and expansion of our being, all glory and beauty are in thy desirable hue and thy perfect vision. O Vastness, thou art the plenitude that carries us to the end of our way; thou art a multitude of riches spread out on every side” (II.1.12). “O Fire... Brilliant Ocean of light in which is divine vision” (III.22.2), “the Flame with his hundred treasures... O knower of all things born” (I.59).

But the divine fire is not our exclusive privilege - Agni exists not only in man: “He is the child of the waters, the child of the forests, the child of things stable and the child of things that move. Even in the stone he is there...” (I.70.2). [...] But we have not yet reached the heart of the Vedic secret. The birth of Agni, the soul (and so many men are still unborn) is merely the start of the voyage. This inner flame seeks, it is the seeker within us, for it is a spark of the great primordial Fire and will never be satisfied until it has recovered its solar totality, “the lost sun” of which the Veda incessantly speaks. Yet even when we have risen from plane to plane and the Flame has taken successive births in the triple world of our lower existence (the physical, vital and mental world), it will still remain unsatisfied - it wants to ascend, ascend further. And soon we reach a mental frontier where there seems to be nothing to grasp any longer, nor even to see, and nothing remains but to abolish everything and leap into the ecstasy of a great Light. At this point, we feel almost painfully the imprisoning carapace of matter all around us, preventing that apotheosis of the Flame; then we understand the cry, “My kingdom is not of this world,” and the insistence of India’s Vedantic sages - and perhaps the sages of all worlds and all religions - that we must abandon this body to embrace the Eternal. Will our flame thus forever be truncated here below and our quest always ends in disappointment? Shall we always have to choose one or the other, to renounce earth to gain heaven?

Yet beyond the lower triple world, the Rishis had discovered “a certain fourth,” touriam svid; they found “the vast dwelling place,” “the solar world”, Swar: “I have arisen from earth to the mid-world [life], I have arisen from the mid-world to heaven [mind], from the level of the firmament of heaven I have gone to the Sun-world, the Light” (Yajur-veda 17.67). And it is said, “Mortals, they achieved immortality” (Rig-veda 1.110.4). What then was their secret? How did they pass from a “heaven of mind” to the “great heaven” without leaving the body, without, as it were, going off into ecstasies?

The secret lies in matter. Because Agni is imprisoned in matter and we ourselves are imprisoned there. It is said that Agni is “without head or feet,” that it “conceals its two extremities”: above, it disappears into the “great heaven” of the supraconscious (which the Rishis also called “the great ocean”), and below, it sinks into the “formless ocean” of the inconscient (which they also called “the rock”). We are truncated. But the Rishis were men of a solid realism, a true realism resting upon the Spirit; and since the summits of mind opened out upon a lacuna of light - ecstatic, to be sure, but with no hold over the world - they set upon the downward way.

(To be continued)
L’avenir d’Auroville / Town Development Council (TDC)

September 2015 report

Reminder: This report is a synopsis of key topics discussed in regular meetings. It does not include any communication that has been published in the News & Notes or on the Auronett webpage of L’avenir d’Auroville / Town Development Council (TDC), such as community announcements, financial reports and site or building permissions.

Regular members: Cristo (Regional Development), Jacqueline (Urban Design) was TOS for 2.5 weeks, Manohar (WC representative) present one meeting a week, Sauro (Overall Coordination and Facilitation), and Toby (Township Development).

Punctual attendees: AVC (Daniel, Guy, Matiriprasad, Renuka, Sindhuja, and Veronique), Family-oriented community (Greg, Megan and Priscilla), Habitat team (Louis Cohen and Sonali), HS/HB (Ishita, Ole and Sonja), Liberal Arts College team (Abhaya Kaur (Founder), Lalit, Dr. Shyamala (Dean), Sonal Jain (Director of Projects/ Program team) and Soundararajan (Abusha Foundation)), Varuna (Arjun, Carel, and Michael Bonke), WC (Carel, Elisa, Mandakini, Manohar, and Ranjith).

I. TDC-RELATED TOPICS

A/ Site and Building Applications

Approximately 20 site and building applications were studied in August, whether for feedback, discussion, follow-up, etc.

B/ Governing Board (GB) report

The TDC coordinators drafted, re-read, gave feedback and finalized the annual GB report before sending it to the Working Committee (WC). Dr. Doshi also gave feedback.

C/ Volontariat de solidarité international (VSI) contract

In September, the TDC studied and signed the contract of a volunteer who is working here with the Regional Planning Committee (WC). Dr. Doshi also gave feedback.

II. FINANCIAL TOPICS - nothing new this month

III. HOUSING TOPICS

A/ Housing survey

After receiving an email requesting information, the TDC would like to communicate a small reminder to the community: A survey of housing needs and demands has been conducted in 2011-2012. This document is public and can be accessed by all. On request from the Auroville Foundation, a survey of all existing physical assets in Auroville was conducted in 2014-2015. This survey is not final and will be sent to the Auroville Foundation once it is done.

B/ Habitat

The TDC met with the Project holder and architect of the Habitat project to discuss various aspects of its implementation. It was agreed to launch Phase I once all required documents have been sent.

IV. LAND-RELATED TOPICS

A/ Under-utilized lands

The TDC put together a report on under-utilized lands in Auroville and has sent all the documents to the working groups. This report was also posted on the Auronet and this information was published in the N&N.

B/ Land and development-related issues

On September 11th, several representatives of the TDC, WC and AVC met to discuss issues related to private lands, unwanted developments and city-related developments.

V. ROADS

A/ Solar Kitchen (SK) crossing

The TDC has studied and approves of the proposal for a roundabout at the (very dangerous) crossing in front of the SK. An estimate is being prepared and this proposal will be published for feedback.

B/ Mobility

Mobility is closely related to planning. A survey has been done; there is currently a study on the table regarding mobility in Sectors 1 and 2 of the Residential Zone, which will be included in the Detailed Development Plan (DDP).

The TDC suggested that the WC and the AVC work on making appeals regarding private cars etc. and the TDC will shortly present a mobility plan based on surveys and an approach oriented on participation and integration. With this plan, it will be possible to plan roads accordingly so as to discourage traffic.

C/ Matrimandir (MM) service facility

Before this facility starts the construction phase, the road will have to be shifted towards Existence or towards the MM (still under discussion) because it will end up just on the existing dirt road.

The TDC is studying these 2 options in detail.

D/ Road repair Greenbelt

The TDC was contacted for road repairs in the Greenbelt. For the moment, it is not possible due to financial reasons (office budget is used for this). As soon as the situation evolves, and if it hasn’t been taken care of by then, the TDC will take this request into consideration.

VI. REGIONAL DEVELOPMENT

A/ Liberal Arts College

Several representatives involved with the planning of the Liberal Arts College came to visit Auroville for a more in-depth interaction and getting an orientation about Auroville activities. In this context, a meeting was held with them on September 4th for a presentation and general overview of activities being carried out.

The team of architect planners explained that the liberal aspect of this college is an important aspect.

There are currently 2 projects which represent interesting development possibilities with regard to regional planning: the Liberal Arts College and the Village Heritage Museum. These development projects will improve dialog and the inclusion of villages.

These 2 projects can be carried out successfully through collaboration and sharing of information.

Land has already been identified for the college project, but some administrative steps need to be taken first, and an access to the NH47 is preferable. Therefore, it will be necessary to work with local owners and administrative services.
A sustainable development of the surroundings is important; this project will integrate the college campus as well as the village.

VII. GROUPS, ZONES, SERVICES - nothing new this month

VIII. OTHER TOPICS

A/ Varuna

On September 1st, the TDC met with Michael Bonke as well as Varuna executives to ask for information and clarification regarding the water pipeline for the lake as well as the desalination plant. Varuna executives handed over the documents related to the water pipeline for the lake and the detailed map of the pipeline path will be sent shortly.

Varuna pointed out that the wind park will grow according to needs and the size of Auroville. They are studying the feasible and commercially viable set-up of a hydropower storage solution (of which there is only one in Tamil Nadu). The storage project requires elevated grounds; the earth that will be dug out for the lake seems to be a convenient solution.

Furthermore, a runoff water storage (or buffer lake) would then help to maintain the level of the MM Lake throughout the year with a storage space (for rainwater) of 200,000 m². There would also be the possibility to filter a part of this runoff water for drinking purposes using the 50-day natural filtering process with different layers (pebbles, soil, etc.) approved in Germany.

The main objective of these proposals is to provide, free of charge, all basic essentials: electricity (already achieved), water, and wastewater treatment, to strive for a money-free economy.

Water wells will become saline over the next few months/years in the Auroville area; a solution must be found to provide drinkable water in the future.

3 solutions regarding water are currently being studied and will be developed: desalination, water storage and runoff water filtering. Once these 3 projects are set up and operational, we will be able to determine which of these 3 options was best adapted to realities and needs in Auroville.

If Auroville does not want to benefit from the desalination plant, the neighboring villages will be the main beneficiaries of this project.

Michael Bonke explained that the hydropower storage and desalination plant are not directly linked with the MM Lake, they may also be stand-alone projects and insisted that the only link is between the 3 studies his team is working on, i.e. desalination, hydropower storage and buffer lake.

He proposed to have a report made on the hydropower storage solution, recapping all the parameters mentioned above, which the TDC is expecting to receive.

The TDC informed Varuna members that there are problems at every step regarding water-related topics; it is becoming urgent to obtain a large consensus regarding water (supply, management, storage, etc.). The goal would be to do so by November, which represents a post-retreat/Way Forward milestone.

The various water groups are tackling problems and technical issues together and are trying to find agreements for less polarized opinions.

Regarding the MM Lake, the TDC informed Michael Bonke that 2 studies have already been done, and the usual processes (brief, tender, evaluation of proposal) will be followed for an expert opinion before establishing which solution is best adapted to the situation. There is no insurance that Varuna’s projects will constitute the chosen option after expert evaluation that depends on various parameters (cost, electricity, maintenance, environmental impact, etc.).

The issue of conflict of interest was raised by several people, especially in relation to the fact that the community perceives the Water Service (WS) as part of Varuna and that there is a contradiction between the charging policy of the WS and the above-mentioned goal of Varuna (free water). Michael Bonke stated that there is no link between Varuna and the Water Service.

It is important to establish which actions are to be undertaken by which group/people and to distinguish the roles between town planning (in which Varuna has no desire whatsoever to participate) and service provider.

Varuna executives informed the TDC that non-Aurovilians have access to information dealt with within the Auroville working groups, and this leakage is hindering the progress of this project with regard to private land owners.

B/ Water-related topics

a) Water system Reve/Courage

The water demand in this area is high but the quality is insufficient. A proposal would be to dig a bore-well and standardize this project to integrate it into the sector 3 of the RZ.

In principle, the TDC accepts this inter-connected local water system, but a financial agreement is needed and then a budget needs to be prepared and evaluated.

b) Bore well village

There was an issue between AVAG and the village regarding the placing and usage of a bore well located by Alankuppam/Anninagar.

c) Nandanam - Kindergarten - Ahah!

There was an issue between AVAG and the village regarding the water around this area; the TDC is studying the situation together with the Water Service.

d) Administrative area water pipe routing

The TDC has received numerous emails regarding the route of the water pipe between the Gaia crossing and the Administrative area. Feedback was studied and answered to as and when possible.

C/ Children/family-oriented community

The TDC was contacted regarding a family-oriented family that approx. 6 families are interested in for the moment.

Goal of this project: create a community for families and family-friendly people composed of (basic) houses, public/open common spaces (such as a play-room), a natural learning space and other developments (e.g. a guest-house for families, a (vegan) restaurant...). The space would be shared by the resident families as well as other Aurovilians/guest families.

It was highlighted that forest/green area is desired. The TDC informed them that for that, the GG needs to accept/endorse this project and suggested that this group be contacted regarding possible under-utilized lands in the Greenbelt that could be allocated to this project.

It was also stressed that proximity to the city center would be much appreciated, to which the TDC replied that there are low-density “green spaces” in Sectors 1 and 2 of the Residential Zone.

D/ Afsanah Guest House (GH)

Upon request of the FAMC, the TDC has done and sent a report regarding the swimming pool in Afsanah GH.

Alternatively, you will receive a mail with a link to this from the RAS.

The Auroville Council would like to try a method of moving forward with policies and mandates in general that does not involve voting but a rather elaborate, open, transparent and sincere ‘feedback’ process. In that vein, all feedback received has been compiled and the process

ANNOUNCEMENTS

Entry Service policy

Dear community members,

Following our last GM on the new Entry Policy, we have studied all the feedback received and incorporated as much as we could into the document. The revised document can be found here: [https://www.auroville.org.in/article/53381](https://www.auroville.org.in/article/53381)

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explained below each one. This document can also be found in the same link on the Auronet.

For this Entry policy, we would like to invite more feedback on the revisions in the next 2 weeks, which will be followed by a feedback integration process. This Policy will then be considered the operational policy for 18 months, after which the Auroville Council will review it and revise as necessary.

Please note that if you haven’t already spoken up, now is your chance, as there will be no voting!

If you feel called to explore Mentorship, please write to us, we need participation! We intend to organize a few workshop sessions where this can be explored in depth. We can be reached at: avcoffice@auroville.org.in.

Thank you for your trust and participation!

Sincerely,
For the Auroville Council - Sindhuja, Matriprasad

**Reminder on the Auroville Entry Visa**

Entry visas are given by the Indian Government as a special privilege to live and work in Auroville only. Newcomers and Aurovilians should understand that this visa is not for tourism in India or any other activities outside of Auroville.

Newcomers and Aurovilians may, if needed, leave Auroville up to a maximum of three months per year, but each exit (more than two weeks within India and every exit abroad) must be recorded by the Entry Service for Newcomers, or by the Residents’ Service for Aurovilians.

Please note how important this is because if individuals abuse this, it falls on the whole Community and there can be consequences for everyone with possible restrictions and changes that will be unfortunate.

The Entry Service

**Reminder on Newcomer/Aurovilian Feedbacks**

Please note that Community feedback time on the persons announced in N&N as Newcomers is two weeks. After that, the name is confirmed (or not) and the name announced again in N&N as confirmed. For Aurovilian announcements, the process is the same, except the feedback time is one month. During the feedback periods the Newcomer or “Aurovilian to be” must be living in Auroville. Newcomers need to be in Auroville during their feedback period and available for any clarifications.

The Entry Service

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**FOR YOUR INFORMATION**

**FRANCE =** This year the fourth of the prestigious Forum de l’Evolution de la Conscience (Forum of Consciousness Evolution) will take place in Paris on Saturday 10 October. As AVI France is partner to the Forum, Auroville will this year be very much present in the discussions which center around the “Living one’s utopia” theme.

Among the eight participating pioneers who will be carrying the full day programme, Auroville will be presented by Jean-Yves, Uma P and Aviram, who will share their experiences, challenges and achievements in their fields of activity in light of Auroville’s evolutionary and transformative vision. For full details about the Forum, this year’s speakers and registration, see: www.evolutionconscience.com. In the morning of the day after, Sunday 11 October, AVI France arranges for a more informal Q&A session with the above mentioned three Aurovilians. Further information can be obtained via: aurovilleinternationalfr@gmail.com

**NETHERLANDS =** The Dutch September e-newsletter carries well documented information on various Aurovilian topics and issues (such as Acres 4 AV; AV Radio; Sav’s web site; the recent AVI meeting in Woodstock; the AV community & NKN network coming up in AV; and more) and indicates that a new Dutch board membership may be in the making. Two promising meetings thus far have been held among dedicated candidates and the expectation is that possibly end October/begin November a new AVI Netherlands board team will start off. The newsletter can be read at: http://goo.gl/qib4CV

For all AVI matters, contact: vani@auroville.org.in. This column is maintained by mauna@auroville.org.in

**YEP**

Dear friends,

We are happy to present to you what we have been working on.

YEP, Youth Entertainment Program, aims to facilitate the stay of guest children and their families in Auroville. This name was chosen because it is upbeat and easy to pronounce in any language.

“YEPWeek”, a program for guest kids aged 7 to 12, will be held weekly from Monday to Friday, 8:30 am to 1:30 pm. The kids will be taken from place to place to discover Auroville in an authentic way, through visits and activities facilitated by Aurovilians. They will be involved in community life, play interactive games, and have fun. This will be starting from Monday the 12th of October.

YEP is also setting up an accurate, updated & free data about activities available for kids & their families, and a babysitting network.

For more information and registration, please contact us at: yep@auroville.org.in.

Aurore (fertile) Celine and Mirrabelle

**To the organizers of any events happening in Auroville**

It has been brought to our attention that advertising agencies in Pondicherry are promoting events and activities that are taking place in Auroville encouraging the general public to attend the functions. As a result it is creating a problem for Aurovilians and their guests’ access to the programs and safety issue for the organizers.

We strongly recommend if an event or activity is closed or open, that you kindly indicate which in your posters, postings and advertising. A simple message like “open to the general public” or for “Aurovilians, Newcomers and Guests only” as this will help us monitor the social media and media sites.

Thanking you in advance for your understanding and cooperation.

**OutreachMedia.**

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**New Building Blocks**

Thanks to a grant from Stichting de Zaaijer we have been able to upgrade and develop the processing of waste Thermocol (Styrofoam). We can now...
supply precast building blocks made with crushed thermocol and cement. They are light weight and have excellent heat insulation. They can be used for light weight internal partitions and externally as wall fillers in a frame structure. Sizes are 60cm x varying thickness. They are cost effective because of labour and cement saving. Crushed thermocol for roof insulation has also become much cheaper. For details contact Dorothee@…

Call to All Auroville Activities

Construction sites, Contractors, Carpenters or Individuals in need of wood in small sizes
The Land Board is stocking and selling woods which are in its care. As most of the wood – mainly firewood has been lying since the cyclone ‘Thane’ almost 4 years ago we would like to sell more. There is some Timber Quality (2nd or 3rd grade) wood still available and we make a last call to all Auroville activities, carpenters, units, constructions, contractors or individuals to have a look and select logs you could use for construction or wood work for smaller needs.

This wood is being put for a final sale at a 40% discount to market prices till 31 December 2015. We would like to pass this value to Auroville rather than have the wood degrade to firewood by constant exposure to the elements of nature.

Do contact us by email: landboard@auroville.org.in OR call 2623699 to fix an appointment with Sandeep or Kannyappan

POSTINGS

From Tailoring Section: good news
Anne will be back beginning of October and the opening of Nandini will start again as before. From Tuesday 5 October: Tuesday, Thursday and Saturday morning 9 to 12.30 am and afternoon: 3 to 5 am. We are really sorry for the drastic reduction of opening during September but to do better was not possible. Thank you very much to all of you for your patience and understanding.

Vidya

Encyclopedia - Someone to help
Within the last fifteen years I have written and compiled a kind of “encyclopedia” which is now over 1,800 chapters, about ten thousands pages, divided in 12 sections - about human issues, love, suffering, death, relationships, etc. and mostly the spiritual path. In some chapters I have found some passages from Hinduism, Buddhism, Christianity, even from Islam, etc., saying the same things with very similar or even almost identical words, showing that the original message of all religions and the major Teachers was the same.

There are some questions to the reader to make it a bit interactive, many quotations from Sri Aurobindo and Mère and from other Teachers, poets, scientists and inspired but little known writers, some poetry and anecdotes etc.

I am now seeing with SAIIER how to put it in Wiki electronic books with a link to the AV site to make it accessible to all, but to be accepted by Wiki books the format has to be changed.

For the this help of someone who is a bit more expert with the computer than me would be needed. If you have the time, besides earning a lot of good Karma points you will find going through it interesting - everyone who had a look at it did. In Fertile Windmill, now called Baraka, the mobile line is erratic; if interested please email me: Vijay@auroville.org.in • Vijay

Art Cart at Auroville Film Festival
Friends and fellow artists - please note that the Art Cart is moving to Town Hall for the Auroville Film Festival and will be open there Oct 3rd thru 6th from 5 to 7 pm each evening. The regular Art Corner/Art Cart timings will continue from Oct 9th at Visitor’s Center as usual.

Sarah, Krupa & Iyyappan for Sankalpa

No more dinner at the Solar Kitchen
Dear Aurovilians and Newcomers,
From 1st of October we will not serve dinner at the Dining Hall anymore, due to lack of interest. We continue to serve your dinner in tiffins.

If you are interested please bring your tiffin carrier to Solar Kitchen before 4 pm, except on Sundays.

In case you want to cancel your dinner please do it at the counter during lunch time or by mail to: solarkitchen@auroville.org.in.

Thank you for your collaboration,

Solar Kitchen Team

AVAILABLE

Interested in photography
I am interested in volunteering on week-ends to help with photography. I am not a photographer and have no experience. I just have an interest and a Digital Single Lens Reflex (dslr) camera with one other zoom lens. Please let me know if I can be of assistance. Thank you! Cheers, Bola Somade

Edible Weeds and Naturally Growing Plants in Auroville
The New Book: Edible Weeds and Naturally Growing Plants in Auroville: Coloring Book Series for Adults & Young (Botanical Drawings) - Launched on Saturday 19 September 2015, it is available at cost price for Aurovilians/Newcomers, only from the SAIIER office. You can come to the SAIIER, sign on the designated blue-sheet and collect your copy.

Sincerely, Lijun for SAIIER

No more power cuts anymore!

Wood single beds with mattresses
2 numbers Kalimardhu wood single beds with mattresses. The first one is 90 x 2 cm and the second is 90 x 92 cm with wheels to put it under the first one. 2 N tables bed teak / 1 N cupboard teak with glasses

Regards, Victoria Arati I - ph. 2622913. mb. 9488818074

Space available for rent
Well protected building opposite Aurelec (ex-telephone service), North side space (around 47 sqm.), which is ideal for office, workshop and show room - is available for rent with

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generator back-up, 24 hours security, parking and canteen facilities.
Interested people may contact Mr. Siva at Aurelec in person, or by phone to: 2622293/294 or e-mail: adps@auroville.org.in

Apartments in Sanjana Housing Project

The work is going on in Sanjana Housing Project between Arati and Sukhavati communities. There are still apartments available in the range from a small studio to a three-bedroom apartment. Most welcome to have a look and choose between different sizes. The construction is expected to be completed beginning of 2016 for 3 blocks and a bit later for the 4th block. For appointment and details please contact Gundolf at: sanjana@auroville.org.in or 2623383.

From Vegan Essence (Sharan)
Dear Friends, we are happy to inform you that next week we are resuming our production of vegan organic Hummus, Boursin, Cashew cheese and Chocolate Mousse. You will find them from Saturday, October the 10th at Food Link and Farm Fresh.
Vegan Essence Team

Coffee/Cappuccino Machine
Brand new, used twice. Good condition. Morphy Richards New Europa 800 -Watt Espresso and Cappuccino 4-Cup Coffee Maker (Black) - Contact Laura: 9442788016

LOOKING FOR ...

Old Walkman (CD-Player)
For spare-parts, even if not working - please let me recycle it!
Phone 2623038 - Kayananda

White kitten
My daughter Tara is looking for a kitten between 4 to 6 weeks old; her dream would be a white female! Thank you to let us know: elisa@auroville.org.in or cell: 984356778. Elisa

LOST & FOUND

Mother Symbol (lost): My friend Jose Luis came by to receive a chiro treatment last Saturday and left my place around 3.25 pm where he lost his Mother Symbol with the chain on the way from Afshan Guesthouse towards Auromodel. Anyone who has found it, please return it to me - please. He feels so lost since he lost his son 3 month ago and had to leave to Europe without his chain!
Wishing it will return to him! Please call me: 9159636318 - Afshan

THANK YOU

Vikram and Razia
I would like to take this opportunity to thank Vikram Ram and Razia Sultana (Zeus Inc.), two very entrepreneurial individuals who have decided to help Auroville and Aurovilians in what they do best...organize events!
And so they hosted “Auroville is Here” at the Phoenix City Mall, Chennai on September 19-20, 2015. It was a great two-day event, showcasing unique Arts and Crafts of Auroville to the residents of Chennai. Around 12 Aurovillian units were provided their own individual booths to display their crafts and talents. They also provided lodging at the beautiful Design Hotel inside the mall. And all the expenses were borne by Zeus Inc - totally amazing.
It was an extremely well organized event, which included a lot of marketing, great attendance and constant availability by both of them. All the participants were extremely well taken care of and people of Chennai and the surrounding areas had the rare opportunity to interact with Aurovillans and discover the hidden creativity that resides within Auroville.
Thank you, Vikram and Razia, for your kind and generous gesture to all of us.
Hufreesh

ACCOMMODATIONS AVAILABLE AND NEEDED

House-sitting 1
Hello Aurovilians! I’m Giacomo, an Italian long-term volunteer working in Dehashakti, Joy Guest House and Outreach Media Office - soon to start the Newcomer process. I would like to find a place to house-sit for a long time, starting from December/January… but I can take in consideration even a short time house-sitting. I used to take care for many months of a guest house, so I think I can take care of your house :) I don’t smoke, I’m a reliable, clean and a mellow guy and I can take care of your garden, your vegetable garden and your pets. Please contact me at: giacomoauroville@gmail.com or 9487340778.

House-sitting 2
We are newcomers and we are looking for a place to stay, for our family of three (our daughter is 11 and needs her own room). Please contact Véronique: 8675381520 or Xavier: 8344498305 / email: x.maysonnave@gmail.com - Thank you, Véronique, Xavier and Eva

House-sitting 3
Hello kind-hearted Aurovilians, I am Wen-Hua from Taiwan and I am now volunteering in Auroville. I need a place to house-sit from this month onwards to November. Please if you wish for someone who can house-sit your beautiful, lovely house. Thank you. My contact number is: 8489-536182 - Always welcome to contact me at any time. All the best, Wan Hua
**TAXI SHARING**

October 1st: I’m a new volunteer at Sadhana Forest and I shall work with Tara Roy Davis in Children's land. Would be so kind as to pick me up to the airport, land in the morning with Saudian Airlines at 6.55 am, 01/10. We may as well share the car and the cost with someone else, if needed. Contact: lebarnaud@gmail.com - Thank you, Warmly, Arnaud

October 2nd: From Auroville to Chennai airport, leaving on Friday October 2nd, around noon 12:00. Contact: s1v298347@gmail.com or 8110065934, Wen

**WORK OPPORTUNITIES**

Road Service needs an Administrator cum Finance manager - accommodation available

1. The operational activities and the workers are looked after by Manickam and Gnanavel.
2. The administrative activities and the finances are dealt with by Alain G. who is looking for an assistant. It means:
   - Dealing with the TDC (L'avenir) for the new roads financed by a Government of India grant,
   - Supervising the accountant who also contributes to the preparation of the estimates.
   It is mainly a financial responsibility for an Aurovillian/Newcomer/Applicant who has the motivation to build the infrastructure of Her City.

   The two wide rooms of the Road Service caretaker house are soon becoming available.

   Alain G. and Manickam

The Auroville Campus Initiative (ACI) is seeking to expand its team

The Auroville Campus Initiative (ACI) is looking for a self-motivated individual to join its team who is passionate about further education and community development work.

**AUROVILLE RADIO**

Dear Listeners,

The Auroville Radio Team is engaged this week in covering the Film Festival event, panel discussions and interviewing the producers and audience etc. We are happy to report that the Auroville Radio recently attended a coordination of disseminating crucial information during such times.

We have requested a short meeting with the GB Chairman regarding the next steps in obtaining our FM license. Other small improvements and changes include a new email id, easy to remember radio@auroville.org.in . Meanwhile we would also like to create a new logo and/or tagline for Auroville Radio, anyone feeling inspired to help us is very welcome. We are expanding the music content in our programs and encourage more people to join us in introducing and creating musical programs and of course journalists, students, volunteers and techie people are always welcome to join our team at the Radio premises in the Town Hall.

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Savitri, book VII, Canto VI #3rd (Sri Aurobindo 27/09/2015)
Savitri has gone completely beyond her mind, and in that consciousness she has the experience of Nirvana. -[English, 20 Minutes]

Saxophone Saint (Music 26/09/2015)
Featuring one of famous John Coltrane albums - Amfrica Brass as a tribute to John Coltrane's birthday. -[English, 94 Minutes]

AVFF15 Almost Here! (Multimedia 26/09/2015)
Featuring Marco and Tlaloc sharing some details on Avfilm Festival 15 starting next Friday 2nd at 5pm -[English, 23 Minutes]

Millidacious with Soul (Performing Arts 26/09/2015)
Musical Millidacious is out! Amazing production-from the story, music, actors, props; -[English, 138 Minutes]

GM AV Council Update (Governance 24/09/2015)

Off the Cuff-45 (Performing Arts 25/09/2015)
Our listener base is expanding, the play, new members for the WC and AVC, the play Millidacious, BCC, Service area etc - [English, 16 Minutes]

Selections par Gangalakshmi-56 (The Path 25/09/2015)
Selections par Gangalakshmi-56; Cette semaine; - [French, 30 Minutes]

Mother@#039; Q&A - July 27, 1955 Pt 2 (The Mother 24/09/2015)
Mother explains the different ways she transmits the force at different times. -[English, 38 Minutes]
Update the community on the work done during the past year - [English, 103 Minutes]

Classic rap mix Pt 2 (Music 24/09/2015)  
2nd part of the classic rap mix is out, including Rakim, NAS, DRE, Kurupt, 2pac, Eminem, Ice cube, eazy E, Snoop.. - [English, 50 Minutes]

Millidacious with Eclipse (News from Auroville 24/09/2015)  
Millidacious this weekend 25th, 26th at 8pm, 27th at 5.30pm - be on time and with the ticket! - [English, 13 Minutes]

There&#039; No Subject For Me (Integral Education 24/09/2015)  
Kim Sun from South Korea talks to us about alternative education and his inspiration from Auroville - [English, 11 Minutes]

Felabration (Music 23/09/2015)  
Fela's Kuti birthday is recognized globally with annual Felabration honoring his extraordinary life and career. - [English, 67 Minutes]

You can listen to all of the programs and more on www.aurovilleradio.org. For more info call 0413-2623331 or email radio@auroville.org.in

EATING OUT

Dosa Corner  
1st Anniversary Celebration on Monday 5th of October in the evening.  
Partha and team invite you to come and share some celebratory sweets!  
For those who haven't discovered the place yet, this is the occasion to come and sample our organic dosas, parothas and bhel puris.  
Dosa Corner is situated at the Kiosk of Visitors' Centre near Dreamers Café.  
Open from 6 pm to 10 pm. Closed on Wednesdays.  

Le Morgan Café open for dinners  
Le Morgan Café will be open for dinners during the whole next week from Monday to Saturday. This Friday 2nd of October there will be a special couscous dinner (veg and non-veg). There is a 30% discount for Aurovilians and Newcomers.  

Korean Shusi restaurant “Jolly Kimbap” closed for the event  
Dear friends of Jolly,  
We are not available to run our restaurant from the 2nd of Oct to the 16th of Oct so as to organize the Av Singing Festival.  
We are sorry for the inconvenience. But you can meet us on Friday the 2nd and Saturday the 3rd of October during the Av File Festival at the town hall. Wish to see you soon,  
Your Jolly Kimbap  

News from the garden cafe  
Dear Friends,  
We have now to almost 100% stopped the use of oils containing transfats and chemicals in our restaurant, such as refined sunflower oil. Instead we are using extra virgin olive oil, homemade ghee, butter and cold pressed organic coconut oil. The cost is of course much higher, but we just think one can't put a price on health...and refined oils are not good, causing many diseases.  
But in spite of the care we take in selecting the raw materials, e.g. using organic flours, it was found in a survey made between Auroville's different restaurants, comparing prices of same or similar dishes, that our prices are most of the time lower.  
More good news, especially for those who want to avoid gluten; we are now making a vegan Green Thai Curry with Tofu. Made with fresh coconut milk, our own green curry paste and served with AV complete rice and green papaya salad.  
So welcome and enjoy! And remember, we are open Tuesdays through Sundays, Mondays we are closed!!!  
Love from the Naturelement Garden Cafe team

GREEN MATTERS

Green Column for Saturday 3rd of October 2015  
The Climate Conference in Paris - COP 21  
The Green Column is back after long summer months. We would like to continue in the next two Green Columns with news of the United Nations Climate Conference in Paris, or “COP 21”, which will take place from November 30 through December 11, 2015.  
This decisive meeting in Paris will allow representatives of the world’s countries to demonstrate their commitment to act responsibly in the face of climate change, and to power the world with clean energy. A new international agreement will be adopted in December following the conference, to be implemented from 2020. It will take the form of a “Protocol”, an agreed outcome with legal force, and will be applicable to all parties.  
The Conference of Parties (COP) is a decision-making body made up of representatives of 192 countries and the European Union. This year’s conference will be its 21st session.  
The crucial objective of this conference is to negotiate and achieve a new international, legally binding agreement on industrial activity, with the aim of limiting global warming to 2 degrees Celsius compared to pre-industrial levels. The overarching goal of the Conference is to reduce greenhouse gases in the atmosphere to 320 parts per million (PPM) - at the
Further rectifications to Francois' video

Regarding Roger not being informed of those four conversations in the Agenda

On January 1st, 1970, Roger was briefed on the Chamber directly by the Mother, who also told Satprem, twice, about her informing statements in Francois' interview to Piero. More follows.

On January 17th, 1970, the Mother spelled out in detail her reasons for not accepting Paolo Tommasi's concept, and she goes on, emphatically. But there is more.

Satprem told the Mother; she refused. Regarding Nata (Paolo too) not trusting the Aurovilians, the Mother replied "Oh no, he doesn't know! It's all in the mentality, all in the mind. They don't know. WHO knows? It's only when one sees. There isn't one who sees. It's all thoughts and thoughts and thoughts - you can't build with thoughts" and she goes on, emphatically. But there is more. “You see, Nata has spent his time speaking ill of Roger as much as he could, saying all his plans are bad and his work couldn’t succeed. Roger has spent his time saying “Nata has ruined all my work!”, the Mother continues. Everything fits together.

Also, Ruud Lohman was not among those initiating the excavation of the Matrimandir’s crater, as it erroneously appears in the video. A visiting Franciscan monk, Ruud reports that he was so moved by those young vellekkara digging that he joined them, and dropped his robe for good.

One further rectification: Alain Grandcolas coordinated the excavation and, of course, the Mother was fully informed! Piero was proposed only after Ramanathan, the engineer in charge (not Nata, as he had wished), was unable to further commit himself; Piero is mentioned for the first time in a much revealing conversation in the Agenda, 10 November 1971. In it the Mother concludes her strong remarks on Piero telling Satprem, "He has an idea of how to make the Matrimandir, and others have another idea, but then Roger is involved too."

On January 17, 1970 the Mother spelled out in detail her reasons for not accepting Paolo Tommasi’s concept. In a second posting in the Auronet, the Mother continues. Everything fits together.

Paulette
AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil’s music
Every Thursday at sunset
We follow the sun and the advance in the season
New timing from Thursday 24th: from 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc.
Dear Guests, please carry your Guest Card with you - No photos there.
Access only for the Amphitheatre from 5.15 to 6.00 pm.
Please be seated by 5.25 pm

Amphitheatre Team

INVITATIONS

AVHS project 'Assisted living Home for Seniors'

AVHS would like to do a short function in laying the foundation stone for our project “Assisted living Home for Seniors” in the presence of the chairman of the Governing Board in Arka on Saturday the 3rd of October between 4-5 pm.

We hope the chairman will spare some minutes for this function. Till now it is not confirmed.
If we get new information, AVHS will inform the community as soon as possible.
Everybody is welcome to join us.
The AVHS team

IIIrd Auroville Singing Festival
(Take me to your soul)
Saturday 10th October from 8 pm to 9:30 pm
(Doors will open at 7:30 pm and close at 8:00 pm)
Sunday 11th October from 6 pm to 7:30 pm
(Doors will open at 5:30 pm and close at 6:00 pm)
At Sri Aurobindo Auditorium, Bharat Nivas
● With different programs on each day.
● Some 26 songs in 12 languages by 130 participants.

For safety reasons we have been asked to limit the size of the audience to 550 people each night. We will therefore issue tickets for each performance. You will only be allowed into the performance if you both have a valid ticket and arrive before the closing of the doors.

These tickets will be available from Saturday the 3rd of October either at our online website: http://booking.wattmon.in/ or in the form of printed tickets at the Town Hall front desk.
Be sure to book or get two tickets, if you wish to see both programs.
We hope you will enjoy this festival.

The Teachers Centre
Invites teachers and parents to the next Conversation on Integral Education
This week the topic will be:

"Integral education from Sri Aurobindo’s perspective”

The last session focused upon the main principles that constitute Sri Aurobindo’s perspective. This time we shall concentrate upon Process - Conscious-Force, Power, Energy and Action; The work of the Mahashakti; always in relation to life and action in Auroville.

The conversation will be facilitated by Deepti, who has been in Auroville for the past four decades, teaching, working with teenagers/young adults for 30 of those years.
Welcome!
Venue: Teachers Centre, SAIIER
Tuesday 6th October at 4 - 5.30 pm
INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother
6th October (Tuesday)
• Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises
• Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books
Focus this week on: 'Self-Mastery'
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)
Led by Ashesh Joshi. Contact: 9489147202, 2622922
No Registration required (except for groups)
Fees: Voluntary Contribution
All are welcome
For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

FROM QUIET

We would like to inform the community that from the 2nd of October 2015 onwards
Afsaneh will be back again to give “Bio-resonance” treatments as well as Sami, with Sound bed, Quantum shiatsu and Touch of healing massages.
Thanking you in advance,
Ute Quiet Healing Center

WELLPAPER WORKSHOP 03/10 SATURDAY

Skills Handcraft Arts Recycle Education
You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

Baskets Weaving Introductory workshop
Our experienced Wellpaper ladies will teach you how to create the newspaper sticks that are made from rolled up newspaper that serve as reeds for the baskets. You will be instructed and supported during the process. By the end of the workshop you will have made your own basket. You will make the coloring of the final product on your own since it needs time to dry.
The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

WELLPAPER WORKSHOP 03/10 SATURDAY

All materials provided
Guests Rs 500 - All others by donation.
Reserve your place with Audrey: 2622641
Leave your name and no. on the answering machine.
Audrey

THAI YOGA MASSAGE

11 Day Workshop - October 15th - 25th 2015
Fund-raising for the new start of TerraSoul Permaculture Project
At Windarra Farm, Sunspace
With Itzhak Helman & Bebe Merino - Teachers of Sunshine Network

This course is for beginners and people who want to refresh their practice. We will have 60-80 hours of intense training together. The morning Vipassana Meditation session and yoga from 6-7.30 am is optional, followed by Instruction and massage practice from 9-12 am. The afternoons from 2-5 pm are fully dedicated to massage practice. Thai Yoga Massage brings penetrating massage & gentle yoga movements into profound healing systems.

Registration: sandryra@aurville.org.in, phone 944 3619 403
Info: Bebe Merino 8940 557 379

CONNECTION AS LIFE ENERGY

Introduction to Nonviolent Communication with L’aura Joy
(CNVC Certified Trainer)

Do you wonder what gets in the way of connecting and relating with yourself and others?
Do you long for more joy, authenticity and depth when connecting with yourself and others?
Do you wonder what gets in the way of connecting and relating the way you truly want?

• October 4 (Sunday)
• 9 am-5 pm (with potluck lunch)

More info & register: http://goo.gl/wHFOMB / or contact L’auro: joylivinglearning@gmail.com, 9442788016

THAI YOGA MASSAGE

A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-alienating and based on a culture of scarcity and separation. We’ll learn the skills to be able express ourselves with more clarity and to hear others’ true (and harmless) message, which in turn leads to more connection between us. When we’re connected as human beings, we’re in our natural state of wanting to give and collaborate with others.

S C H E D U L E S

BAMBOO CENTRE TRAINING PROGRAM FOR OCTOBER - 2015

Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.

Training and Workshop
The importance of Bamboo as an Eco-friendly raw material, capable of meeting many needs, is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to
its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo center offers training to individuals and groups in:

**Bamboo Construction**
7th to 10th October: 4 days - Training program on bamboo construction
28th to 31st October: 4 days - Training program on bamboo construction

**Bamboo Furniture**
22nd to 24th October: 3 days - Training program on bamboo furniture

**Bamboo Jewelry**
Every Saturday of October - 1/2 day - Training program on bamboo jewellery

**Bamboo Toys**
Every Friday of October: 1 day - Training program on bamboo toys

**Bamboo Musical Instruments**
Every Thursday of October: 1 day - Training program on bamboo musical instruments

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups
Contact: 0413-2623806 / bambooworkshop@auroville.org.in, murugan@aurovillebamboocentre.org

www.aurovillebamboocentre.org

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KOTTAKARAI PLAZA TOUR & VILLAGE ARTISANS AND CRAFTS VISIT

Auroville is an incubator that enables the development of village crafts, artists and artisans. In the community around Auroville, in the villages of Kottakarai, Alankuppam and Sanjeevinagar, there are many small-scale handicraft products for Auroville and for the world. It means there are imaginative designs with a respect for a quality finishing.

Mohanam invites you to join us in a tour of these projects.

**Timing:** Every Thursday and Saturday Month of October from 10.00 am to 12.00 pm

**Place:** Meet 9.30 am at Lively Boutique opposite Ganesh Bakery - Kottakarai.

Booking: Not required but please phone if you wish on 0413- 2623 806

If a group is requested, date can be flexible (No Sunday)

Contribution: Minimum Rs.350 requested (Including Lunch and small craft gift)

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**CLASSES**

- **Vinyasa Flow with Bebe** restarts with beginners’ class Tuesday 9.00-10.30am and all levels classes Weds 17.15- 18.45pm and Friday 18.00-19.30.
- **Iyengar Yoga with Angela** has been rescheduled to start on Saturdays at 5pm from October 3rd
- **Adult Classical Ballet Class with Grace** Mon 16.00 – 17:30pm and Sat 15.00-16.30pm from October 3rd
- **Hormonal Yoga class With Sophie** is Cancelled from 3rd October to 31st October

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**THERAPIES**

Journey to the memory of the body and awakening the intelligence of the body therapies with Vani resumes on Wednesdays, please contact reception for an appointment.

**EXHIBITION**

“Life in Focus” - A photographic exhibition by Edward Chinniah showing until October 17th

**Pitanga Cultural Centre, Samasti, (0413) 262 2403 - pitanga@auroville.org.in**

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**VERITE**

Please contact Vérité to register for the following workshops and treatment: 0413 2622045 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

**WORKSHOPS:**

**Ayurvedic Herbs for Daily Use with Dr. Geeta Auropremi**
Friday 9 October - from 9:30 am to 12:30 pm (24 hour advanced registration required)

A holistic approach for maintaining health through herbs and spices that can be used in daily life and diet.

**Dr. Geeta Auropremi** has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, a YTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy.

**Consciousness as Medicine with Dr. Yogesh Mohan**
Saturday, 10 October - from 9 am to 12:30 pm (by advance registration)

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner’s perspective on inner healing.

**Dr. Yogesh Mohan, MD (JIPMER), PGPM (ISB)** brings the essence of 20+ years of work. **Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.**

**TREATMENT:**

In the spiritual line Usui System, Reiki is the universal life energy, and is a healing art that promotes balance throughout our whole being. Often people come to the Reiki table for a particular issue and find that the benefits occur on many levels. Reiki flows through us and helps healing in whatever way is best for us at that point in time. The Reiki treatment lasts for 60 minutes, during which time
the therapist will place their hands gently on or just above the recipient’s body (remaining fully clothed). All the patient has to do is relax.

Susana is certified in first and second level Reiki, Usui System, in the spiritual line of Dr. Mikao Usui, Chujiro Hayashi and Hawayo Takata.

Contact Verite for appointments - 0413 2622606, SMS/Whats app -7094104329, treatments@verite.in

ARKA WELLNESS CENTER - OCTOBER 2015

Phone: 0413-2623799 / Website: www.arka.org.in

**THERAPIES**

<table>
<thead>
<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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<tbody>
<tr>
<td>Cranio Sacral, Lomi Lomi massage &amp; Bare foot body massage</td>
<td>Silvana by appointment 9047654157</td>
<td>Monday to Saturday</td>
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<tr>
<td>Body Logic, Soft Massage And Deep Tissue Massage</td>
<td>Pepe by appointment 9943410987</td>
<td>Monday to Saturday</td>
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<tr>
<td>Acupuncture</td>
<td>Dr. Mohammed Sahel Ansari by appointment 9994208068</td>
<td>Monday, Wednesday and Friday</td>
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<tr>
<td>Yogic Healing Therapeutic Massage</td>
<td>Basu - by appointment 9443997568</td>
<td>Monday to Friday 8 to 9:30 am &amp; 6:00 to 7:30 pm. Saturday &amp; Sunday any time.</td>
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<tr>
<td>Psycho Spiritual Tarot, Deconditioning Self-Inquiry &amp; Innoverse Dialogue</td>
<td>Antarjotih by appointment 0413-2623767 or Email : <a href="mailto:antarcall@yahoo.fr">antarcall@yahoo.fr</a></td>
<td>Also in French.</td>
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<tr>
<td>Courses of reiki, Reflexology &amp; Ayurvedic massage</td>
<td>Gannaka by appointment 9487629648</td>
<td>Monday to Saturday</td>
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<tr>
<td>Deep core massage</td>
<td>Sumit by appointment 07839062619</td>
<td>Monday to Saturday: 3:00 to 6:00 pm</td>
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<tr>
<td>Siddha Treatment (Discover the traditional Medicine)</td>
<td>Shivaraj - 93454 54232</td>
<td>Monday, Wednesday and Friday From: 10:00 am to12:00 pm by appointment.</td>
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**BEAUTY PARLOR**

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<tr>
<th>WHAT WE PROPOSE</th>
<th>WITH WHOM</th>
<th>WHEN</th>
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<tr>
<td>Holistic Reflexology,Face Massage,Cleaning, manicure, pedicure, threading, waxing, henna &amp; hair coloring.</td>
<td>Meha by appointment 9443635114</td>
<td>Monday to Saturday</td>
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<tr>
<td>HAIR DRESSING</td>
<td>Ongkie - by appointment 9843930178</td>
<td>Monday to friday</td>
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<tr>
<td>Hair dressing</td>
<td>Ladina (Certified Hairdresser) appointment - 9787337465</td>
<td>Monday to saturday</td>
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<tr>
<td>Hair dressing</td>
<td>Yuval appointment 7639291546</td>
<td>Monday to friday</td>
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**REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR**

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<tr>
<th>WHAT WE PROPOSE</th>
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<tbody>
<tr>
<td>Traditional Hatha Yoga</td>
<td>Marina - 709 40 14 648 &amp; 9585005339</td>
<td>Tues, thurs &amp; saturday at 7-8:30 am for all levels. For seniors on Mon &amp; Thurs at 5 - 6:00 pm</td>
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<tr>
<td>Acro-Yoga</td>
<td>Damien - 9047722740</td>
<td>Saturday - Beginners class at 8:45 to 10:15 am</td>
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**INTERNET FACILITY**

Internet facility is available in Arka: Monday to Saturday - 9:00 am to 4:30 pm.

**OCTOBER ACTIVITIES PROGRAM**

<table>
<thead>
<tr>
<th><strong>Community Karma Yoga</strong></th>
<th><strong>Typical Italian Lunch</strong></th>
<th><strong>Asian Lunch</strong></th>
<th><strong>World Fusion Lunch</strong></th>
<th><strong>Working the Chi with Mauna</strong></th>
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<tbody>
<tr>
<td>Monday to Friday 8 am to 10.30 am</td>
<td>Monday to Tuesday 12.45 pm to 1.30 pm</td>
<td>Monday to Friday 12.45 pm to 1.30 pm</td>
<td>Monday to Saturday 12.45 pm to 1.30 pm</td>
<td>Wednesday and Friday 5 pm to 6 pm</td>
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<td>Practical work to develop our permaculture garden and community infrastructure. Come to share an Auroville experience and have fun with young Aurovillians. Free traditional breakfast to conclude a beautiful morning. Drop-in.</td>
<td>We serve an epic lunch with typical Italian dishes accompanied by the usual family atmosphere of Joy Community. Ingredients are organic and depend on the inspiration of the season, garden and chef of the day. Reservation only.</td>
<td>We serve an epic lunch with Asian dishes accompanied by the usual family atmosphere of Joy Community. Ingredients are organic and depend on the inspiration of the season, garden and chef of the day. Reservation only.</td>
<td>We serve an epic lunch with World Fusion dishes accompanied by the usual family atmosphere of Joy Community. Ingredients are organic and depend on the inspiration of the season, garden and chef of the day. Reservation only.</td>
<td>Sessions focusing on consciously approaching, understanding and learning to sense, recognize and guide the CHI in one’s system. The CHI can play an essential role in one’s integral yoga, spiritual development and general wellbeing. Drop-in.</td>
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</tbody>
</table>

Auroville guests are requested a fixed contribution (young people under 30 avail 50% discount for courses and treatments); contribution

News&Notes 3rd October 2015 [617]
NEWS FROM AUROVILLE LANGUAGE LAB

NEW SCHEDULE OF CLASSES - 5th of October 2015

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>CLASS/LEVEL</th>
<th>TIMING</th>
<th>DAY</th>
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<tbody>
<tr>
<td>FRENCH</td>
<td>Beginners</td>
<td>5.00 - 6.00</td>
<td>Monday Wednesday Friday</td>
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<td></td>
<td>Intermediate</td>
<td>4.00 - 5.00</td>
<td>Tuesday Thursday</td>
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<td></td>
<td>Advanced</td>
<td>3.00 - 4.00</td>
<td>Monday Wednesday</td>
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<td></td>
<td>Individual sessions</td>
<td>4.00 - 5.00</td>
<td>Monday Wednesday Friday</td>
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<td>3.00 - 4.00</td>
<td>Tuesday Thursday</td>
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<td>4.00 - 5.00</td>
<td>Tuesday Thursday</td>
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<tr>
<td>GERMAN</td>
<td>A1 Level (Beginners)</td>
<td>4.00 - 6.00</td>
<td>Monday Wednesday Friday</td>
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<td></td>
<td>B1 Level (Intermediate)</td>
<td>3.00 to 5.00</td>
<td>Tuesday Thursday</td>
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<tr>
<td>HINDI SANSKRIT</td>
<td>Beginners, Intermediate</td>
<td>By Appointment (Open)</td>
<td>Tuesday Friday</td>
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<tr>
<td>ITALIAN</td>
<td>Beginners</td>
<td>By Appointment (Open)</td>
<td>Monday, Wednesday Thursday</td>
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<td></td>
<td>All Levels</td>
<td>By Appointment (Open)</td>
<td>Monday Friday</td>
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<tr>
<td>TAMIL</td>
<td>Beginners Conversation Class</td>
<td>2.00 - 3.00</td>
<td>Tuesday Thursday</td>
</tr>
</tbody>
</table>

The Language Lab is open Monday - Friday 9:00am - 6:00pm
Location: Shakti Community, next to the Pyramids, on Last School Campus
Phone: 2623 661, 9585207962 Email all@auroville.org.in

We are very happy to welcome our Long-Term Volunteer Christiane Berthet, coming to us through SAVI. All the way from Tahiti, Christiane is here in Auroville to fulfill a dream that started for her in 1974. Christiane will volunteer at the Tomatis Centre, and will teach French at the Language Lab. She is a retired psychologist and educator and has had experience teaching French as a second language. She will be available at the Language Lab every afternoon from 3-6 pm. In addition to offering group classes at the times on the schedule, Christiane will be very happy to take Aurovilians and Newcomers in one-on-one sessions for all levels. Many of you find it difficult to make it for classes at fixed times or several times a week, but still nurse a desire to start learning/improving your French. Well, here’s your chance! She’s going to be with us for 10 months, so take advantage of her presence. Her aim is to help you speak French! Guest and others will have to make contributions as for private classes, but Aurovilians Newcomers and Volunteers can make their regular monthly contribution to take advantage of the one-on-one sessions. All our old students of French are warmly invited.

We are also very happy to welcome another Volunteer and hopefully Newcomer-to-be, Ulrich, from Cologne in Germany. He is a trained Montessori teacher, and feels this method is a wonderful way to learn foreign languages faster, even for adults. During his training he lived in Vienna and so he would love to share about German and Austrian culture through his classes. He has also had experience teaching German, French, Italian and Latin. With Ulrich, we will offer the 3-month Certification classes in German for A1 and B1 certificates. Erika Eggemann’s course early this year went really well with a 100% success rate for the exams at the Goethe Institute/Max Muller Bhavan, so we’ll follow the same format. Those who want to take the exam will be supported to; we will follow the books of the certification, but those who simply want to learn German without going in for an exam, are most welcome. Ulrich is also willing to teach the C1 level classes once the A1 and B1 courses are done.

Piero is still around and would be happy to offer Italian classes if there is interest. The classes dropped off over the summer, so would be really happy to start teaching again.

Saravanan continues Tamil classes and Chandrima remains available for Hindi, Sanskrit and Bengali.

Jerry isn't back yet, and for the moment, for English, we are arranging guided study using the mediatheque. We have a lot of materials for teaching English, and welcome volunteer English teachers who can give at least a two-month preferably three-month commitment at the minimum.

All classes are still at the old premises at Shakti, next to the Pyramids (Aspiration-side). Work is continuing non-stop at the new building site in the International Zone, but it doesn't look like we will manage to move end-October as we had planned earlier. Like all buildings, finishing takes time, and there is a money crunch in the finishing stage. We are managing with an enormous amount of hard work by all the team members, and there have been lots of beautiful learning experiences, instances of Mothers’ grace, lovely moments with workers, as well as quite a lot of challenges! The building will put Auroville squarely back onto the sustainable building construction map. We welcome contributions to help us finish PT Account 251414 - ALL New Building Construction. Please have a look at the Architecture page on our website: http://www.aurovillelanguagelab.org/architecture.php for a description of what makes this building special, and if you feel like giving, or spreading the word to anyone who might be in a position to give, please do! People paying taxes in India can get 100% tax-exemption receipts.

We also want to give a very special Thank You to Manu Zimmerl for all his help and support for the Networking Design over these months, and to Coriolan, our very first sysad from 2003, for his advice. Actually once we start thanking people for their help on the building, the list is rather long! You know who you are and you will all be felicitated when we finally have the pleasure of opening the building....
A very big “Thank You” to Satish of 150 DPI for making our website mobile-responsive.

We are still looking for a volunteer filmmaker who could document some of the Tomatis stories and also the new building. Somebody who could edit footage would also be very welcome. If you know of anyone, let us know.

We have received some lovely testimonials from parents of kids who have benefited from the Tomatis programs. It would be wonderful to receive some testimonials from adults as well. So if you did Tomatis at some point in the last 10 years, please drop us a few lines by email. It will help us in our last fundraising effort to complete the building.

S A V I T R I   B H A V A N

October 2015

EXHIBITIONS
Meditations on Savitri
Book 2: The Traveller of the Worlds and Book 3 : The Divine Mother
110 paintings made by Huta under the guidance of the Mother, illustrating selected passages from Sri Aurobindo’s epic poem.
In the picture gallery from October 15
Sri Aurobindo: A Life-Sketch in Photographs
continues in the upstairs corridor
Glimpses of The Mother
Photos with texts in the square hall

FILMS
Mondays 6.30pm
OCTOBER 12: SRI AUROBINDO’S “THE MOTHER” - Part 1
The Mother reads the texts of “The Mother”, Chapters 1-5. Produced and presented by Audio-Visual Section of the Department of Physical Education, Sri Aurobindo Ashram; Duration: 59:30min.

OCTOBER 19: SRI AUROBINDO’S “THE MOTHER” - Part 2
The Mother reads Chapter 6 of “The Mother”, presenting the Four Great Aspects of The Mother. This film has been newly edited by the Audio-Visual Section of the Department of Physical Education, Sri Aurobindo Ashram. Duration: 52:00min.

OCTOBER 26: “MEDITATIONS ON SAVITRI - Book 3: Cantos 1-4
A film by Manohar of Huta’s paintings illustrating passages from Savitri read by The Mother and accompanied by her own organ music. Duration: 32min.

REGULAR ACTIVITIES
Sundays 10.30–12 noon: Savitri Study Circle
Mondays, Wednesdays, Fridays 7-8 am: Sanskrit Hymns Chanting in the Hall
Mondays, Tuesdays, Fridays 3-4 pm: Yoga and the Evolution of Man, led by Dr. Jai Singh
Mondays 5-6 pm: The Upanishads, led by Dr.Ananda Reddy
Tuesdays 5-6 pm: Savitri study in Tamil, led by Sudarshan
Tuesdays 5.45-7.15 pm: OM Choir (see details below)
Tuesdays, Fridays 4-5pm: L’Agenda de Mère : listening to recordings with Gangalakshmi
Wednesdays 5.30-6.30 pm: Reading The Life Divine, led by Shraddhavan
Thursdays 4-5 pm: The English of Savitri, led by Shraddhavan
Fridays 5.30-6.30pm: Meditations with Hymns to Mystic Fire by Sri Aurobindo, led by Nishtha
Saturdays 5-6.30 pm: Satsang led by Ashesh Joshi

OM Choir
The voice that chants to the creator Fire,
The symbolled OM, the great assenting Word (Savitri p.310)

In 1961 the Mother gave the adesh to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises given by Narad.

Full Moon Gathering
Monday October 26 7.15-8.15pm in front of Sri Aurobindo’s statue

Digital Library: multimedia facilities for individual study
This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Exhibitions, Main Building and Office are open Monday to Saturday 9-5
Reading Room and Digital Library will be closed on Saturdays throughout this month

Everyone is welcome
**Acroyoga class for beginners:** Partner yoga & first flyings!  
*Saturday: 8:45 am - 10:15 am at Arka*

Acroyoga Jam session: Play and progress! Open sessions only for people who has bases of Acroyoga.

*Saturday: 3:45 pm - 6 pm outdoor in front of Mitra Youth Hostel*

No intermediate class on Wednesday at the moment. Coming soon!  
On facebook: Acroyoga Auroville, 90 47 72 27 40.  
https://www.facebook.com/groups/508396042555243/

**Aikido classes:** From August 2015 at Dehashtki/Dana, “Auroville Budokan” - Morning classes: Tuesday-Thursday-Saturday 6.00-7.30 am - Afternoon: Monday-Wednesday 6.00-7.00 pm. Beginners welcome on Saturday morning and the 2 afternoon classes. All students and users need to be part of AV Health Fund or insured by a personal insurance. A yearly contribution will be asked to all students and users need to be part of AV Health Fund or insured by a personal insurance. A yearly contribution will be asked to all.

**Note from the editors**

The *Regular Classes* column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards. Kindly inform us of any changes/cancellation in your regular event - the next events schedule will be published in the next issue. On November 7th, 2015. - Editors.

**REGULAR CLASSES**

**Beauty & health for your well-being:** Therapeutic Face Pack with HOME RECIPES. Ayurveda Acupressure Body Massage. Balinese Body Massage. Contact person Victoria Perez. Phone: 2622913. Mobile: 9488818074

**Biodanza:** Every Thursday at New creation dance studio at 7 pm till 8.30 pm. With Isabelle, facilitator and supervision. You can practise this life dance. More joy in your life with beautiful music that increases your wellbeing and your health to connect yourself, the others and the environment. It has really some positive effects. The Biodanza is for everybody. You don’t need to know how to dance. Contact Isabelle 9786400536

**Bioregion Tour:** Date: Every Saturday - Time: 12 pm till 6.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact: tango@auroville.org.in. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

**Group Gingado Capeoira:** Monday 7-8.30pm @ New Creation dance studio. Wednesday 6-7.30 pm @ Bamboo Farm (near Imagination). Friday 6-7.30 @ New Creation dance studio. Saturday 4-5:30 Music Class @ Bamboo Farm (near Imagination)

**Circus class:** Every Monday: with Romain Timmers acrobatic, aerial, balancing work, juggling. Please wear yoga type clothing. From 4pm to 6pm at Eluciole circus, Miracle community.

**Working the CHI with Mauna:** Venue: Joy Community Guesthouse Hall (Center Field). Date/time: Wednesday and Friday - 5 to 6 PM or (longer). Starting on Wednesday 9th of September  

Working the CHI’ are sessions that focus on consciously approaching, understanding and learning to sense, recognise and guide the CHI in one’s system. CHI, known in various world views as qi, ki, prana, ruach, lung, pneuma, ruach, baraka a.o., was referred to by the Mother as the ‘inner, or true vital’ (29 May, 1962, Agenda Vol.3) and may play an essential role in one’s integral yoga, spiritual development and general well being. Mauna is a Dutch, long-term Aurovilian who started off in the Ashram in 1971. Having studied t’ai chi chuan in the Stevanovitch ‘School of the Inner Way’, she has been giving t’ai chi classes in Auroville throughout the nineties, which resulted in the currently well established school in Sharniga. These ‘working the CHI’ sessions can be seen as a kind of pre-crèche to the same. Please bring loose clothing. For more information please contact Mauna at 9663168323 or Joy Community at 9488240778.

**Clay classes for children and adults** with Saraswati and Anna. Please mail to saratrusya@gmail.com for details. Regards Saraswati! 9877517633

**Dance offering:** Listening - Allowing - Unfolding - Celebrating - Offering with Dariya and friends Thursdays 5 - 7 pm in Verite Hall. Sharing a unique space to be, to express, to connect, to communicate and offering our prayers with free dance and contact improvisation. Everyone is welcome! Thank you for coming on time to begin together!

**Exploring Meditation:** Every Wednesday from 5.15 to 6.15 PM. Witnessing our inner world using different meditation technique that were used by spiritual traditions around the world. No previous experience needed.

Venue Pavilion of Tibetan Culture International Zone.Auroville. Facilitator- Yahaha Emet from Dijama Community. For information call 0413 2622401 or 8489067332 or 7639404518

**Feminine dance:** Tuesdays at 4:00 at CPIA hall (in Kalubum). Feminine Dance has historically been a mystical art, a dynamic
method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawakening the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are helpful. gaflit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 4 to 5’30 pm. Starting 13th of August. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, leg and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, Flamenco team.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email yikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother’s Agenda: French classes at House of Mother’s Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443266274. All relevant information about the after effects of food intake, your body, allergies for e.g. almonds, tolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India), now Ekaa. Languages: English, Italian. Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, discovering personal resources, past life regression.

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Ikebana lessons: Ikebana - The Japanese Ancient Art of Flower Arrangement (Sogetsu School of Tokyo). Classes for all levels. For further information please contact: Valeria Raso Matsumoto, cell.9442992827, valeriaraos@hotmail.com

Improvisation theater workshop: Every Fridays at 4.30 to 6pm, in Sawchu (Barath Nivas) Come and play, learn, practice improv exercised. Feel free to come, it’s free session. Jeev 9486 47 53 67 and Ena 99 43 97 00 34

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela: the game of the self knowledge (2000 years old): come play the game of your life. Sundays, 9.30 to12 (above 15 years old) Info, Veronique J., 9485 12 678 - SYDEMA, Butterfly Barn in German, English, French, Spanish and Russian.

Marbling & Lampshade Training: Marbling is a method of play of creative painting with surface design, which can produce patterns similar to smooth marble. The patterns are the result of color floated on either plain water or a viscous solution known as size, and then carefully transferred to an absorbent surface, such as paper or fabric.

Timing: Every Thursday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.535 Requested (come and learn take one tea cup with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Martial arts: We are happy to announce that the self defense classes will start again from Tuesday 28th onwards. At terrasoul community, Windarra farm. The classes will be held every Tuesday and Thursday, from 5.30 pm to 7 pm. They will be taught by Martin Bastide who has more than 10 years practice in different martial arts, including Kung Fu, Pancak Silat, Krav Maga, Kick Boxing, Thai Boxing, Taekwondo and Tae Jitsu. The style taught is a synthesis of the principles of these different martial arts, with a clear orientation towards effectiveness and practicality. All levels are welcome. Come and join us to train in a respectful environment.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to bring and hold a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Modern Jazz Dance: Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The class will start from the 12th of December. Call for more information - 9583357776

Nada Yoga: Monday 1:30 pm to 3:30 pm (for new students with appointment) / Tuesday 1:30 pm to 3:30 pm - In Creativity hall of light. Nada Yoga or Yoga of sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition, with these techniques, During the classes we will also learn many devotional songs. Contact Hamsini: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has taught it for 5 years.

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact Laura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India.tejas@shaktidancetroupe.com, +91-8498772222

OM Choir: “The voice that chants to the creator Fire/The symbolised OM, the great assenting Word” Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. On Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Pottery ceramic Training: In art history, ceramics and ceramic art mean art objects such as figures, tiles, and tableware made from clay and other raw materials by the process of pottery. Timing: Every Wednesday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.350 Requested (come and learn take one tea cup with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, inner personalities’ discovery and balancing, guided mediation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcall@yahoo.fr

Salsa in SAWCHU: Salsa dance class followed by practice. Every Tuesday 1:30 pm-6pm. SAWCHU in Bharat Nivas. Free and open to all Aurovilians, Newcomers and Guests.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Silent Meditation Among Friends: Pavilion of Tibetan Culture: Wednesdays and Fridays: 5 to 6 pm (starting January 16th) We invite you to Silent Meditation with Carsten Marsch who has been practicing Zen meditation since early 1980s with various Zen groups in Europe, USA and New Zealand. He will give a brief instruction on Zazen (Zen sitting posture) at the beginning of each meditation session. Everyone is welcome and requested to arrive a few minutes early as meditation will begin promptly at 5pm. “You should sit in meditation for twenty minutes every day - unless you are too busy; then you should sit for one hour.” old Zen adage
**Skyworks: Tree Climbing Workshops:** Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyajai for conditions and appointment 958 516 58 82. Thank you

**Somatic Explorations:** with Maggie every Wednesday from 5-6pm in Verite Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465.

**South Indian Classical Dance (Bharatnatyam):** Bharatnatyam dance classes offer by Bharatnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile.5.Caveri:7598368514

**Spanish Tertulia:** A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

**Spontaneous Singing:** Just welcome the song that is here! Just let the music cross you. Just connect to your inner song. Just connect to the divine in you. Just enjoy the surprise of what you can create. And share... Fix your schedule with our craft instructor.

**Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor.** - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)

**Ultimate Frisbee:** Every Saturdays & Mondays, 5pm till sundown at Certitude. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

**Thai Yoga Massage:** Workshop A inner exploration of the body, energy and spirit. Every Sunday from 9.30 to 12 am. In Terrasoul Community ( Windarra Farm). In the Sunspace. All levels. Juan mv. 9443434182

**Tamil Literary Classes:** Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5pm-6pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all. Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)

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**Vedic Astrology:** Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

**Veena Musical Classes:** As one of India’s most ancient string instruments, the veena’s origin can be traced back to the ancient yahz, which was similar to the Grecian harp. Bharat, in his Natya Shastra, explains the theory of the 22 sruti’s in an octave with the help of two experimental veena’s. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (Ravi for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. Who: Everyone! Children & Adults. When: Every Friday evening from 5pm to 7pm. Contact: 0413- 2623071 / 9786772209

**Women Self-Defence Course by Giacomoni:** Venue: Joy Community Guesthouse Hall (Center Field). Date/time: Tuesdays and Thursdays - 5.30 to 6.30 PM. Starting on Tuesday 8th of September Please register in advance for the course by calling 9487340778 or by email at joycommunity@auroville.org.in. Attendance for the whole month is mandatory and no drop-in will be allowed after the first class. Contribution requested from guests, donation basis for Aurovilians, New Comers and Volunteers.

**Yoga classes:** New Colors invites you all, for a yoga class on every Sunday at 8:00 am. This class is for all ages. For further details contact; 95855 13279 Mail id: newcolors2002@gmail.com

**Yoga Classes:** Vinyasa flow classes by Bebe in Creativity every Thursday 5 to 6.30 pm starting on Thursday October 8th, open to all levels.

**Zumba classes:** with Sathish are resuming at New Creation Dance Studio on Mondays 6-7pm and Thursdays 6-7pm...

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**Films**

**C INEMA - Bharat Nivas - AUDITORIUM**

**FRIDAY 9 OCTOBER- 7:30 PM (Film show starting at 7:45 sharp)**

**“THE KING’S SPEECH”**

Directed by: Tom HOOPER - UK, 2010

Cast: Colin Firth, Geoffrey Rush, Helena Bonham Carter ...

Synopsis: The film tells the story of the man who became King George VI, the father of Queen Elizabeth II. After his brother abdicates, George (Bertie) reluctantly assumes the throne. Plagued by a dreaded stammer and considered unfit to be king, Bertie engages the help of an unorthodox speech therapist named Lionel Logue. Through a set of unexpected techniques, and as a result of an unlikely friendship, Bertie is able to find his voice and boldly lead the country through war. **Original English version - with English Subtitles - Duration: 1h.59’**

**THE ECO FILM CLUB**

Sadhana Forest, October 9, Friday at 7 pm

**DESIGN FOR LIFE: PERMACULTURE- THE FOOD FOREST STORY**

2010, 68 minutes.

This documentary tells the story of a young couple who use permaculture design to turn a dusty paddock into an idyllic home, profitable farm and vibrant teaching center. The film traces the physical and economic challenges they overcame:
lack of capital, smallness of scale, droughts, floods and the loneliness of the pathfinder, to become one of the world’s iconic permaculture properties and one of Australia’s most awarded organic farms, The Food Forest.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Schedule of Events:
16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:40 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco FilmClub
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:30 Free bus from Sadhana Forest back to Solar Kitchen

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

VISITOR CENTER MOVIE SHOW

6th October Tuesday, 8 pm
“SPECIAL 26”
Hindi movie, English subtitles
“Special 26”, also known as Special Chabhis, is a 2013 Indian thriller heist film directed by Neeraj Pandey.

Cinema Paradiso
Multimedia Center (MMC) Auditorium
Film program 5 October 2015 to 11 October 2015

Auroville Film Festival
Friday 2 October to Wednesday 7 October:
• the fourth biannual auroville film festival begins: find AVFF SCHEDULE & PROGRAM in the last N&B
Nordic - Thursday 8 October, 8:00 pm:
• GRABBEN I GRAVEN BREDVID (The Guy in the Grave Next Door)
Sweden, 2002, Dir. Kjell Sundvall w/ Elisabeth Carlsson, Michael Nyqvist, Annika Olsson, and others, Romance, 94mins, Swedish w/ English subtitles, Rated : NR
Desireée, a modern librarian with urban friends and interests meets Benny, a simple farmer. There is nothing in common in their lives, besides the fact that they are both single and sometimes, at the cemetery, they visit graves which lie near each other.

International - Saturday 10 October, 8:00 pm:
• SNOWPIERCER
Set in 2031, the entire world is frozen except for those aboard the Snowpiercer, a train. For 17 years, the world’s survivors are on this train hurtling around the globe creating their own economy and class system. Led by Curtis, a group of lower-class citizens, living in squalor at the back of the train, are determined to get to the front of the train and spread the wealth around. Each section of the train holds new surprises for the group who have to battle their way through. A revolution is underway.

Children’s Film - Sunday 10 October, 4:30 pm:
CARS 2
USA, 2011, Dir & Writer John Lasseter Owen Wilson and others, 106 mins, Animation Adventure, English w/ English subtitles, Rated: PG
After Mater gets his best friend, star race car Lightning McQueen, a spot in the very first World Grand Prix, he is given the job of pit crew chief. But while they are in Japan, Mater crosses paths with Holly Shiftwell, a spy searching for an American spy. Let’s see what follows. Due to technical glitch this film could not be screened 13 September’15, hence being rescheduled.

PEDRO ALMODOVAR Film Festival @ CINECLUB
Cine-Club - Sunday 11 October, 8:00 pm:
• LA MALA EDUCACION (Bad Education)
Spain, 2004, Dir. Pedro Almodovar w/Gael Garcia Bernal, Fele Martinez, and others, Drama-Crime-Mystery, 106mins, Spanish w/ English subtitles, Rated: R
In the early 60s, two boys discover love, movies and fear in a Christian school. Father Manolo, the school principal and literature teacher, both witnesses and takes part in these discoveries. The three characters come against one in the late 70s and again in 1980. These meetings are set to change the life and death of some of them. The movie utilizes the typically Almodovarian production schemes, quirky dialogue, ambiguous moral codes and post-feminist politics to create a cinematic space that is more usefully reflexive than his past work.

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

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