

News & Notes

5th December 2015.....A weekly bulletin for residents of Auroville.....Number 626



HOUSE OF MOTHER'S AGENDA

Vijnana or Gnosis

If we would describe the gnosis as it is in its own awareness, not thus imperfectly as it is to us in contrast with our own reason and intelligence, it is hardly possible to speak of it except in figures and symbols. And first we must remember that the gnostic level, *Mahat, Vijnana*, is not the supreme plane of our consciousness, but a middle or link plane. Interposed between the triune glory of the utter Spirit, the infinite existence, consciousness and bliss of the Eternal and our lower triple being and nature, it is as if it stood there as the mediating, formulated, organising and creative wisdom, power and joy of the Eternal. In the gnosis *Sachchidananda* gathers up the light of his unseizable existence and pours it out on the soul in the shape and power of a divine knowledge, a divine will and a divine bliss of existence. It is as if infinite light were gathered up into the compact orb of the sun and lavished on all that depends upon the sun in radiances that continue for ever. But the gnosis is not only light, it is force; it is creative knowledge, it is the self-effective truth of the divine Idea. This idea is not creative imagination, not something that constructs in a void, but light and power of eternal substance, truth-light full of truth-force; and it brings out what is latent in being, it does not create a fiction that never was in being. The ideation of the gnosis is radiating light-stuff of the consciousness of the eternal Existence; each ray is a truth. The will in the gnosis is a conscious force of eternal knowledge; it throws the consciousness and substance of being into infallible forms of truth-power, forms that embody the idea and make it faultlessly effective, and it works out each truth-power and each truth-form spontaneously and rightly according to its nature. Because it carries this creative force of the divine Idea, the Sun, the lord and symbol of the gnosis, is described in the Veda as the Light which is the father of all things, *Surya Savitri*, the Wisdom-Luminous who is the bringer-out into manifest existence. This creation is inspired by the divine delight, the eternal *Ananda*; it is full of the joy of its own truth and power, it creates in bliss, creates out of bliss, creates that which is blissful. Therefore the world of the gnosis, the supramental world is the true and the happy creation, *rtam bhadram*, since all in it shares in the perfect joy that made it. A divine radiance of undeviating knowledge, a divine power of unfaltering will and a divine ease of unshaking bliss are the nature or Prakriti of the soul in supermind, in *vijnana*.

The stuff of the gnostic or supramental plane is made of the perfect absolutes of all that is here imperfect and relative and its movement of the reconciled interlockings and happy fusions of all that here are opposites. For behind the appearance of these opposites are their truths and the truths of the Eternal are not in conflict with each other; our mind's and life's opposites transformed in the supermind into their own true spirit link together and are seen as tones and colourings of an eternal Reality and everlasting *Ananda*. Supermind or Gnosis is the supreme Truth, the supreme Thought, the supreme Word, the supreme Sight, the supreme Will-Idea; it is the inner and outer extension of the Infinite who is beyond Space, the unfettered Time of the Eternal who is timeless, the supernal harmony of all absolutes of the Absolute.

To the envisaging mind there are three powers of the Vijnana. Its supreme power knows and receives into it from above all the infinite existence, consciousness and bliss of the Ishwara; it is in its highest height the absolute knowledge and force of eternal Sachchidananda. Its second power concentrates the Infinite into a dense luminous consciousness, *caitanyaghana* or *cidghana*, the seed-state of the divine consciousness in which are contained living and concrete all the immutable principles of the divine being and all the inviolable truths of the divine conscious-idea and nature.

The Synthesis of Yoga,
book II, chap. XXII

SRI AUROBINDO



*The
Ponder
Corner*

We are not obliged to give responses of grief to certain impacts upon the mind, responses of anger to others, to yet others responses of hatred or dislike, to others responses of liking or love. All these things are only habits of our affective mentality...

Sri Aurobindo
ref. The Synthesis of Yoga, p.649

Report of the Working Committee

Major topics dealt with in November 2015:

1. **Delhi visit for visa issues:** Together with François Gautier, two members of the Working Committee visited the Joint Secretary (Foreigners) Home Ministry, New Delhi. We discussed seven pending cases and the Indian volunteer policy with him and requested him to expedite the process where possible. We are grateful to François for his help in getting us this appointment.
2. **A new way of meetings:** We held a WCom session in an attempt to fine-tune our team dynamics. Elisa proposed and facilitated a two-hour introduction session at Vérité. The purpose of this experiment was to taste and sense a different way of relating with ourselves, with others, with the topics on our agenda, and finally with the sacred element in a meeting space. It helped us build the foundation needed to experience a different way of working together with tools supporting a deeper consciousness. Each member has committed to try to use the tools we resonate with and retain the sacredness during all our meetings. "KINDNESS" was the chosen popular tool amongst us. The process has begun, as has the unfolding of something yet un-established.
3. **Aurovilians residing and/or working in/outside Auroville:** We would like to inform and remind everyone that residents of Auroville are expected to reside in and work for Auroville predominantly. As requested by the Under-Secretary, the WCom is in the process of contacting those Aurovilians (of Indian or foreign origin) who seem to have been frequently out of Auroville for a considerable time asking them for their reasons for absence.
4. **Gol Grant:** We are preparing the budget for the upcoming financial year 2016-2017 along with the beneficiaries, and are integrating some additional infrastructure development in view of the civil development required for Auroville's 50th anniversary.
5. **Request for tax relief for Indian donors:** We sent a request to Dr. Karan Singh proposing that another attempt be made to obtain 100% tax exemption for donations made to the Auroville Foundation by requesting that the Auroville Foundation be included the list of entities mentioned in section 80 G (2) of the Income Tax Act 1961, donations to which are eligible for 100% deduction without a qualifying limit. The first attempt was made in July 2012, but this request was considered not feasible by the then Finance Minister.
6. **Appeal process:** One member of the Working Committee has joined a sub-group constituted by the Auroville Council to draft an appeal proposal which will be shared soon with the larger community.
7. **Auronet Postings:** This month we have observed several postings on Auronet that have been experienced as offensive and insulting. The Working Committee and Auroville Council have decided to initiate a community decision-making process about censoring or moderating postings on the Auronet. A request has been sent to the RAS to organize this decision-making process. Pending the decision of the community, we request everyone to refrain from using the Auronet as a platform for "fighting."
8. **Centralised Auroville Accounting Service:** The WCom, along with the FAMC, is in the process of strengthening our existing system on accounting by raking through objections we have received in the past, and proposing a more transparent system. The process is on-going; we will keep the community updated.

Ongoing matters: The Working Committee is also involved in the following topics, which are still ongoing and not yet concluded:

- Car Stickers
- Appropriate Mobility for Auroville
- Water Harvest / Water Service complaints
- Kottakarai conflict
- Windarra conflict
- Non-Aurovilians occupying Auroville assets
- Security
- Selection process for the new members of the Working Committee and Auroville Council

The Working Committee [*Angela, Carel, Elisa, Eric, Mandakini, Manohar, Ranjithkumar*].

ANNOUNCEMENTS

L'avenir d'Auroville: 28th Nov 2015

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks. The announcement is made for feedback only and does not mean that the project has final approval.

The final approval is given when L'avenir d'Auroville / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

Individual Project

Building Applications Feedback:

1. Life Education Center, (Harini & Devi Namasivayam), Kottakarai, Office and caretaker house.

2. Murthy, Ayyarpadi Farm, House extension - Kitchen for an area of 78 sq.m.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 2622-170 or come personally to the Building Application section.

Available housing units ready for transfer.

Auromodele: Dodo's house, first floor, 134 sqm
Cristina house, ground floor, 126 sqm
Ex Petras house, ground +1, 160 sqm

Kottakarai: Vasanti, ground +1, 155 sqm
Transformation: Kayanandha, ground +1, 105 sqm

Quiet: Pepe's house, ground +1, 89sqm

Luminosity: Apartments, Studio's,

Ground +1 means ground floor plus first floor.

These stewards would like to change to another location in Auroville.

The housing service will transfer freestanding houses (that need a high maintenance) when left behind, and the contribution is given as building grants to Aurovilians in need.

FROM THE ENTRY SERVICE - N&N NO- 626 dated 05.12.2015

We would like to inform the community that our team is happy to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before confirming.

AUROVILIANS:

Matthieu GARDELLE (French) - Staying at Dana, working at the Library.

Shanthi PIGNOLET (French) - Staying at Dana, working as a technical assistant at the Upcycling Studio.

Rajesh DHATCHANAMOORTHY (Indian from Sanjeevi Nagar) - Staying at Saracon staff quarters, working at Pitanga receptionist and Saracon as a caretaker.

Liron LEVI (Israeli) - Staying at Maitreyi 2, working as a cook at PTDC.

CHILD OF AN AUROVILIAN:

Inbar LEVI (Israeli) - born on 06/03/2007, studying at Transition school.

Gali LEVI (Israeli) - born on 26/12/2011, studying at Nandanam school.

RETURNING AUROVILIAN:

Milan KAPUR (German) - Staying at Pitchandikulam, working at Pitchandikulam resource centre.

NEWCOMERS:

Pierre COT (French) - Staying in New Creation, working as a therapist at Quiet

Michelle BERTHOLLE (French) - Staying in UDAVI staffquarters, working at the Teachers' Center, and Kindergarten

Itzhak HELMAN (Israeli) - Staying in Celebration, working at TerraSoul as a massage therapist and farmer

Anne-Laure TAUFOUR ROLLIN (French) - Staying in New Creation, working in Research and Development of Educational Systems, and other projects.

Sebastien ROLLIN (French), Staying in New Creation, working in Research and Development of Educational Systems, and other projects.

CHILD OF A NEWCOMER(S):

Satyavane COT (French) study at TLC

Kimaya COT (French) - at OLI School

Elliott ROLLIN (French) Home schooled
Ethan ROLLIN (French) Home schooled
Marion ROLLIN (French) Home schooled

N.B. The announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have added Confirmation Section below:

CONFIRMATION OF NEWCOMER STATUS:

Jacky You LI (Canadian)

Arati KUMARI (Indian from Bihar)

Nilendra (Nilen) JHA (Nepal)

Sandeep Vinod SARAH (Indian from Karnataka)

Premnath S.K (Indian from Tamilnadu)

Rema PREMNATH (Indian from Tamilnadu)

CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS

AFTER ANNOUNCEMENT IN N&N AND CONSIDERATION OF

FEEDBACK RECEIVED FROM RESIDENTS:

Anatolii DIACHENKO (Ukrainian)

Tatiana IEVSEICHYK ((Ukrainian)

Nadia ROMEO (Italian)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary with the aim to add your name to the Register of Residents.

PEOPLE WHO HAVE LEFT AUROVILLE ON THEIR OWN:

Meenakshi LALL (Indian from Delhi), **Sasha Arjuna Guru** (Canadian)

In case the above person(s) wishes to come back to live and work in Auroville, (s)he will need to restart his/her newcomer process.

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Friday at 2pm to 4pm. We look forward to seeing you.

We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public to do the internal office work.

The Entry Service team (Aurore, B, Chitra, Eva, Ishita, Matilde, Neeti, Jitta)

Wednesday 25th November 2015

Final List of participants in the 3-days Selection Process for additional members for Committee and AVCouncil

Free flow option to step forward to join as a new member during the 3days Selection Process

A) Working Committee

open to join the existing ongoing team

1	Marc Madhuca	coffeeideas@auroville.org.in
2	Mario B. Sangha	mario@auroville.org.in
3	Jesus	colnature@auroville.org.in

ongoing team

1	Angela
2	Carel
3	Elisa
4	Mandakini
5	Ranjitkumar

stepping back members

1	Eric
2	Manohar

B) Auroville Council

open to join the existing ongoing team

1	Boomi Aspiration	bhoomi@auroville.org.in
2	Padmanabhan	padmanabhan@auroville.org.in
3	Sundar	sunderav@auroville.org.in

ongoing team

1	Daniel		1	Isabel Invocation	isixdes@yahoo.es
2	Guy		4	Kavitha -Youth Link -	kavitha.urvasie@auroville.org.in
3	Matriprasad		5	L'aura Center Field	laurajoy@auroville.org.in
4	Renuka		6	Matilde	matilde@auroville.org.in
5	Sindhuja		7	Mita Courage	mitadg@gmail.com
	stepping back members		8	Rajavelu	rajavel@auroville.org.in
1	Auroananda		9	Rama Narayana Courage	auroram12@yahoo.co.in
2	Veronique		2	Renu	renu.auroville@auroville.org.in
	C) 3 days selection process		1	Rita Center Field left AVC team	rita.centerfield@gmail.com
	Free flow option to step forward to join as a new member during the 3days Selection Process		2	Roy Aurodam	roy@auroville.org.in
1	Amir Evergreen	tamaramir@auroville.org.in	2	Sandyra	sandyra@auroville.org.in
2	Amy	amy@auroville.org.in	4	Shakti	shakti@auroville.org.in
3	Anand Shakti	rvanand@auroville.org.in	2	Shanti	shanti@auroville.org.in
4	Anbu Celebration	aravind@auroville.org.in	6	Sonja Aurodam	sonjaumberto@auroville.org.in
5	Anbu Windarra	anbooav@gmail.com	2	Suryan	suryan@auroville.org.in
6	Biggie	biggie@auroville.org.in	8	Tomas	tomas@auroville.org.in
7	Buvana Sundari Certitude	buvanasundari@gmail.com , christian@auroville.org.in	2	Umberto	umberto@auroville.org.in
8	Christian - Auroorchard -	lieserdivya@auroville.org.in	9	Victoria	victoria@auroville.org.in
9	Divya AMI	elvira@auroville.org.in	3	Yuval Quiet	yuvalcw@auroville.org.in
1	Elvira Klein	fif@auroville.org.in	0		
1	Fif	hemant@auroville.org.in	3		
1	Hemant	ingevanalphen@gmail.com	1		
2	Inge		3		
1			2		

O B I T U A R Y



Anand

In the early morning of 30 November, our Aurovilian brother and friend Anand Agrawal left his body due to kidney failure. He was 43 years old.

Anand grew up as student in the Ashram and came in 2003 to Auroville via the late Madhanlal Himatsingka. He has been working with us as sports teacher in Dehashakti and Deepanam and stayed in Courage where his flat was an oasis of peace, quiet and serenity. Unfortunately these last years the precarious condition of his kidneys took him out of Auroville for medical treatments from time to time.

We will remember him, true to his name, as a gentle, quiet and conscientious person whose contact with Sri Aurobindo and the Mother was natural, evident and silently radiant.

Anand's body was taken up in the Farewell centre on the Crown road where friends bade him farewell from Tuesday December 1st onwards. The remains will be cremated at Adventure's mandappam; timing will be posted on Auronet.

Thank you, Anand, for being who you were. Our warmest condolences go out to his family and close friends.

OM-

F O R Y O U R I N F O R M A T I O N

Accounting unit name change from "Prabhasari" to "Abacus accounting"

Dear Community Members,
This is for your kind information; we have changed the accounting unit name from "PRABHASARI" to "ABACUS ACCOUNTING". We take up all the work related to Accounts

and Tally Software Solutions (voucher preparation, data entry, finalization of accounts and preparation of balance sheets. We also handle issues related to e-filing of EPF, ESI, Service Tax, TDS, PAN, TAN, Income Tax and Sales Tax etc... and Tally software support by sales and service in authorized partner for Auroville).

Our office is located at Saracon Campus, next to the Ganesh Bakery.

Office Time: 9.00 am to 5.00 pm / Telephone: 0413-2622 962,
Mobile: 9894442349 / Email: abacus@auroville.org.in
Best Regards, *M.Prabhu & Chandresh Patel*



L U X E M B O U R G = On Monday 23 November a first Auroville intro evening took place in Soleuvre/ Grand-Duchy. The event had been announced via cyber space and through a 10 mn radio interview with organiser **Sonny Benoit** who is the AVI Luxembourg contact person. The evening turned out to be quite a success with 75 people showing up, among whom a senior member of the municipality, two city councilors, a member of a research centre, members of AVI Netherlands and Germany, and last but not least, the honorary general consul of India to Luxembourg, [Mr Ambi Venkataraman](#).

The evening was opened by [Mr Claude Turmes](#), member of the European Parliament as EU deputy of the 'Green Party Luxembourg', who is also member of the EU delegation for India. He talked about the life of Sri Aurobindo and the inauguration of Auroville in 1968, after which Sonny shared general information about the City of Dawn and Aurovilian **Ribhu Vohra** presented [the 'WasteLESS' project](#). During the subsequent gathering around snacks & beverages many people came forward and asked all kind of questions.

Ms Isa Wagner, AVI's general secretary, met once again with Mr Turmes who reiterated his interest in Auroville and suggested he meets with some of the European AVI members in Brussels in spring next year to discuss further steps regarding the **European House in Auroville's International Zone**.

The next day, Ribhu and Sonny visited the Lycée Michel Lucius, where more than 80 teenagers between 16-17 year old eagerly followed Ribhu's powerpoint and talk till the very end. Ribhu also had the opportunity to visit a solid waste treatment project in Luxembourg which turned out to be an interesting connection and contact for the WasteLESS team.

The photo exhibition & information display that held the event continued till December 2nd with Sonny being available for the many inquiries from an interested Luxembourg audience.

F R A N C E = On Saturday November 21st, AVI France held once more one of its **Café Auroville** events in Paris, this time dedicated to 'Sri Aurobindo: Visionary, Revolutionary, Philosopher and Poet'. Organised well before the tragic events of the previous week, the evening acquired even greater depth and meaning given the context and the fact that the attacks had occurred in an area just nearby the place of venue.

The Café was attended by a good 50 people and began with a screening of the French version of Rakhil's new land fundraising film **Landing Auroville**, ['Un Corps de Terre pour Auroville'](#), followed by an explanatory talk by **Mandakini Lucien-Brun** of A4A on Auroville's urgent land needs. Next was a video presentation of Sri Aurobindo's life and work, concluding with a summary of Sri Aurobindo's vision and teachings by [Gilles Lachaud](#), president of the association of the French Pavilion in Auroville. Introduced by meditative music from the Ashram, ten attendees then read excerpts of texts by Sri Aurobindo, preceded by an explanation of their choice of text. Selections were taken from 'The Life Divine', 'The Future Evolution of Man', 'The Riddle of this World' and the poem 'Reminiscence', mostly focusing on the theme of human unity. One text contained Sri Aurobindo's explanation of 'Liberty, Equality and Fraternity'.

The final event was a reading of Savitri in French by AVI France active member **Francine Finck** and long-term

Aurovilian **Jean Pougeault**, both directly from Auroville via Skype. The evening was graced by the presence of Korean artist [Bang Hai Ja](#), whose paintings on light are greatly inspired by Sri Aurobindo and the Mother. Some chanting, an Indian dinner and hours of animated discussion completed this highly positive and hopeful event.

The coming **Café Auroville**, on December 12th, will center around 'LilaLoka' with Aurovilian **Sandrine Denier**, one of the project's co-founders, participating via Skype. Several Paris-based educationists, parents and children will take part in the event.

G E R M A N Y = Just now the Autumn Newsletter of AVI Germany arrived, containing 17 colour pages packed with updates, photos, reporting and information. Main articles detail the recent Woodstock meeting in USA, plans for the 'Europa House' and the emerging cyber-network in Auroville. A very nice feature is that now the letter can be perused and downloaded via: <https://goo.gl/RupeoT>

For all AVI matters, contact: vani@auroville.org.in / This column is maintained by: mauna@auroville.org.in.

Community participation - research on the framework

Visiting scholars and students from the Queen's University School of Urban and Regional Planning studied examples all around the world and came up with a well thought proposal on how public participation can be organized.

To support the next step - **from theory into reality** - they got the support from **L'avenir d'Auroville** by identifying a topic on which the new framework of community participation can be taken as an example.

You are invited to participate in identifying **future community amenity needs** of the Residential Zone sector 1 and 2 (between Grace and Prartna). These two sectors are under development presently, and it is an appropriate time to envision amenities needed for both short & long terms. So this work will support the work of L'avenir as well as the research work of the students.

The purpose of these "amenities" is to improve livability of the residential zone, enhance quality of life, and foster healthier social interaction. (Example of amenities: Bakery\PT outlet, crèche, common kitchens, sport grounds...)

Schedule of events:

"Sound Board" - collecting feedback:

- Saturday 5th December 2015 at Pour Tous Distribution Center between 10 am -12 pm and at Solar Kitchen between 12 pm -2 pm
- Date for the Sound Board in the Residential Zone will be given later

An Imagining Workshop:

- Tuesday 8th December 2015 in the Unity Pavilion between 3 pm and 6 pm

Please inform if you need us to organize transport for you because of the rain.

Sharing with the community

- Saturday 12th December 2015, from 4 to 6 pm at MMC.

Enjoy participating in the next step - from Theory into Reality! Looking forward to your participation.

Love,

Inge and Slava from Residents Assembly Service; Sauro from L'avenir d'Auroville; Lalit from 'Auroville Integral Sustainability Institute'

POSTINGS

Continuation of a member in AVC

Dear friends,
This is to inform you that Veronique from the Auroville Council will continue for one more year in the team as a member. We now have six members (Matriprasad, Renuka, Daniel, Sindhuja, Veronique and Guy) with the remaining three to be selected during the Selection Process this weekend.
Sincerely, *Auroville Council*

From Auroville Council on Housing Policy

Dear Community,
The work on Housing policy is postponed until the Council is enlarged (new members are in place). The AVC will coordinate the new sub group meeting sometime in the middle of December. We will consider the participation of Aurovilians interested in the subject.
Please write to: avcoffice@auroville.org.in.
Sincerely, *the Auroville Council*

December the 5th is the anniversary of Sri Aurobindo Mahasamadhi.

On this occasion the Ashram doors will be open for Darshan from 5 am to 10 am. *Mallika*

"Was it you who gifted me this eau de cologne?"

Nergez is trying to find out who gifted her an eau de cologne (Samata) for her birthday?? It was beautifully wrapped in marbled paper and she cannot remember who gave it to her that day. If it was You, kindly give her a ring (2622131) and

unveil the secret, she would highly appreciate and we (who are around her) as well - *Submitted by Paula*

2nd call pre-qualification notice of Civil Contractors

Auroville Town Development Council on behalf of KALPANA housing project invites per qualification tender from builders. Please refer our previous tender notice on 04-11-2015 in The Hindu newspapers for an estimated cost of Rs. Six Crores. Last date of submission tender document on or before 07.12.2015 @ 11:00 am to be dropped in the TENDER BOX at Town Development Council office, Town Hall, Auroville 605 101. Contact no. 0413 - 2622 170, email: avenir@auroville.org.in

News from Le Morgan Cafe

Because of the rain and the difficulty to drive on the muddy roads, we will stop to serve dinners on Thursdays and Saturdays, for a few weeks. Sorry for the inconvenience.

Future School Open house cancelled

We are so sorry to announce that due to Friday's weather forecast, the staff and student council of Future School have decided it would be best if the Future School open house and fund raiser were postponed to next Friday, the 11th of December.

AVAILABLE

House Clearance

At my House in Quiet, next Sunday starting at 11 am. Furniture, Kitchenware, books, CDs, jewellery, Pashminas, lots of colourful clothes and more - one computer and camera and smartphone available too. There are also many small things you can have against a donation. See u soon! *Laura Nina Mosci*. Please SMS for clarification, I will call you back! Please park at the main Entrance of the Quiet Healing Centre and walk to the reception and further. Any Quiet staff member will be able to explain where my house is. Contact email: lauraninam@hotmail.com

Good carpenter

If you are looking for a good carpenter for any quality work, I strongly recommend, Ayappan. He is a specialist in repairing old furniture and making new ones. *Ayappan*: 9488725736 / 9345454688 / joywoodworks@yahoo.co.in - submitted by *Silvana G.*



Fruit trees

At the moment we have the following fruit trees for sale: chikko 400 rps / kumquat 60 rps / guava

400 rps / pomegranate 400 rps / starfruit 400 rps / soursop 200 rps / amla 60 rps / avocado 300 rps / sitaphal 250 rps / sitaphal 60 rps / ramphal 60 rps / lime 250 rps
Please come in the mornings till 11.30 hrs or Saturday afternoon. We are looking forward to see you!

News from the Auroville Online Store

For the upcoming holiday season, now available on www.auroville.com - festive season gift baskets to send to your family and friends near and far, or even your favourite neighbour!

Filled with assorted Auroville-made products, there are 3 baskets to choose from: the Goodies, Green or Kiddy basket
Visit us on: <http://www.auroville.com/gifts-c-135/other-gifts/gift-sets.html>

Auroville Online Store [www.auroville.com / www.facebook.com/aurovilledotcom]

Row houses with garden in Sanjana Housing Project

The work is going on in Sanjana Housing Project between Arati and Sukhavati communities. There are still row houses with garden available in the range from small studio to a three bedrooms apartment. You are most welcome to have a look and choose between different sizes. The construction is expected to be completed April 2016 for 3 blocks and later for the 4th block.

For appointment and details please contact Angelika, Veronica at: angelika@auroville.org.in and veronica@auroville.org.in.

Organic Cashew Cheese

Dear Friends, Our organic vegan Cheese, Hummus, Boursin and Chocolate Mousse are available in Food Link and Farm Fresh. Check the fridges! *Vegan Essence (Sharan) Team*

News from Lake-Farm-Siddhartha

The annual Sugarcane harvest has been completed in Aug.'15. Sugarcane has been grown organically and processed to Jaggary. It is a 100% AV product: Sugarcane grown and processed in AV. Its brown color proves its purity. The sales

income of it helps to refund loans which have been taken to establish infrastructure on the farm. To accelerate cash flow we offer discount for bulk purchase incl. Door delivery. Our offer:

Items	minimum amount
discount {on PTPS rate}	
Jaggary	5kg 30%

Sesame oil	2 ltr	20%
Groundnut oil	2 ltr	20%
Peanut butter	3kg	30%
Cashew butter	1kg	20%
Cashews	2kg	20%

If you are interested call: 900 37 38 560 - Love, *Herbert*

LOOKING FOR ...

A buddy - healthy eating to lose weight

Hello, my height is 163cm and my weight is 75kg, and it is a sign that I eat more than my body needs. I feel I need a buddy. I am not looking for somebody who wants to lose weight because she/he wants to be more beautiful / handsome. I am looking for somebody who just likes himself/herself but that overeating does not make him/her happy and he/she wants to change it. We can give support to each other, chat, etc. *Ivana*: mob: 7094344154, e-mail: ivana@auroville.org.in / PS: your age, gender, religious, nationality etc., do not matter.

New roommate

Hi, we are *Anneke and Darius*, two German long-term volunteers and we are looking for a new roommate. We live in

Kottakarai in a nice house inside a garden nursery. Our kitchen and living room are shared and each of us has their own bathroom. We love cooking and spending time together. So if you are ready and interested just contact us: darius.meissner@outlook.de or 7639318276.

Warm regards, *Darius*

A bike

We are looking for a bike - could be a TVS moped or a Scooty or electric bike. Please phone me (7639318959) or email me: ally@auroville.org.in; about the model, year and price. Thank you! *Ally*

LOST & FOUND

Scooter (stolen): Dear all, my scooter was stolen yesterday night from the quiet healing centre residential area. Some intruder took the key from the kitchen and just simply drove out of the back gate. My scooter is an Honda Activa py plate, fire red and dark red...if someone sees it or have further tips to help recover the scooter please write to: lauraninam@bhotmail.com / Mobile: 9486366413. Reward will be given if the scooter is found. The two different colors on the front are unique - please help me if you can. Gratefully, *Laura Nina Mosci* - co Quiet healing centre residential area

Bike (Missing): Wednesday 25th between 3-4 pm my bike went missing from parking in Nehru-street. If you see it please let me know. It is a blue Hero Honda Super Splendor. Registered: PY01AN4912. Thank you, *Appie*: 9488818065

Chappals (Missing): On Monday 30th November between 13:15 - 13:30 someone took my chappals (flip flops) in front of PTDC. They are almost new, black, big and from Puma. If you have taken them, I would very much appreciate it if they could either be returned to PTDC or if you could contact me directly: darius.meissner@outlook.de or 7639205474. Thanks a lot, *Darius*

CAP (Lost): Rs 500/- compensation for the lucky finder of my beloved CAP with an unusual silver-black herring-bone pattern, lost somewhere between V.C. le zephir/dosai corner and Solar Kitchen/cafe and beyond, last week of November. PI contact Peter A: 948 8483348

THANK YOU

To Eco Service

There was a time when I had to burn a part of my garbage. I am happy that our Ecoservice has always been functioning. For us - no strikes!! - The dirt removed, not a job people dream of. Thanks for your dedication over all these years!!!
With gratitude,
Lisa - Invocation

From The 50th Anniversary preliminary project planning team

The 50th Anniversary preliminary project planning team would like to thank all those who took the time to send us the values, qualities and ideas that should be manifested during 2018. We received more than 60 responses, a huge number of wonderful ideas, and more than 90 proposals.

Thank you!

Chali, Dave, Fabienne, Krishna, Mamata Marco, Mariana, Tapas

APPEAL

Help us celebrate oneness and unity in a unique Capoeira Festival!

Dear Friends and Family,
We are "Ginga Saroba" (ginga-saroba.com), the first active and official Capoeira group in South India (Auroville / Pondicherry). For us Christmas blessings came early this year with news that Mestre Branco (master of the group) will be with us in February 2016. For the occasion we are organizing a festival to celebrate togetherness and unity through Capoeira with our teacher

Professor Samuka da India, Mestre Branco and other capoeira teachers (India / abroad).

We need your help to make this event happen!

Here is how you can support us: **Donate** - even small donations go a long way! - Our FS account number is: 251616 - give the following description to your donation: **Donation Festival 2016. Highest bidder will get rewards!**

Join us - the more people will participate the more fun the event will be :) Aurovilians who need it get a discounted entrance fee.

Spread the word - The more people know about the event the more likely it will be a success!
The festival will be open to everyone. For registration and further details check our Facebook page (<https://www.facebook.com/GingaSaroba/>).

Thank you for your support,
Ginga Saroba (Prof. Samuka da Índia e alunos)

ACCOMMODATIONS AVAILABLE AND NEEDED

House sitting1: I am a long time Savi registered volunteer, looking for some accommodation in Auroville. I am looking for a single place for myself. Right now I am staying in Creativity Guest House. Looking forward to hearing from you. Thanks and regards, *Sweta Nawal*: 07073823099

House sitting2: Hello, my name is *Guillaume*; I am a long term volunteer working since one year on implementing waste management projects in the villages surrounding Auroville. I am looking for a place to stay from January 1st up to October 2016. I would be glad to take care of your house, your pet, your garden and contribute for daily house expenses. With kind regards, 8525893431 / Guillaume.jeffroy@gmail.com

House sitting3: Dear all, my name is Eric Clapton and I am looking for a space for my mother and brother to stay at,

starting possibly from March 2016. They are long-term volunteers working respectively in PTDC and Botanical Garden. They are looking for a house-sitting either in a flat or a house. You can contact me at: nadia@auroville.org.in - Peace, *Eric Clapton*

House sitting4: Dear community, I'm Steffen, Aurovillian, and I cannot stay in the place where I'm doing the current house-sitting, starting from the 22nd of December for around two weeks. If somebody needs a house-sitter during that time or has any other possibility to host me, please let me know. You can contact me by phone: +91 9585862263 or by email: steffen@auroville.org.in. Thank you very much! *Steffen*

TAXI SHARING

December 7th: Laura will arrive on Monday 7.12. at 8.40 am at the airport in Chennai. Her taxi can be shared either way. Kindly contact *Angelika*: 9843678421.

December 11th: A taxi will be going to Chennai airport to be there at 8.30 am. For sharing it both ways, pls contact *Silvana*: 9047654157 / silvanagrippa8@gmail.com

December 14th: Dear all, I want to pick up a friend from Chennai airport at 8 am and then go back to Auroville. If necessary, we can leave earlier, I don't mind waiting. So 3 seats available on the way to Chennai, 2 on the way back. Who would like to share a taxi? Please call or message me 7639318742. Best wishes, *Jelly*

December 16th: I will arrive at Chennai airport at 8.15 am of December 16th with Emirates. If you are arriving or leaving on a flight about this time and want to share the cost of the taxi, let me know by e-mail to: evm.lang@gmx.net. Thanks, *Evmarie*

December 17th: I will go from AV to Chennai airport about 4 pm. For sharing pl. call Peter: 8525893396 or contact e-mail: peter.pressnitz@gmail.com

December 17th: I am arriving in Chennai Airport on Thursday, 17 Dec 2015 at 12h30 am (Midday). Please contact me if you wish to share a taxi with me to come to Auroville. Contact cell: +91 7742515599. Home: (91) 02974 235 681. Email: [MonaMotta . monatmam@gmail.com](mailto:MonaMotta.monatmam@gmail.com)

December 19th: We are having a taxi leaving around 8 am from Auroville the morning of December the 19th; empty car to pick up one person at the Chennai airport. Please contact me (7639319959 or ally@auroville.org.in) for taxi sharing if you are going to the airport that morning or coming back to Auroville midday. Best regards, *Ailly*

December 19th: Hi, a taxi will go to Chennai to pick up one person landing at 8 pm. please contact me for sharing by call or message: 7639318776 or mail: kayamilena@yahoo.de. Thank you, *Kaya*

December 23rd: I will pick up a friend at 2:30 am from Chennai airport and go back to Auroville afterwards. We can leave any time in the evening (22nd), I don't mind waiting. 3 seats are available on the way to Chennai, 2 on the way back. Contact: 9585550273 or carotenthoff@gmail.com - Thank you, *Carla*

WORK OPPORTUNITIES

Looking for Office Administrator for New Era Secondary School (CBSE)

Ness, Aspiration, would like to invite applications from Auroville graduates for the post of full-time Office Administrator with the following capabilities:

1. Enthusiastic, hard-working person with undergraduate degree in any discipline.
2. Spoken and written language fluency in English (and preferably Tamil).
3. Experience in word processing and other Windows applications such as Excel, photoshop, etc.
4. Some knowledge of basic accounting and secretarial skills would be a plus.
5. Willingness to commit for preferably 2 years.

Adequate remuneration/maintenance will be provided. Please send your letters to: nesstrust15@auroville.org.in

HEALTH

On milk products consumption

Every time that I hear the cows cry in despair when their babies are taken away from them so that we can consume milk, I wonder how it is possible that while every mother cares intensely about her babies, we, humans can forget the pain that a cow must face when her new-born is taken to his death. If this was vital for our wellbeing, it would even be acceptable.

My mother ran after me with a glass of milk as a child. I grew up thinking milk was vital. I now know that every child refuses another animal's milk when it's first given to them. Our society conditions us to consume dairy and the advertisements brainwash us into believing it's vital. As a doctor I have learnt that the opposite is true. I found out that osteoporosis, breast cancer, prostate cancer, ovarian cancer, acidity, IBS, asthma, chronic cold and coughs, joint pains, depression and other problems may be a direct result of consuming foods that nature did not mean for us. I have helped thousands of people prevent and reverse diseases just through eating correctly. When we are used to dairy products we hate to be weaned from them, even if it's killing us, but if we give it a try, we often feel much better.

When I consumed dairy, I had to look the other way when the cows cried as their babies were whisked away on those trucks. When I stopped dairy, my eyes also opened to the ecological destruction that raising cows brings. By saving them the dishonor of artificial insemination and the grief of the repeated loss of their young ones, we can also secure a better future for our own children.

Dr Nandita Shah, *Quiet* [To know more write to: nandita@sharan-india.org]

EATING OUT

From Well cafe team

Dear all,

This is a reminder that Well cafe has a covered space for the rainy days - please come and enjoy our vegetarian and vegan Mediterranean food. We will have our Christmas world buffet on December 24 [Price for guest Rs 550 / AV and N.C Rs420]. Please book at: 2622219. With love, *Well cafe team*

GREEN MATTERS



Reflections on 'Home' by a guest of Auroville

Tsunma Nawang is a French Buddhist nun who, having just arrived in Auroville on Sunday,

walked into the screening of the documentary HOME at the Pavilion of Tibetan Culture. This well-known movie with its stunning visuals and stirring message was shown by the Green Center in support of the over 2000 events and marches that took place globally on the eve of the Climate Change Conference in Paris - Here is what she wrote:

Home

As a citizen of France, where the international discussions on the Climate have just started while all demonstrations are strictly forbidden across the country, I was extremely happy and grateful to be able to join the Climate international mobilisation organised on Sunday 29 at the Tibetan Pavilion.

An Aurovilian friend I invited to come along with me commented, "What's the use, this Paris COP21 is going to be another governmental hypocrisy". I cannot deny that she may be right. But I feel any movement is good, and I believe in the power of symbols, especially massive international citizen movements. Interestingly, the slogan of the film 'Home', which was screened for that occasion, wittily counteracts disbelief: "IT IS TOO LATE TO BE A PESSIMIST".

As I watched the film, moved by the breathtaking beauty of the images, my heart got broken again and again and I even cried. What have we done to the earth and all these beautiful creatures; what are we doing to ourselves? However I try never to over-indulge in that sort of sadness, because as long as there is life, there is hope... I also believe that many powerful forces on this earth, visible and invisible, are waiting for us humans to change and take truly care of our home, the earth - they are here to help us once we collectively make the effort.

As I watched the movie, seeking a way out of overwhelming sadness, and an effective, practical way to help us all change direction, my mind was racing. What can help, not just us as individuals, but for the masses to awaken, at least to the issue of "home"? Then I noticed, just below the movie screen, a Buddha statue. Perfect embodiment of peace, of deep,

relentless inner work - surely in resonance with what you call the integral yoga... Why had it been placed there? To entrust the issue to the Buddha's blessing? An offering of the earth to the Divine? A source of inspiration for the audience? Maybe all of it. But in answer to the search for a solution to the pending huge planetary disaster, I saw the Buddha posture almost shouting "Contentment".

The movie mentions "moderation" as part of the solution; contentment goes possibly a step farther. It is the opposite of greed - greed that is killing the planet. I believe putting an end to greed is the most urgent measure needed, and yet the problem is that being greedy is so fashionable. Promoting greedlessness is to go against the grain, as corporations spend BILLIONS of dollars every year in promoting greed and desire for whatever they want us to buy.

Let's check ourselves, within ourselves, but let's also promote contentment, and let's spend - oh well, not billions dollars, we don't have them - but as much as we can in radically countering the 'Greed Credo', showing how ridiculously childish it is - besides being invasive, aggressive and destructive. Counterbalancing the global greed marketing obviously starts at home; but it is also needed visibly out there, in the public eye and consciousness, in any advertisement and marketing operation. The advertising industry is extremely smart and hires the skills of some of the world's top psychologists and artists. To counter and/or transform all this calls for equal skills and creativity. How precisely this can be done is not yet very clear to me as I share these reflections as a humble offering, but I trust that a changed consciousness can develop the right strategies and issue into courageous, effective action.

Follow the progress of the world summit on climate action currently taking place in Paris through the media and/or the updates of many dedicated organisations.

Auroville Green Center invites you to share 'anything green' for a healthy Auroville, Bioregion and planet Earth. avgreencenter@auroville.org.in

For AV Center: Jasmin, Lisbeth & Bridget

Notes

The Relation between the Small Crystal and the Big Crystal

Once I went to the bottom of Matrimandir (Lotus Pond) with my friend. He raised a number of questions about the small crystal. I could not answer them directly. He asked: Why is the crystal so small whereas the crystal in the chamber is big? What is the relation between the small crystal and the big crystal? What do the two crystals represent? Luckily I recollected some ideas related to these questions from the study of Sri Aurobindo's 'The Life Divine' and 'The Secret of the Veda'. I have used them to get answers to these questions.

Matrimandir represents the Universal Existence. The big crystal in the chamber represents the Supreme contained by the Mother, Aditi, the indivisible Consciousness - Force and Ananda of the Supreme. In terms of Consciousness the Universe is divided into three parts: upper Superconscient, middle Conscient and lower Inconscient. In the Superconscient there is Light (Knowledge), endless Light; darkness (ignorance) has room no more. The middle Conscient, which contains Mind, is half knowledge and half ignorance. The Inconscient, which is below the Conscient, is made up of Material Existence. Here there is Darkness, endless Darkness; light has room no more.

The three states of Consciousness of the Universe are the results of the involuntary process of manifestation followed by the Consciousness - Force of the Supreme. In the Superconscient realms of Existence the will of the manifested being follows the Will of the Supreme and as a result the Superconscient Existence is full of light, completely free from ignorance. In the Conscient part of the Universe, where mind is included, the will of the being of the Mental Existence is not one with the Will of the Supreme and has followed its own course of manifestation. Since it has lost the total vision of the Supreme, the mental being is limited in its consciousness and power. It is in a state of half knowledge and half ignorance. Sri Aurobindo says that this Mental Existence is in a state of separative Ignorance. In the Inconscient part of the Universe the involuntary process of manifestation, following the state of separative Ignorance, culminates in the creation of Inconscient and Inert Material Existence.

The big crystal in the Matrimandir chamber represents the Supreme in the Superconscient part of the Universe. The small crystal in the Lotus pond represents the same Supreme in the Inconscient part of it. There is only one Supreme. In order to distinguish the two different states of Consciousness of the Supreme in the Universe, the two crystals, different in size, are used. The crystal in the Lotus pond is smaller in size because the Supreme in the Inconscient is in a state of separative Ignorance. The presence of two crystals in Matrimandir is a little bit confusing, but it is inevitable. The architects of Matrimandir have done their best in representing the universal, subtle and ethereal matters in concrete physical terms involved in the manifestation of the Universe. It is for us to fill up the gaps in our knowledge about Matrimandir and to increase our understanding of it from the study of the works of Sri Aurobindo and the Mother.

Once Champaklal, an Ashramite, noticed the black colour of the skin on the legs of Sri Aurobindo. He asked Sri Aurobindo whether he had been to the Nether World (Athala Paathaala Loga). Sri Aurobindo replied "of course, I had been there". What Sri Aurobindo did was as follows: He ascended to the Supermind and united himself with the Supramental Being. Then he descended towards the Inconscient part of the Universe and reached it through the Overmind, Mind and Life. There Sri Aurobindo noticed the Supreme as a streak of Light, lurking in the Inconscient Inert Material Existence. It is strange to note that in the Matrimandir the small crystal represents the Supreme in the Inconscient Universe, and that Sri Aurobindo's experience reveals the presence of the Supreme as a streak of Light encased in the Inconscient.

Submitted by Somasundaram

We can have community transport if we will it

There are 200+ car drivers (owners) in Auroville, maybe more. On a ball park estimate from perusing the parking lots in community resident parking lots, from public places parking during the day and events, the breakup is as follows: 10% bicycles, 80% 2-wheeler mechanized transport (mostly fossil fuel), 10% four wheeler mechanized transport (mostly fossil fuel).

200 x Rs 2 lakhs = Rs 400 lakhs (Rs 4 crores) were spent on 4-wheel motor vehicles

1200 x Rs 50,000 = Rs 600 lakhs (Rs 6 crores) were spent on 2-wheel motor vehicles

30 x Rs 3 lakhs = Rs 90 lakhs were spent on transport vehicles owned by services of Auroville

Monthly the fuel, maintenance, annual insurance etc. cost: 1430 x Rs 1000 ~ Rs14.3 lakhs (Realistic figure will be Rs 15 lakhs or more).

If there was a collective will we would have got a good community transport long back. If there was a collective will all our children would be riding good bicycles given to them by the community for free. Our seniors would have sufficient options in the mornings and evenings to go to work, partake in community events at will or within quite a flexible schedule. The healthy and willing would be using bicycles to work or for leisure. We would use electric bicycles to supplement summer and hot periods of the day.

Families could use car pool from the AV taxi service that would maintain the vehicles for shared use.

Pondy trips would be done frequently to ferry persons, buy goods. Mini-load carriers for general use would be scheduled and shared. Busses would be used to ferry children in the school time, groups and mass movement at other times, mini vans to ferry seniors on routine routes. We would have a community transport that we would have been proud of; like the green cover, but that is thanks to Mother Nature.

Even if today, those who own cars gave Rs 2 lakhs each to a community transport pool, we would have the first real step towards a community transport. I am sure each of these car owners can afford it and I am sure a Rupees 4 crore corpus fund would take us a strong step ahead in the right direction. Any willing Transporter? (I start with a pledge of Rs 2 lakhs)

Chandresh Patel

The Celestial Performance

"...the principal reason why man has been created: to act as a bridge or bringing point between the kingdom of nature mineral, plant, animal and the kingdom of the soul which is man's true homeland" (David Sprandler. Vision of Findhorn. Anthology. Published by Findhorn Foundation, Scotland, 1978, p.81).

The November in Auroville was very rainy, cloudy. But I was lucky that on 6th Nov. before the morning light about 5 am the sky was clean and I could see from Aspiration community the planets ("wandering stars") parade: the moon (quarter of the full moon), Jupiter and Venus were in one row and close to one another in the Leo (Lion) constellation. The Greek name for the moon is Selena and Greeks knew that the "selenites" creatures live on the moon; they never use cellphones, computers, and motorbikes. The moon has not its own light but uses the sunlight as a mirror. Jupiter is the super god for all other gods and goddesses. Venus is the goddess of love and beauty. It was a divine company. According to a special heavenly grace I could see these planets and the dancing angels around them. It was a great charm, a real fairytale in the sky.

The Aspiration community isn't an optimal place for astronomical observations. Many trees cover it like a jungle or botanical garden. In 1968 there was only one tree at the centre of the future community, a tamarind. Now this tree does not exist anymore but instead we have other huge trees, with many names: peepal, Boddhi tree, Buddha tree (The botanical name is *Ficus religiosa*). In the Boddh Gaya (Bihar State) the Lord Buddha received enlightenment under such a tree. The peepal tree is sacred in two religions: Buddhism and Hinduism. It has a relative: The banyan (*Ficus bengalensis*).

In 1968 only a few trees were on Auroville's territory, you had an excellent view of the starry sky. But from a scientific point of view the day events in Auroville 1968 were more important. The sun beams touched the nude ground and returned into the Cosmos. For the planet's biosphere this energy was lost, it is called: entropy. Now the green cover of Auroville catches the sun beams and transforms them in oxygen and biomass.

A Frenchman who arrived in Auroville in 1969 with the Caravan from Paris was surprised by the silence in the Auroville territory: there wasn't one bird's voice in the semi-desert landscape. Now we constantly have bird concerts during the day and the night: crow voices, myna, kingfisher, dove, owls, etc. His Holiness the Dalai Lama visited Auroville in 1973 and afterwards in 1993. He said during his second visit that twenty years ago finding some shade in Auroville was a problem but in 1993 there was no problem anymore.

Colline and Jean in Two Banyans have grown forest for about forty years. When they started the biomass was a half-ton per hectare, now it is two hundred tons and eventually it will be two thousand tons. In the forest there are two main movements: One of them - the green parts move towards the sun - positive heliotropism. But the roots move in the opposite direction, it is called negative heliotropism. The evolution created these two movements for unity, for the Glory of Life.

Our city-"Utopia" - has existed for almost a half century. Many remarkable human beings, animals, plants are in the city at this time. I especially like Matilda - the rat snake about three meters long and very thick - It used to live in the Two Banyans forest - Now Matilda's spirit lives in Aspiration community. We together admired the parade of planets and agreed that the Divine Grace is endless.

Boris

18 Acres

Dear All,

We are all more or less aware of the urgent priority to acquire the remaining land located in the master plan area to complete the physical basis for AV.

But funds for purchase are limited. For this reasons priority categories have been made to select land, which is offered for sales.

Beside sunlight, air and water, food is a component, which we can't categorize as a 2nd priority for our needs to keep the body alive.

At present the whole world including Tamil Nadu drifts towards a general food availability crisis. Therefore AV has to grow its food on land that invites to do so.

Since a few months a brilliant opportunity has shown up on the desk of the Land Board, which so far has not been acknowledged by the community at large. A land of 18 acres has been offered for sale, which is located in the traditional paddy growing area of Irumbai, and water from the rain-water-catchment-tank (Irumbai Lake) secures the irrigation for 5-6 months per annual. Additionally a large open well and an agriculture bore well are ready for backing up the irrigation. These 18 acres allow large-scale basic food agriculture, which AV so badly requires for its future existence.

Grains and rice supply from AV farms have even not reached 25% of its present demands but everybody speaks about doubling AV's citizens up to 5,000. Nothing to this approach - AV has to grow - but supply of basic food items from AV farms have also to increase. At present funds for AV's food security development are scaring low.

Town development means also to show responsibility to develop existing farms to maximum productivity, purchase high potential agriculture land and build up new farms. To stop or slow down land purchase in the Greenbelt following an explicit policy would \could create irreversible damages for AV's development. A refined process for land purchase has to be implemented, which shows responsibility for AV's food security, water shed protection etc...

Since AV belongs to Humanity as a whole, Governments all around the globe should be addressed to help with funding requests for securing the remaining non-AV lands in the City and the Greenbelt]

With concern for the near future,

Herbert

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music
Every Thursday at sunset
From 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc.
Dear Guests, please carry your Guest Card with you - No photos there.
Access only for the Amphitheatre from 5.15 to 6.00 pm.
Please be seated by 5.25 pm

Amphitheatre Team

INVITATIONS

SINGING FROM THE HEART

Guided by Upahar and friends
In Sve-dame, Butterfly Barn, On Friday, 11. December, 5.30-7.30 pm

Come let's sing in celebration of life & joyful connection with divinity, through heart songs and mantras...

THE TEACHERS CENTER

Invites teachers and parents to the next Conversation on Integral Education

Together we will watch a TED talk by Ken Robinson called "Do schools kill creativity?"
There will be time for sharing after the films.

Venue: Teachers Centre, SAIER
Tuesday 1st December at 4 - 5.30pm

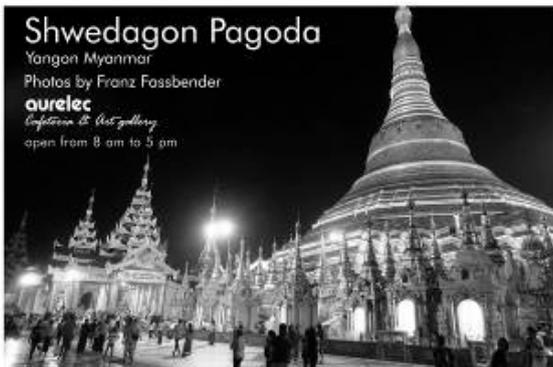


FUTURE SCHOOL OPEN HOUSE AND FUNDRAISER

This coming December the 11th, there will be a Future School open house! There will be sandwiches, a flea market to scavenge through, games, a handful of entertaining performances (by students!), cakes and so much more! If you and everyone you know passes by on Friday, the 11th of December between 2 PM to 5 PM, we would be more than happy to welcome you (and your wallet :)"

Ágúst Leó

EXHIBITIONS



Shwedagon Pagoda
Yangon Myanmar

Photos by Franz Fassbender

aurelec
Cafeteria & Art gallery

open from 8 am to 5 pm

CLASSES, WORKSHOPS

WELCOME TO THE WOMEN TEMPLE

In Sve-dame, Butterfly Barn
Wednesday 9th of December, at 7 pm till 9 pm
(Door opens at 6.45 & we start together on time)

"The relationship we have to other women reflects the relationship we have to our own feminine essence. We take a stand for a new way of being a woman together on this planet. Together we can heal and transform into a relationship of celebration and empowerment" - Chameli Ardagh of Awakening Women Institute

In the temple group we explore, worship and celebrate our feminine power through meditation, movement, touch, introspection, beauty and wisdom of sisterhood. The space we create together and the exercises help us towards soulful connections - we meet behind our personal stories.

Welcome to bring a friend and a flower or two!

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

8th December (Tuesday)

•Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises

•Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'The Inner Being'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.org.

QUIET HEALING CENTER: WORKSHOPS

Woga 1 with Dariya

Monday 14 December 2015 - 9.00 am - 5.00 pm (6 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

Woga is the union of two words: water and yoga. Thanks to a decrease of gravity, water offers an ideal environment for Hatha Yoga asanas in combination with Pranayama, the control and regulation of the respiration. The warm water sweetens movements, unblocks articulations, and lengthens and melts muscles.

Water yoga is based on classic yoga poses and stretches, which are modified for standing in the water - waist-to-chest high. You do not need to know how to swim. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool!

Focus of Woga 1 is Hatha Yoga in water (asanas in standing position, on the wall, in floating position, and also under water). No previous experience required; also no need to attend Woga 2 to participate in this class.

Woga 2 with Dariya

Tuesday 15 December 2015 - 9.00 am - 5.00 pm (6 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

The program of Woga 2 focuses on pranayama, meditation and eutony (movement that balances mind and body).

No previous experience required; also no need to attend Woga 1 to participate in this class.

Couples in Flow with Dariya & Daniel

Wednesday 16 - Thursday 17 December 2015 - 9.00 am - 6.30 pm (15 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

A 2-day journey for couples to relax, connect and celebrate. We offer a safe space and simple explorations on land and in water, where you can rediscover one another in new ways of intimacy. You will also learn easily applicable skills to hold space for each other, fun ways to be together, and connect with others in the group.

This workshop is inspired by aquatic bodywork (Watsu, Liquid Flow etc.), Tantsu (simple ways of holding and massaging on land), free dance, deep listening... and our innate longing to play, connect and simply be.

Space is limited to 6 couples. No previous experience required; also no need to know how to swim!

THEORY AND PRACTISE OF SOUND HEALING



SVARAM

A Training Workshop Organised by Svaram

In this basic course you can discover and learn about one of the ancient gifts of healing which now is gaining ground again as a prime and simple, accessible means of

self-alignment, empowerment and individual and communal harmonization.

Introductory course offers the opportunity of a thorough exposure and immersion into the vast subject of Music and Medicine and can benefit the layperson's personal growth journey, deepen the practise of yoga aspirants, as well as enhance the professional work of therapists, educator, health and social workers, and wellness specialists.

Subjects and contents that will be explored experientially, in deepening reflection and cognition:

Nada Brahman - The World is Sound

The Human Embodiment as an Instrument

Music and Medicine

Integral Healing and Wholeness

Course Structure - Date & Time

Introduction

Friday (11.12.2015) 5-7 pm - Introductory Session

Saturday (12.12.2015) 9 am -12 and 3-6 pm - Material and Sensory Explorations

Sunday (13.12.2015) 10 am- 12:30 pm - Deepening Process
3 pm - 5 30 pm - Healing Sessions

Training and Practise

Tuesday (15.12.2015) 9 am - 5 pm: Principles of Practise, Working with Instruments

Wednesday (16.12.2015) 9 am - 1pm: Defining your own Sound Journey

Logistics of registration to be arranged through SVARAM Office - Email: svaram@auroville.org / Phone: -91- 4132622220

Contact Person: Karthik, Pradeep

Room and board through AV Guest Service: [avguest@auroville.org.in](mailto:avguest@auroville.org)

DANCE THEATER INTENSIVE WORKSHOP

By Jay Emmanuel (Artistic Director) / Clara Henry (Principal Performer)

ENCOUNTER X is a highly exclusive research workshop brought to you by Eluciole Circus. For the first time in India, Encounter will open their doors to share their improvisation and composition method. We will collectively research the relation between movement, text, space, and techniques of composition.

Participants will be encouraged to confront their physical habits and develop a strong sensibility for discipline and authenticity in movement and the spoken word. During each session, Jay Emmanuel (Artistic Director) and Clara Henry (Principal Performer) will also work with offering feedback.

ENCOUNTER is an international dance theatre company, based in Paris. Known for their unique style of work, combining influences from dance and theatre, they engage in experimenting with pushing the boundaries of body.

All levels welcome - Sat 5, Tues 8, Sat 12 Dec: 9.30 am-12.30 pm

Eluciole Circus, Miracle Community+91 9787332791 (Kalou) +91 8130748236 (Jay) / eluciolecircus@gmail.com

TWO DAY DRAWING WORKSHOP IN CREATIVITY STUDIO

Dec. 11-12 / 9-12 and 2-4

We all have our own unique way of drawing, come explore your own.

All materials provided. Guests 500

Everyone else by donation.

Please call Audrey 262-2641, leave your no. on the answering machine. Only six places available.

RESTORATIVE CIRCLES

Restoring Trust, Connection and Communication.

With L'aura, supported by Janet & Shanti

Sat, Dec 12 - Sun, Dec 13: 9.30am-5pm, with lunch break

Day 1: An introduction to Restorative Justice & Restorative Circles /-Learning how to listen for deeper meaning / Demo of the RC process, step by step

Day 2: Practicing the RC process / Discussion and next steps: Exploring justice & practical applications in Auroville / What would a living Restorative System look like?

Restorative Circles: address conflict between people within the context of their community; support dialogue amongst those directly or indirectly involved in a conflict; encourage reflective listening so that everyone has an opportunity to speak and be heard; uncover the underlying unmet needs or concerns that trigger conflict; bring about holistic, transparent solutions that meet needs and restore community.

For more information or to register, contact L'aura: joylivinglearning@gmail.com, 9442788016

NVC DEEPENING* WORKSHOP: "THE SURPRISING PURPOSE OF ANGER"

With L'aura Joy, CNVC Certified Trainer

Wed, Dec 2: 9.30am-4pm with potluck lunch

Anger is often seen as a negative force that we should either control or bury. The energy behind anger can be scary and even painful, both for the person feeling the emotion and for the ones witnessing it. But why does anger emerge? Is there any meaning we can make of this strong emotion? Is there a deeper message at the core? Yes! Come and explore together...

Intermediate level: Prior NVC experience required.

For more info and to register, contact L'aura: joylivinglearning@gmail.com, 9442788016

SCHEDULES



DECEMBER WORKSHOP PROGRAM

Permaculture Introduction Dec 5th - 6th, 8am - 5pm with Martin	2 Days Workshop of Blending Theory and Hands-on Principles of Permaculture, Design Methodology, Soil and Ecosystem, Basics to create a Permaculture garden.
Holistic Energy Healing Dec 11th -13th, 9am - 5pm with Sandhya	3 Day Workshop on Self-healing and Healing in Service to Others. Powerful Techniques & Wisdom to Heal on a Cellular Level, Restore Organs & Re-generate the Whole System. Healing is not a miracle! Healing is accessible to everybody
Renewable Energy Dec 12th -13th, 8am - 5pm with Jorge	Introductory Course to build a Small Wind Turbine Learn about Wind Energy, Build & Assemble - Carve Blades, Manufacture a Magnet Generator. No experience necessary!
Thai-Yoga-Massage Beginners Course Dec 19th-29th, 9am - 5pm. with Itzhak and Bebe	Principles, Foundations & Dynamics 60-80 hours intense training - Instructions & Practice Yoga & Meditation 6.30am - 8am optional Info: www.thai-yoga-massage.org

Venue: TerraSoul Community at Windarra Farm Please register: sandyra@auroville.org.in, or contact per sms: 944 3619 403

VERITE

Please contact Vérité to register for the following workshops: 0413 2622045, 7094104329 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

WORKSHOPS IN VÉRITÉ: (24 hour advanced registration required)

LIVING FROM THE HEART with Julie

Wednesday 9 December - 9.15 am to 12:30 pm

Are you at a crossroads in your life? Do you want to figure out the path you're meant to walk on, and walk it? In this dynamic and interactive workshop with certified life coach Julie, you will get more insight into how to align your life to your dreams. You will connect to the answers within and learn how to work with your inner critic.

JULIE a Certified Life Coach from the Coaches Training Institute in London, Julie combines her extensive coaching,

yoga and business consulting experience to facilitate clients finding insight and purpose.

SOUTH INDIAN ORGANIC COOKING with Rajaveni & Suba
Friday, 11 December - 9.30 am to 12:30 pm

Participants will pick some fresh organic vegetables from the garden with a local team, and then learn how to cook them with traditional recipes, and enjoy eating the results!

RAJAVENI is an Aurovilian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the last 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.

AYURVEDIC HERBS FOR DAILY USE with Dr. Geeta Auropremi
Friday 11 December - 9:30 am to 12:30 pm

A holistic approach for maintaining health through herbs and spices that can be used in daily life and diet.

DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and

Pediatrics, a YTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy.

CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan
Saturday, 12 December - from 9 am to 12:30 pm

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner's perspective on inner healing.

DR. YOGESH MOHAN, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.

A DAY ON DEATH AND DYING with Susan

Saturday, 12 December - 9:30 am - 4:30 pm

Does awareness of death help people make the most of their lives? In dialogue, and through a variety of practical and expressive/creative exercises, we will explore our beliefs and attitudes towards death and dying. This one day workshop is an opportunity to delve into an essential aspect of reality that is often not discussed.

SUSAN has years of experience in individual and group counseling, workshop facilitation, mental health and oncology (cancer) support, with an educational background in Social Work and Expressive Arts Therapy.

NEW WEEKLY CLASSES IN VÉRITÉ: (drop-in)

Meridian Exercises & Yoga with Yaor - every Monday and Wednesday from 9 to 10.30 am and every Tuesday and Thursday from 6.45 to 8.15 am

Breath Connected Yoga with Shakti - every Monday and Thursday from 5 to 6.30 pm (except Dec 14, 17 & 28)

Parent-Toddler Yoga (1 ½ to 3 years old) with Shakti - every Wednesday from 11 am to 12 pm

Sivananda Yoga with Mimi - every Saturday from 6.45 - 8.15 am

Hatha Yoga in Iyengar Tradition with Olesya - every Saturday from 5 - 6 pm (starting 12 December)

CLASSES:

- **Adult and Children Yoga classes** with Gala are temporarily suspended until further notice.
- **Classical Hatha Yoga with Marcela** - Thurs 9.30am -11am a new

class for mixed abilities.

Please see December schedule in last week's News for full class details.

WORKSHOPS

- **Thai Yoga Massage Training** - Sat Dec 12th & Sun 13th 9.00 - 12.00 & 13.30-16.30 with Bebe Merino & Itzhak Helman. www.thai-yoga-massage.com.
- **Pranayama Course The Art of Living Part 1** - Dec 9th to Dec 12th, daily 6.30am - 8.30am with Namrita & François. Please phone/email Pitanga reception for a workshop place

FILM

Forks Over Knives Thurs Dec 10th at 7.30pm: This film provides an overview of the 20-year China-Cornell-Oxford Project that led to Professor Campbell's findings, outlined in his book, *The China Study* (2005) in which he suggests that coronary disease, diabetes, obesity, and cancer are linked to the Western diet of processed and animal-based foods (including all dairy products) and that most degenerative disease can be controlled, or even reversed, by avoiding the common diet of animal-based and processed foods.

THERAPIES

Appointments are currently available for the following by contacting Pitanga reception:

Acupuncture with Morgana, Psychomotor Relaxation with Camille, Reflexology Therapy with Pricilla and we have the following new therapies.

Ayurvedic Massage with Zsolt - Strengthening life force and immunity, this massage detoxifies and dissolves stress,

beautifies the skin, heals joint/muscular pain, and regenerates organs.

Lomi Lomi Massage with Zsolt - Healing, relaxing and rejuvenating the body and soul; energizing the skin, muscles and deeper tissues; releasing pain, stress and trauma.

EXHIBITION

"Notes" - water colour and ink drawing exhibition by Helene from Sat 28th - see exhibition section

Pitanga Cultural Centre, Samasti, Auroville (0413) 2622403/2622994 pitanga@auroville.org.in

BAMBOO CENTRE TRAINING PROGRAM FOR DECEMBER - 2015

Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.



Training and Workshop: The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period. The Auroville Bamboo centre offers training to individuals and groups in:

Bamboo Construction

8th to 11th December -4 days - Training Program on Bamboo Construction
28th to 31st December -4 days - Training Program on Bamboo Construction

Bamboo Jewellery

Every Saturday of December-1/2day - TRAINING PROGRAM ON BAMBOO JEWELLERY

Bamboo Toys

Every Friday of December -1 day - TRAINING PROGRAM ON BAMBOO TOYS

Bamboo Musical Instruments

Every Thursday of December -1 day - TRAINING PROGRAM ON BAMBOO MUSICAL INSTRUMENTS

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups.

Contact: 0413-2623806. bambooworkshop@auroville.org.in, murugan@aurovillebamboocentre.org, www.aurovillebamboocentre.org

OPENING THE GATEWAY TO THE VILLAGE

Program for December 2015

Village Tour

Sunday 06/12/15, Saturday 12/12/15, Sunday 20/12/15, Saturday 26/12/15

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike)

Come and enjoy the authentic village experience and celebrate cultural heritage!

Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Cook like a local (Traditional)

Saturday 05/12/15, Saturday 12/12/15, Saturday 19/12/15, Saturday 26/12/15

Learn to make these delicious local dishes and learn how to make flower drawing.

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike). We will finish around 1:00 pm.

Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Please register for all the programs in advance by contacting 0413 2623806 or Mohanamprogram@auroville.org.in.



REGULAR CLASSES

Note from the editors

The *Regular Classes* column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards. **Kindly inform us of any changes/cancellation in your regular event** - the next regular events schedule will be published On January 2nd, 2016. - Editors.

Aikido classes: at Dehashakti/Dana, "Auroville Budokan" - Morning classes: Tuesday-Thursday-Saturday 6.00-7.30 am - Afternoon: Monday-Wednesday 6.00-7.00 pm. Beginners welcome on Saturday morning and the 2 afternoon classes. All students & users need to be part of AV Health Fund or insured by personal insurance. A yearly contribution is asked to all. Guests and Volunteers are required to contribute per class (50% discount for Vol. and -25) About Children classes and more general info, write to budokan@auroville.org.in or visit <http://budokan.auroville.org/> You can also contact Surya (Adult classes): 2623813 - 9655485487 - Cristo (Children classes): 2622356.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or dancshoes.

Art Corner: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community and to help advocate and answer questions about Art Therapy. New timings: Tuesdays from 6-10 pm, upstairs at Le Zephyr Café at Visitor's Center; and Fridays from 4-6 pm, at our Art Cart parked on the Visitor's Center stage. We occasionally move the cart elsewhere for events, please follow our FB page for updates: [facebook.com/sankalpajourneys](https://www.facebook.com/sankalpajourneys) or email krupa@auroville.org.in.

Astrology, its holistic approach: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: Meena, a Tamil Aurovilian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. *Meena*

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator: Samrat, ph: 9655024511, email: samrat@auroville.org.in

Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

Beauty & health for your well-being: Therapeutic Face Pack with HOME RECIPES. Ayurveda Acupressure Body Massage. Balinese Body Massage. Contact person Victoria Perez. Phone: 2622913. Mobile:9488818074

Biodanza: Every Thursday at New creation dance studio at 7 pm till 8.15 pm. With Isabelle, facilitator in supervision. You can practise this life dance. More joy in your life with beautiful music that increases your wellbeing and your health to connect yourself, the others and the environment. It has really some positive effects. The Biodanza is for everybody. You don't need to know how to dance. Contact *Isabelle* 9786400536. Come on time.

Bioregion Tour: Date: Every Saturday - Time: 12 pm till 6.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

Grupo Gingado Capoeira: Monday 7-8:30pm @ New Creation dance studio. Wednesday 6-7:30pm @ Bamboo Farm (near Imagination) .Friday 6-7:30 @ New Creation dance studio Saturday 4:30-5:30 Music Class @ Bamboo Farm (near Imagination) Classes led by Instructor Camaleao (Jeremy) with over 20 years of Capoeira experience. For more info visit www.gingadocapoeira.in / info@gingadocapoeira.in .Axe!

Capoeira (Ginga Saroba Group)

● ADULTS >> Monday: 5.15 PM - Bharat Nivas (Sawchu) | Tuesday & Thursday: 6.00 PM - Deepanam | Wednesday & Friday: 7.00 AM - Town Hall (Plaza), weather permitting ● KIDS >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid ● CONTACT >> info@ginga-saroba.com - 9488328435 (Sam) - www.ginga-saroba.com

Circus class: Every Monday: with Romain Timmers acrobatic, aerial, balancing work, juggling. Please wear yoga type clothing. From 4pm to 6pm at Eluciole circus. Miracle community

Working the CHI with Mauna: Venue: Joy Community Guesthouse Hall (Center Field). Date/time: Wednesday and Friday - 5 to 6 PM (or longer). Starting on Wednesday 9th of September Working the CHI' are sessions that focus on consciously approaching, understanding and learning to sense, recognise and guide the CHI in one's system. CHI, known in various world views as qi, ki, prana, ruach, pneuma, lung, num, baraka a.o., was referred to by the Mother as the 'inner, or true vital' (29 May, 1962, Agenda Vol.3) and may play an essential role in one's integral yoga, spiritual development and general well being. Mauna is a Dutch, long-term Aurovilian who started off in the Ashram in 1971. Having studied t'ai chi chuan in the Stevanovitch 'School of the Inner Way', she has been giving t'ai chi classes in Auroville throughout the nineties, which resulted in the currently well established school in Sharnga. These 'Working the CHI' sessions can be seen as a kind of pre-crèche to the same. Please bring loose clothing. For more information please contact Mauna at 9663168323 or Joy Community at 9488240778.

Clay classes for children and adults with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards *Saraswati* 9787571633

Cooking class: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December.

These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114.Meha.

Dance Offering : Listening - Allowing - Unfolding - Celebrating - Offering: with Dariya and friends
Thursdays 5 - 7 pm in Verite Hall

Sharing a unique space to be, to express, to connect, to communicate and offer our prayers with free dance and contact improvisation. Everyone is welcome ! Thank you for coming on time to begin together !

Drawing: Every Tuesday in Creativities Atelier/Studio is an open studio focused on drawing. Help is there if you want it 2-4:30. From 5-7 is figure drawing. All materials provided for both.

Exploring Meditation: Every Wednesday from 5.15 to 6.15 PM. Witnessing our inner world using different meditation technique that were used by spiritual traditions around the world. No previous experience needed.

Venue Pavilion of Tibetan Culture International Zone. Auroville.
Facilitator- Yahalom Emet from Djaima Community.
For information call 0413 2622401 or 8489067332 or 7639404518

Feminine dance: Tuesdays at 4:00 at Cripa hall (in Kalabumi). Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are helpful. galit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 4 to 5:30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India), now Ekaa. Languages: English, Italian Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, discovering personal resources, past life regression.

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Ikebana lessons: Ikebana - The Japanese Ancient Art of Flower Arrangement (Sogetsu School of Tokyo). Classes for all levels. For further information please contact: Valeria Raso Matsumoto, cell.9442992827, valeriaraso@hotmail.com

Improvisation theater workshop: Every Fridays at 4.30 to 6pm, in Sawchu (Barath Nivas) Come and play, learn, practice improv exercises. Feel free to come, it's free session Jeff 94 86 47 53 67 and Ema 99 43 97 00 34

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela: the game of the self knowledge (2000 years old): come play the game of your life. **Sundays, 9.30 to 12** (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEDAME, Butterfly Barn in German, English, Spanish, French, Italian and Russian. In SVEDAME, Butterfly barn. Contact Veronique j. 948 85 12 678 (leelathegame.blogspot.in)

Marbling & Lampshade Training: Marbling is a method of play of creative painting with surface design, which can produce patterns similar to smooth **marble** the patterns are the result of color floated on either plain water or a viscous solution known as **size**, and then carefully transferred to an absorbent surface, such as **paper** or fabric.

Timing: Every Thursday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.500 Requested (come and learn take one lampshade with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Martial arts: We are happy to announce that the self defense classes will start again from Tuesday 28th onwards. At terrasoul community, Windarra farm. The classes will be held every Tuesday and Thursday, from 5.30 pm to 7 pm. They will be taught by Martin Bastide who has more than 10 years practice in different martial arts, including Kung Fu, Pencak Silat, Krav Maga, Kick Boxing, Thai Boxing, Taekwondo and Tae Jitsu. The style taught is a synthesis of the principles of these different martial arts, with a clear orientation towards effectiveness and practicality. All levels are welcome. Come and join us to train in a respectful environment.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Modern Jazz Dance: Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The Class will start from the 12th of December. Call for more information - 9585335776

Nada Yoga: Monday 1:30 pm to 3:30 pm (for new students with appointment) / Tuesday 1.30 pm to 3:30 pm - In Creativity hall of light. Nada Yoga or Yoga of sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition, with these techniques, During the classes we will also learn many devotional songs. Contact Hamsini: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has taught it for 5 years.

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. tejas@shaktidancetroupe.com. +91-8489477222

OM Choir: "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Pottery ceramic Training: In **art history**, ceramics and ceramic art mean **art objects** such as figures, **tiles**, and tableware made from clay and other raw materials by the process of **pottery**.

Timing: Every Wednesday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.350 Requested (come and learn take one tea cup with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Salsa in SAWCHU: Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovillians, Newcomers and Guests.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Silent Meditation Among Friends: Pavilion of Tibetan Culture: Wednesdays and Fridays: 5 to 6 pm (starting January 16th)

We invite you to Silent Meditation with Carsten Marsch who has been practicing Zen meditation since early 1980s with various Zen groups in Europe, USA and New Zealand. He will give a brief instruction on Zazen (Zen sitting posture) at the beginning of each meditation session. Everyone is welcome and requested to arrive a few minutes early, as meditation will begin promptly at 5pm. "You should sit in meditation for twenty minutes every day - unless you are too busy; then you should sit for one hour." old Zen adage

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointment 958 516 58 82. Thank you

Somatic Explorations: with Maggie every Wednesday from 5-6pm in Verite Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465.

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri:7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Spontaneous Singing:

Just welcome the song that is here/Just let the music cross you/Just connect to your inner song/Just connect to the divine in you

Just enjoy the surprise of what you can create And share...

With Antoine -97 86 401741. Every Wednesday 5-6 pm - last: oct.28 .Creativity - Hall of Light - Free donation

Réception francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email: - tamil@auroville.org.in)

Tai Chi Hall: Tai Chi @ Sharnga: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Tuesday and Thursday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. 127 form on Wednesdays and Saturdays from 7.30am-8.30am.

Thai Yoga Massage: Workshop A inner exploration of the body, energy and spirit .Every Sunday from 9.30 to 12 am. In Terrasoul Community (Windarra Farm). In the Sunspace. All levels. Juan mv. 9443434182

Theater class and Use of the Voice for Actors and People who want to Speak in front of an audience class:

Use of the voice class: every Wednesday 10.15 to 12.30 at Cripa. We explore techniques on breathing, resonance, voice and we also focus on the correct English pronunciation.

Theater class: every Thursday 10.15 to 12.30 at Cripa. We explore many different methods and theatrical languages from Stanislavskij to Michael Checov, Strasberg, Meisner etc. so that the actor can have the larger knowledge of the tools she can use for the interpretation of her character. Those are not workshops, but a regular appointment for actors to train constantly their vocal,

imaginative, physical instruments. Whoever wants to regularly participate to the classes is welcomed.

No experience demanded. For information: francesca@auroville.org.in

Therapies - Vani: Journey to the memory of the body: Journey through the trauma memories in the body, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these past believe systems that keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Radikal Healing.

Awakening the intelligence of the body

Awakening your own healing power, experiencing the Presence within by quietening the thought process and contacting your inner body. Fusion of deep guided relaxation, visualisation, energy work, pranic healing, acupressure & reflexology.

Life Coaching: Using awareness, visualization & imagination techniques

Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

For appointment contact Pitanga: 2622403 or Vani: 9488818072/vani@auroville.org.in. Reiki and Reflexology courses possible on request

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)

Life Coaching: Using awareness, visualization & imagination techniques: Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

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Ultimate Frisbee: Every Saturdays & Mondays, 5pm till sundown at Certitude.Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yash, which was similar to the Grecian harp. Bharata, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's.Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (Ravi for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413- 2623071 / 9786772209

YEP for kids aged 7 to 12: To enjoy activities with other kids & discover Auroville. Every week from Monday to Friday 8:30 am to 1:30pm - Information & registration: yep@auroville.org.in or 7639321750

Yoga classes: New Colors invites you all, for a yoga class on every Sunday at 8:00 am. This class is for all ages. For further details contact: 95855 13279 Mail id: newcolors2002@gmail.com

Yoga Classes: Vinyasa flow classes by Bebe in Creativity every Thursday 5 to 6.30 pm starting on Thursday October 8th , open to all levels .

Zumba classes: with Sathish are resuming at New Creation Dance Studio on Mondays 6-7pm and Thursdays 6-7pm...



C I N E M A - Bharat Nivas - AUDITORIUM

Reminder: Friday 4 December - "SAMURAI - III: "DUEL AT GANRYU ISLAND"

FRIDAY 11 DECEMBER- 7:30 PM (Film show starting at 7:45 sharp)

" AMADEUS "

Directed by: **MILOS FORMAN** - USA, 1984

Cast: F. Murray Abraham, Tom Hulce, Elizabeth Berridge, ...

Synopsis: The story is set in Vienna, Austria, during the latter half of the 18th century. Wolfgang Amadeus Mozart is a remarkably talented young Viennese composer who unwittingly finds a fierce rival in the disciplined and determined Antonio Salieri. Resenting Mozart for both his hedonistic lifestyle and his undeniable talent, the highly religious Salieri is gradually consumed by his jealousy and becomes obsessed with Mozart's downfall, leading to a devious scheme that has dire consequences for both men.

Milos Forman was one of the most important directors of the Czechoslovak New Wave who lived and worked primarily in his country until 1968. After that he settled in the USA. One of his most famous films is "One Flew over the Cuckoo's Nest". Original and integral English version - with English Subtitles - Duration: 2h.40'



THE ECO FILM CLUB

SADHANA FOREST, DECEMBER 11, FRIDAY AT

**7 pm
FINDING JOE**

2011, 80 minutes, Directed by Patrick Takaya Solomon
This unusual documentary pays homage to controversial yet influential mythologist Joseph Campbell (1904-87), and evaluates the impact of his teachings on contemporary culture. The film interweaves original performances of Campbell's stories by a group of child actors, and interviews about Campbell, conducted with pioneers in multiple fields - such as Deepak Chopra, Mick Fleetwood, Akiva Goldsman, Catherine Hardwicke and Robin Sharma. At the center of it all is the defining concept that Campbell referred to as "The Hero's Journey" - the fears, challenges, struggles and battles that one must endure, to evolve over the course of one's life and emerge a changed person.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Schedule of Events:

16:00 free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
20:00 Dinner is served
21:30 free bus from Sadhana Forest back to Solar Kitchen
The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

VISITOR CENTER MOVIE SHOW

10th December Thursday 8pm

MAD MAX: FURY ROAD (2015)

Genre: Action/Adventure/Sci-Fi/ Rated: Above 18 (R)/ Dur: 120min/ Language: English/Subtitle: English

Dir: [George Miller](#)/ Cast: [Tom Hardy](#), [Charlize Theron](#), [Nicholas Hoult](#)

Storyline: A woman rebels against a tyrannical ruler in post-apocalyptic Australia in search for her homeland with the help of a group of female prisoners, a psychotic worshiper, and a drifter named Max.

11th December Friday 8 pm

JUPITER ASCENDING (2015)

Genre: Sci-Fi/Adventure/ Rated: PG 13/ Dur: 127min/ Language: English / Subtitle: English

Dir: [Andy Wachowski](#) & [Lana Wachowski](#)/ Cast: [Channing Tatum](#), [Mila Kunis](#), [Eddie Redmayne](#)

Storyline: A young woman discovers her destiny as an heiress of intergalactic nobility and must fight to protect the inhabitants of Earth from an ancient and destructive industry.

AT SAVITRI BHAVAN

"THE MOTHER ON SRI AUROBINDO"

On the 5th of December 1950 Sri Aurobindo left his body. The Mother said: "Sri Aurobindo is here, as living and as present as ever and it is left to us to realise his work with all the sincerity, eagerness and concentration necessary". And "What Sri Aurobindo represents in the history of the earth's spiritual progress... is a mighty action straight from the Supreme". "Sri Aurobindo has come on earth... to open concretely the route towards an imminent and inevitable future".

The film from 1992 was re-edited in August 2015. Duration: 22 min.

Monday, 7th of December 2015, at 6:30 pm



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 7 December 2015 to 13 December 2015

If you were wondering how to catch your favorite film that you saw at the AVFF or missed out on some really good ones, here is your chance to watch the winning films of the AVFF 2015. For previews, trailers and more information about categories and awards - please connect to the link below: <http://aurovillefilmfestival.org/award-winners-2015/>

AVFF'15 Winners - Monday 7 December, 8:00 pm:

- **L'URGENCE DE RALENTIR (The Invisible (R)evolutions)**

France, 2013, Dir. Philippe Borrel, 85 mins, Documentary, French w/ English subtitles.

Individual and collective initiatives are arising around the world to cope with the continual acceleration of our lifestyles. These alternatives are the last shields against ecological, economic and social disasters, and they are also contributing

to build a new world. *The film will be followed by 20 mins skype conversation with the filmmaker.*

AVFF'15 Winners - Tuesday 8 December, 8:00 pm:

- **GIRL RISING**

International, 2011, Dir. Richard E Robbins, 105 mins, Documentary, English.

From the Academy Award-nominated director, this film journeys around the globe to witness the strength of the human spirit and the power of education to change the world. Viewers get to know nine unforgettable girls living in the developing world: ordinary girls who confront tremendous challenges and overcome nearly impossible odds to pursue their dreams. Prize-winning authors put the girls' remarkable stories into words, and renowned actors give them voice. *The*

film will be followed by 20 mins skype conversation with the filmmaker.

AVFF'15 Winners - Wednesday 9 December, 8:00 pm:

• **EVERYDAY REBELLION**

Austria, 2014, Dir. The Riahi Brothers, 110 mins, Documentary, English

What does the occupy movement have in common with the Spanish Indignados or the Arab Spring? Is there a connection between the Iranian democracy movement and the Syrian struggle? And what is the link between the Ukrainian topless activists of Femen and the anti-government protests in Egypt? The reasons for the various uprisings in these countries may be diverse, but the creative, nonviolent tactics they use are strongly connected. This film is also a cross-media project celebrating the power and the richness of creative nonviolent protest and civil disobedience worldwide. *The film will be followed by 20 mins skype conversation with the filmmaker.*

AVFF'15 Winners - Thursday 10 December, 8:00 pm:

• **AUROVILLE, THE CITY THE EARTH NEEDS**

• **NARRATIVES...THE OBJECT OF ART**

• **TWO FEET TO FLY**

Auroville, The City The Earth Needs: India, 2014, Dir. Olivier Barot, 40 mins, Documentary, English - This film seeks to convey the essence of Auroville. After presenting Mother's dream, the very beginnings of the Auroville project, we hear Aurovilians. Woven together with images of today's reality the film evokes the special atmosphere. Furthermore it provides information on the present state of the project, reflecting on the question "Why Auroville?" and finally presents the various challenges that Auroville faces.

Narratives...The Object of Art: India, 2015, Dir. Masoom Gandhi, 20 mins, Documentary, English - A film on Adil Writer's ceramics, paintings & architecture.

Two Feet to Fly: India, 2014, Dir. Akshay Shankar & Pavitra Chalam, 53 mins, Documentary, English-It is an inspiring film on the unique sport of running. It features six runners who have overcome various personal afflictions through the strength that running bestows.

AVFF'15 Winners - Saturday 12 December, 8:00 pm:

• **KOTTAKARAI CYCLE RACE**

• **THE ART OF FREE PROGRESS**

• **BEHIND THE SCENES OF AUROVILLE FILM FESTIVAL 2013**

• **INDIA'S DISAPPEARING BEACHES-A WAKE UP CALL**

• **SAMA-BHAVVA (Empathy)**

• **SWITCH OFF**

• **HIMSELF HE COOKS**

Kottakarai Cycle Race: Auroville, 2014, Dir. Udhayam Evening School, 14 mins, Fiction, English-A boy from a poor family works hard to make enough money to buy a cycle in order to stand a chance of winning the local cycle race. Jealousy and envy plot to thwart his victory.

The Art of Free Progress: Auroville, 2014, Dir. Bhavyo, Masha & Ahilya, 10 mins, Documentary, English - Several students of Auroville express their views on free progress education.

Behind The Scenes of Auroville Film Festival 2013: Auroville, 2014, Dir. Masha & Antonio, 8 mins, Documentary, English- The activities behind the scene of the last AVFF.

India's Disappearing Beaches - A Wake up Call: India, 2015, Dir. Shekar Dattatri, 15 mins, Documentary, English-India's beaches are disappearing at an alarming rate due to man's mindless tinkering with the coastline. This, the film demonstrates using Pondicherry as a case study. It also shows how, if the root causes of this man-made coastal erosion is understood, not only the erosions can be restricted but the lost beaches can be restored.

Sama-Bhava (Empathy): India, 2015, Dir. Mithran. A, 7 mins, Fiction, English-

The film explores the mutual pain between a dog and a boy.

Switch Off: India, 2015, Dir. Susnata Paul, 5 mins, Animation, English-This film highlights the current energy use patterns and its adverse effect on the environment and other living beings on the earth. It's an attempt to trigger retrospection on how each individual is responsible for this. It stresses on 'switching OFF' appliances when not in use as a strategy to reduce usage and thus taking the first step towards addressing the issue.

Himself He Cooks: Belgium, 2013, Dir. Bertheau & Witjes, 66 mins, Documentary, English-In Amritsar's Golden Temple hundreds of volunteers prepare 100,000 free meals every day. The spontaneous choreography of many philanthropists' hands reveals the essence and atmosphere of this fascinating place.

Children's Film - Sunday 13 December, 4:30pm

• **TARZAN**

USA, 1999, Dir Chris Buck, Kevin Lima and others, 88 mins, Animation-Adventure, English w/ English subtitles, Rated: G A man raised by gorillas must decide where he really belongs when he discovers he is a human.

Ciné-Club - Sunday 13 December, 8:00 pm:

• **IL SORPASSO (The Easy Life)**

Italy, 1962, Dir. Dino Risi w/ Vittorio Gassman, Catherine Spaak, and others, Drama-Comedy, 105mins, Italian w/ English subtitles, Rated: PG

Considered one of the best Italian comedy, the film is a poignant portrait of Italy in the early 1960s when the economic miracle was starting to transform the country from a traditionally agricultural and family-centred society into a shallower, individualistic and consumeristic one. Risi offers a brilliant snapshot of the boom years when poor, war-ravaged Italy suddenly became a go-go nation where the economy boomed, people bought cars and took beach holidays. Where Roberto's dutifulness represents the joyless '50s, Bruno embodies the '60s' new prosperity and recklessness.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Please make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

NB: Messages with large attachments (more than 1 MB) will not reach our inbox.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in