

# News & Notes

29th October 2016.....A weekly bulletin for residents of Auroville.....Number 671



# HOUSE OF MOTHER'S AGENDA

Always in the being of gnosis, in the life of the gnosis some power of the Ananda would be there as an inseparable and pervading significance of supramental self-experience. In the liberation of the soul from the Ignorance the first foundation is peace, calm, the silence and quietude of the Eternal and Infinite; but a consummate power and greater formation of the spiritual ascension takes up this peace of liberation into the bliss of a perfect experience and realisation of the eternal beatitude, the bliss of the Eternal and Infinite. This Ananda would be inherent in the gnostic consciousness as a universal delight and would grow with the evolution of the gnostic nature.

It has been held that ecstasy is a lower and transient passage, the peace of the Supreme is the supreme realisation, the consummate abiding experience. This may be true on the spiritual-mind plane: there the first ecstasy felt is indeed a spiritual rapture, but it can be and is very usually mingled with a supreme happiness of the vital parts taken up by the Spirit; there is an exaltation, exultation, excitement, a highest intensity of the joy of the heart and the pure inner soul-sensation that can be a splendid passage or an uplifting force but is not the ultimate permanent foundation. But in the highest ascents of the spiritual bliss there is not this vehement exaltation and excitement; there is instead an illimitable intensity of participation in an eternal ecstasy which is founded on the eternal Existence and therefore on a beatific tranquillity of eternal peace. **Peace and ecstasy cease to be different and become one.** The Supermind, reconciling and fusing all differences as well as all contradictions, brings out this unity; a wide calm and a deep delight of all-existence are among its first steps of self-realisation, but this calm and this delight rise together, as one state, into an increasing intensity and culminate in the eternal ecstasy, the bliss that is the Infinite. In the gnostic consciousness at any stage there would be always in some degree this fundamental and spiritual conscious delight of existence in the whole depth of the being; but also all the movements of Nature would be pervaded by it, and all the actions and reactions of the life and the body: none could escape the law of the Ananda. Even before the gnostic change there can be a beginning of this fundamental ecstasy of being translated into a manifold beauty and delight. In the mind, it translates into a calm of intense delight of spiritual perception and vision and knowledge, in the heart into a wide or deep or passionate delight of universal union and love and sympathy and the joy of beings and the joy of things. In the will and vital parts it is felt as the energy of delight of a divine life-power in action or a beatitude of the senses perceiving and meeting the One everywhere, perceiving as their normal aesthesis of things a universal beauty and a secret harmony of creation of which our mind can catch only imperfect glimpses or a rare supernormal sense. In the body it reveals itself as an ecstasy pouring into it from the heights of the Spirit and the peace and bliss of a pure and spiritualised physical existence. A universal beauty and glory of being begins to manifest; all objects reveal hidden lines, vibrations, powers, harmonic significances concealed from the normal mind and the physical sense. In the universal phenomenon is revealed the eternal Ananda.

THE LIFE DIVINE, Book II, Ch. XXVII, p. 990 f.: The Gnostic Being

SRI AUROBINDO

The  
Ponder  
Corner

*When one is in the right consciousness,  
then there is the right movement,  
the right happiness,  
everything in harmony with the Truth.*  
Sri Aurobindo  
ref. Letters on Yoga, vol.23, p.1013

Cover: *A light for Diwali*

**Funds and Assets Management Committee (FAMC) September 2016 Report**

Regular members: Anandi (Auroville Board of Services (ABS)), Angela (Working Committee (WCom)), Chali (Sri Aurobindo International Institute of Educational Research (SAIIR)), David (Forest group), Matriprasad (Auroville Council (AVC)), Michael (Auroville Unity Fund (AVUF)), Rathinam (Budget Coordination Committee (BCC)), Sauro (L'avenir d'Auroville (L'avenir)), Ulli (Auroville Board of Commerce (ABC)) and Yuval (Housing Board (HB)). Temporarily out of station (TOS): Jeff (Farm group)

**TRUST & UNIT TOPICS**

The ABS recommended, and FAMC approved, the executive reappointment (after initial 2 year term) of Udhay and Aurelio at Atmasanga Environment Alliance.

The ABS recommended, and FAMC approved, the executive reappointment (after initial 2 year term) of Bithi and Christian at Auro Orchard.

The ABC recommended, and FAMC approved, the executive reappointment (after initial 2 year term) of Antonio, Kumar K. and Ananda, as well as the executive resignation of Aleksey at AV Food Activities.

The ABC recommended, and FAMC approved, the new executive appointment (for initial 2 year term) of Lieve at Auroville Transport Service. The current executives are Saroja and Venkatababu.

FAMC formally approved closure of the unit, Bijou, with effect from 31 March 2015.

FAMC requested the input of ABS and ABC on two versions of the Memorandum of Understanding (MoU) to be used between units and Trusts in response to the new Regulations dated February 2016. It was decided to use a one-page agreement. The agreement will be used for new units only. A separate document for new executive appointments will need to be prepared. Both the ABC and ABS have been notified to start using the one page agreement for new units.

A report of who is both an accounting unit executive (ie Ananda, Kumar, Prabhu, Chandresh, Dheena, Saravanan) and a unit executive which uses that accounting unit was prepared and reviewed. FAMC fully accept that some unit executives are also the unit accountant. It is alright that there are some existing cases of this arrangement. For future considerations however the FAMC strongly discourage this arrangement. ABS and ABC have been notified.

The FAMC received a proposal from Aurovici to create "super units". According to the FAMC members, all units are meant to be so-called 'super units' in that they ideally are creating income for the community as a whole. FAMC requested Aurovici to explain what he sees as the next steps. Aurovici replied and then the members decided to ask him if he will work with Yuval (HB), and others who may be interested, to formulate a concrete proposal for a pilot project using this concept to create a 'super service unit' for all construction and building activities, particularly procurement and distribution of construction materials. FAMC has also asked Aurovici to include an explanation about how this concept is seen to be different from the current units structure and system.

The BCC decided to form a steering committee to oversee "food procurement and distribution" which is related to strengthening the community's relationship with activities such as Pour Tous Purchasing Service (PTPS), Hers, and Pour Tous Distribution Centre (PTDC). The FAMC initially requested the BCC to confirm who has agreed to participate in the steering committee. It was confirmed the participants are Nicole (BCC), Anandi, Daniel, Ribhu, Padmanabhan (BCC), Christine and Gerard. There was an initial meeting in September and it was reported that the general tone of the discussion was positive and it was clear that everyone feels the larger topic of food

procurement and distribution really does need to be addressed. In this light, the FAMC wrote to the BCC supporting the steering committee to look at food procurement and distribution as a whole. FAMC suggested that the survey carried out last year should be used as a base and starting point to review the situation and make recommendations for improvements in all the units covered in the survey (PTPS, PTDC and Hers).

Related to the steering committee conversation Farm Fresh was mentioned because it is also a food outlet/shop. It was agreed to contact the ABC with a request to take up this topic as a priority. What is the vision of Farm Fresh in relation to being an Auroville unit?

**FINANCE TOPICS** - *nothing new this month***LAND TOPICS**

L'avenir recommended leasing Auroville land, about 2 acres, to Tamil Nadu Generation and Distribution Corporation Limited (Tangedco) to establish a 33-11KV substation. It was noted that L'avenir and the Land Board (LB) will have to have a detailed discussion about the terms of the lease. The agreement needs to be signed by the Secretary, Auroville Foundation. It was agreed that for now an 'in principle' agreement can be established. The FAMC wrote to the WCom in support of this request to forward to the Office of the Secretary, Auroville Foundation.

The FAMC several times discussed the Auroville beach lands that are disappearing due to severe beach erosion. An expert from Chennai, a contact provided by Mr. Chunkath, is due to meet soon with knowledgeable Aurovilians to give advice on possible short-term solutions to save this valuable land from further erosion.

**HOUSING TOPICS**

FAMC was requested to determine if an Aurovillian was eligible for reimbursement according to the "Newcomer reimbursement towards Auroville housing" policy. The FAMC found that the individual, now an Aurovillian, is eligible for reimbursement and requested that one of the parameters for calculating the amount of reimbursement be changed. In response to the Housing Service (HS) request for a reduction, the FAMC approved the monthly deduction calculation be changed from 0.4% to 0.3%. The HS were informed concerning the individual request, and also to make all the necessary changes to the policy.

The Sacred Groves project holders expressed to the FAMC some concern that the HS was not providing support for the project, like it does for other Auroville housing projects. The FAMC requested the HS to inform potential stewards of housing available in the Sacred Groves project, like it does for other housing projects. It was clarified by the FAMC, because HS has expressed concern, that upon completion each housing asset will be assessed by a professional and when it is deemed to be safe, it will be considered as all other housing assets build in Auroville. Also, any future housing asset repair request, which is 'usual' and 'reasonable', HS should provide comparable repair and support as per standard processes.

A family requested a Rs. 20 lakhs housing loan, to be repaid Rs. 20,000 per month for up to 8 years. During the sharing it was reported that the new housing asset they had sought was allocated to someone else. Also, the currently stewarded housing asset was proposed to be used as an office, temporarily, however the HB did not agree. FAMC asked the family what is the current status of their request; stated its agreement with the HB about the current housing asset remaining residential; and mentioned that stewardship transfer of the current housing asset will help finance a new place. FAMC did not receive a reply as of the end of this reporting period.

The AVC recommended two new community-at-large representatives to the HB: Elaine and Prabhu. The FAMC expressed support for Elaine and Prabhu to join the HB for a

three month initial trial period, as per the mandate. AVC were informed.

#### OTHER TOPICS

The Farm group informed the FAMC in July that they wanted to take back Service Farm to be a functioning farm. FAMC replied that the Farm group does not have authority to make this decision, and some Farm group members were invited to a meeting to discuss the matter. Priya, Vivek, Gowri, and Tomas, along with Sandeep and Suhasini of the Land Board (LB) met with the FAMC. During the sharing Tomas reiterated the Farm group proposal, and the reasons to revive Service Farm. Suhasini shared that it needs to be assured which land is available for exchange as negotiations can take several months and the situation shouldn't change mid-talks. FAMC asked Gowri if she wants to move to the New Service Farm plot, adjacent to Sustenance farm, which has been allocated to her several years ago. She confirmed that she does want to move there. The conversation then focused on how to make this happen. It was agreed a subgroup will move it forward.

FAMC met with the Working Committee. In conversation with Carel, Hemant and Ranjith it was agreed a clear and accurate record of lands being used by outside entities is needed; it was decided the FAMC and WCom will announce to residents to inform about any existing agreements involving Auroville land. New agreements will not be entered into for a time (i.e. for one year). In future any land related agreement can only be made with the approval of both the FAMC and WCom; the Office of the Secretary, Auroville Foundation will need to be notified also.

L'avenir submitted the contractor agreement for the Mahalakshmi Home project to the FAMC for review and approval. The FAMC approved it with two changes: to include provision for 'in case of dispute' which is agreeable to both project holder and contractor, and the defects liability period should be changed from 180 days to one year. FAMC replied to L'avenir to go over these details with the project holders.

A new Auroville Health Scheme policy has been drafted and was submitted for FAMC review and comments. The work is quite detailed and it was agreed that individual member responses would be compiled and sent to the subgroup who prepared the draft, which included representatives from the Auroville Health Fund, Budget Coordination Committee, Working Committee, Sante, and the FAMC. This was done.

In response to the Promesse residents' request, FAMC invited three residents, and two Land Board (LB) members, to talk about the pending Promesse land survey and other Promesse-related matters. Bithi, Velu and Prabhu attended and shared their concerns: a. please give notice when the survey team is coming; and share the results of the survey; and from the FAMC they wanted clarity about any Promesse land exchange: is it happening or not? During the sharing it was agreed that the LB will call Prabhu regarding the survey. FAMC also assured the residents that if a land exchange will directly impact any of them, they will be supported; otherwise no exchange is being discussed. The residents are not against a land exchange; they want to be given plenty of notice and support. It was agreed by all present: it is clearly a valuable piece of land.

#### Following up from previous reports

FAMC requested input from both the BCC and Guest Facilities Coordination Group (GFCG) regarding what exactly the 20% contribution is calculated on. Back in April the FAMC had stated that it should be on the cost of the room and breakfast. This point was not taken as a directive by the guest houses. Finally FAMC heard back from the BCC and GFCG in September. Then it was clarified by the FAMC that this is a decision that should be implemented with effect from 1 April 2016. Also, the BCC suggested, and the FAMC agreed, that requests for any exception need to be submitted and reviewed by the BCC. *FAMC replied with this clarification to the BCC and GFCG.*

The Sunship housing project holders requested a construction loan. During its review, the members expressed genuine

concern that there are no new / additional people signed up for the project since March 2016. The project holders were requested to submit an interim technical and financial report indicating the stage of advancement of the project according to the schedule of work approved in the agreement with the contractor, and to know in what increments funds are needed over the next several months: amounts and time frames. Sunship revised their request and the FAMC approved, to keep the construction on-going, a loan of Rs. 40 lakhs to be repaid with donation installments expected from future stewards, some of which are Aurovilians and some Friends of Auroville by 31 March 2017. The project holders, and the Financial Service, were notified.

### **TDC/AVENIR Financial Report: 1<sup>st</sup> April-30<sup>th</sup> September 2016**

The total expenses incurred by L'avenir d'Auroville/TDC from April 2016 to 30<sup>th</sup> September 2016 corresponds to Rs. 24,54,306/- (24.54 lakhs). The income received in this period is the following: 3.88 lakhs from City Services, 0.37 lakhs from project contributions, 5.23 lakhs from Stichting de Zaaier for the Water Monitoring project, 15.00 lakhs from GOI grant, 0.12 lakhs from other donations & 26.47 lakhs is the reserve from the previous years.

#### The break-up of overall costs is given in Table 1.

Table 1: L'avenir Office Overall Expenses 2016-17  
(Amount in Lakhs rounded up figures)

|                       |              |
|-----------------------|--------------|
| Human resources       | 16.56        |
| Topographical surveys | 0.18         |
| Capital expenses      | 0.77         |
| ACUR expenses         | 2.25         |
| Running costs         | 4.78         |
| Travel & visits       | -            |
| <b>TOTAL</b>          | <b>24.54</b> |

Human Resources represent the major share of expenses for an amount of 16.56 lakhs. This category includes Aurovilians on maintenance as per existing guidelines, external staff, consultants and volunteers. There are also Aurovilians who work part-time or full-time in L'avenir d'Auroville without receiving any maintenance and they are not accounted.

Table 2 gives a break-up of cost (total does not tally exactly due to round up of decimals) for the department of Human Resources. Annex 1 gives further details of the scope of work that was carried out under Human Resources and other annual or monthly costs.

Table 2: L'avenir d'Auroville Human Resources 2016-17  
(cost in Lakhs)

| Categories under Human Resources                             | Cost         |
|--|--------------|
| Maintenance of Aurovilians<br>(11 full time and 3 part-time) | 9.64         |
| External staff   | 3.32         |
| AV & External Consultants                                    | 3.20         |
| Volunteers   | 0.40         |
| <b>Total Human Resources</b>                                 | <b>16.56</b> |

Consultants' expenses that normally represent costs incurred under Human Resources have been greatly reduced during six months, no major new engagement has been undertaken in the last six months periods. Costs under "Consultants" include external professionals (3.01 lakh) as well as Auroville registered units (0.19 lakh). There are also consultants who are retired professionals and are offering their service without any costs except for conveyance and transport. The details of the staff are given in the annexure below.

#### **ANNEXURE: HUMAN RESOURCE L'AVENIR/TDC**

- **Maintenance of Aurovilians**

- Committee Members:** The TDC is a committee constituted of 10 people but three members have resigned and not yet been replaced through community process. One member Cristo M, Regional Planning has received maintenance for the full period.

**b. Auroville Technical Staff:**

- o *The following members has received a full-time maintenance (Rs 16,230/-) for the following functions:*
  - Ms. Deoyani, GIS and land use (April' 16-June'16)
  - Mr. Vinayagamurthy, GIS (April'16-Sept'16)
  - Mr. Anbu, Survey and Mapping (April'16-Sept'16)
  - Mr. Ramesh, Water monitoring project (April16-Sept'16)
  - Mr. Boobalan, Site supervision, land protection, asset survey (April'16-Sept'16)
  - Mr. Manu G, Special Housing Project Sacred Grove (April'16-Sept'16)
  - Mr. Paul Vincent, Land protection (April'16-Sept'16)
  - Mr. Dheena, Accounting and reporting (April'16-Sept'16)
  - Mr. Tom, Planning & implementation of water related projects (April'16-Sept'16)
  - Ms. Vallideivanai @ Meera, WAT Consultancy & Engineering (April'16-Sept'16)
- o *The following staff has received a part-time maintenance:*
  - Mr. Rik, GIS and mapping (6000/- April'16-May'16)
  - Ms. Divya , Secretary (10,295/- April'16-Sept'16) joined the iTDC from May
  - Ms. Gillian, Coordinator for Solid Waste Management (8115/- April'16-Sept'16)

All maintenances are running according to the guidelines and policies of the BCC and the HRT. It has to be noted that on request of the FAMC and Working Committee, the TDC has absorbed in 2012 all GIS and mapping experts in the other service units of Auroville in order to provide a unified city service.

• **External Staff**

The following are the external staff employed from April 2016 to March 2017 with related assignments:

- o Mrs. Vijayavalli, part-time secretary and building application, 9,200/- per month including school allowance + social security's and social benefits (April'16-Sept'16).
- o Mr. Karthikeyan, attached to the Auroville Foundation Office 23,000/- per month from April 2016 to Sept 2016 + social security's and social benefits.
- o Ms. Priya, Full time Secretary: amount paid 9,335/- per month from April '16 to Sept'16 + social security's and social benefits.

• **Consultants**

The following units/consultants have been employed during 2016-17:

**External Consultants:**

- o Mr. Balamurugan consulting fees amount paid 1.75 lakh for Bommayarpalayam panchayat village development work.
- o Mr. Govind amount paid 0.90 lakh retainer fees as a quantity engineer for Work Allocation Team and other projects evaluation.
- o Mr. David Stein amount paid 0.36 lakh paid for Green Belt Master Plan related work
  - **Auroville Units:**
- o Auroville Wind System: amount paid 0.18 lakhs for road design.
  - **ACUR costs:**

The TDC occupies 202 square meters in the Town Hall, one full wing on the second floor and shares part of the other wing and the library. The cost for the maintenance of this space is 35,000/- per month covers the following:

- Security 24 hrs
- Maintenance, repair and cleaning of the office
- Maintenance of office furniture and equipment, hardware and software
- Electricity & generator (diesel and maintenance) & UPS maintenance.
- Water
- Internet access and hardware/software assistance
- Waste disposal
- Maintenance of Town Hall Garden

In addition TDC has contributed to ACUR a one-time amount of 15,000/- for the annual tour of Town Hall staffs & workers.

• **Miscellaneous Costs**

- o Travel and visits are mainly cost for Local trips especially to Chennai, Vanur and Villupuram to meet government officers, Taxis for WAT meeting and other allowances etc amount to rs 62,194/-

Other major office expenses are

- o Computer maintenance & stationeries (55,490/-)
- o Telephone & internet (48,054/- x 4 lines).
- o Capital expenses: are related to computer systems, with high configuration and Internal & External HDD Backup Disk (48,800/-), water monitoring related equipment's, rain gauge etc. (27,700/-).

For further information concerning this report, please contact [avenir@auroville.org.in](mailto:avenir@auroville.org.in)

## ANNOUNCEMENTS

### Outcome of the 3 day Selection Process 2016

#### Mission accomplished

**9 new members of FAMC:**

Amy, International House  
Bindu, Prarthna  
Chali, Madhuca  
Chandresh, Certitude  
Lyle, Fraternity  
Prabhu, Promesse  
Stephanie, Discipline  
Ulli, Fraternity  
Yuval, Utilité

**7 members of WCom:**

Angela, Alchemy  
Carel, Samasti  
Hemant, Grace  
Inge, Courage  
Kumar, Arc en ciel (new)  
Mandakini, Maitreye (re selected)  
Ranjit, Mangalam

**9 members of AVCouncil:**

Elisa, Auromodel (new)  
Enrica, Ami (new)  
Marc, Madhuca  
Martin, Samriddhi (new)  
Matriprasad, Prayatna  
Mita, Courage (new)  
Renuka, Arc en Ciel  
Sandyra, Windarra  
Sundar, Douceur

Approximately 700 Aurovilians were proposed in July 2016. As the process unfolded it narrowed down to 78 names. No one was disqualified during the feedback process.

**Qualities of the event:**

- Holding a space of abundance
- Organized friction
- Infrastructure with consciousness

See the pictures of the 3 groups on Auronet (or click [here](#)).  
Auronet version link: <https://www.auroville.org.in/article/59526>

Coming soon: In-depth report, Auroville Radio streaming and Welcome Celebration.  
*The RAS Team*

## Clarification session with Chartered Accountants for filing Income Tax returns

Dear Community,

We have arranged a session with South India Regional Chapter (Pondicherry Branch) of Institute of Chartered Accountants of India for a clarification seminar in relation to filing of Income Tax Returns for all who holds a foreign bank account. A couple of Chartered Accountants have agreed to be available for a question and answer session.

Date: 3rd November 2016

Time: 10:30 am.

Venue: The SAIER Conference Hall

*The Working Committee*

## Mentor Pool Gathering

Dear Mentors,

You are warmly invited to a second Mentor Pool gathering on the 5th of November, from 4:00 - 6:00 pm. The venue of this meeting will be announced in the next N&N and will also be sent to your inbox.

This will be a forum to share our experiences of the past few months, address concerns and share the work of the AVC sub group following the implementation of the new policy.

Thanks and regards,

*Auroville Council subgroup on Entry*

## From the Entry Service - N&N No - 671 - dated 29.10.2016

Our team is happy to announce the following persons as Aurovilians, Newcomers and Friends of Auroville. We will wait two weeks for Newcomers and one month for Aurovilians from this publication for your feedback before confirming.

**NEWCOMERS ANNOUNCED:** (click [here](#) to see the pictures posted on Auronet)

Babu ELANGO VAN (Indian from Kottakarai), staying at Azhagu Bhoomi, working at Botanical Garden

Carounagarane RAMACHANDIRAN (Indian from Sanjeevi Nagar), staying at Matrimandir Nursery, working at Mohanam Cultural Centre and Atma Sangha

Gerard BEUSEN aka Jerry (Dutch), staying at Terra Soul, working at SAIER Teacher Centre

Gopal KRISHNAN (Indian from Kuilapalayam), staying at Center field, working at Farm Fresh and Dehashakti

Manikandan GANESH (Indian from Kuilapalayam), staying at Celebration, working at La Piscine and YouthLink

Nimila ARUN (Indian from Morattandi), staying at Promesse, working at Arulvazhi School

Nithya VELMURUGAN (Indian from Sanjeevi Nagar), staying at Discipline, working at Lively

Rajan M. (Indian from Alankuppam), staying and working at Buddha Garden

Saranya SELVAKUMAR aka Sathya (Indian from Kuilapalayam), staying at Blossoms Homestay, working at Omega Accounting Office

Velanganny RAMALINGAM aka Janaki (Indian from Pondicherry), staying at New Creation Field, working at Aikiyam School

**CHILD OF A NEWCOMER:**

Pradnya CAROUNAGARANE (Indian), born on 15.06.2005, studying at Aditya Vidhyashram

Varunya CAROUNAGARANE (Indian), born on 21.06.2009, studying at Aditya Vidhyashram

Siddharth SELVAKUMAR (Indian), born on 10.08.2015, staying at home

Magizhan MAGIZHAN (Indian), born on 22.06.2015, staying at home

Mirvind ARUN (Indian), born on 29.10.2011, studying UKG at Vasuki school in Pandy

Ruthran ARUN (Indian), born on 19.05.2015, staying at home

**AUROVILIANS ANNOUNCED:**

The following people are ex-children/students of Auroville becoming Aurovilians:

Devi PALAKODETI (Indian), staying at Promesse, studying in Future School

Savarigiri MOORTHY aka Dinagar (Indian), staying at Centerfield, working in Future School

Saomya PICHAIKARAN (Indian), staying at Sharnga, working at Urban Farming and at Sharnga GH

Sophie PIVIN (French), staying at Dana, working at Auroville Library

**AUROVILLE YOUTH TURNED 18 BY SEPTEMBER 2016:**

Aravind BOOMI (Indian), staying at Auromodele and studying at Centerfield, working in Future School

Dhivyaprasath RAMAN (Indian), staying at Service Farm and studying at Mahendra Engineering college at Namakkal, Tamil Nadu

**FRIENDS OF AUROVILLE:**

Peter WALSH (USA)

Robin VERMA (Swedish/Indian)

Cecilie VERMA (Swedish/Indian)

**AUROVILIANS CONFIRMED:**

Anandha Jothi GANESH (Indian)

Celine DEVAUX (French)

Louise Anne Marie OVERBEEK (Dutch)

Nils LALLEIKE (German)

Vijayan KUPPAN (Indian)

**NEWCOMERS CONFIRMED:**

Chloe SANCHEZ (French)

Prashant NAVARE (USA)

Sudha VELU (Indian)

Tamillanthi SELVARAJ (Indian)

Ulrike STRASSMANN (German)

The Entry Service is open to the public every day from 9:30 to 12:30 and from 2:30 to 4:30 except on Tuesday morning (team meeting) and Sunday.

B-Forms and Recommendation letters: on appointment only.

For more information on joining Auroville, please attend one of our regularly held Welcome talk.

At your service, *The Entry Service team*

## L'avenir d'Auroville / TDC - Site and Building Applications feedback - 29th Oct 2016

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication.

The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L'avenir d'Auroville / TDC issues a NOC (No Objection Certificate). This happens once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.

It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

**INDIVIDUAL PROJECTS**

• Site Applications

1. Ami & Kalya, Kiosk for Food and Beverages in Visitors Center on plot no IR 228/2B approx. 110 sq.m.

**Project writes up given by the project holder:** Royal Element & Kalya's Delights would like to build an outlet shop to sale varieties of Cakes & ice cream at the Visitors Center.

-Project Title: Cakes & Ice cream parlor

-Proposed Site Location: Visitors Center

-Project Holder: Ami & Kalya

-Architect: Suhasini  
-Contact Persons: Ami & Kalya

**Description:**

-Plot No: IR 228/2B  
-Total Area of the project: 110 sq/m  
-Build up Area: 80 sq/m

**Target Group: Aurovilians and Visitors**

**Background:**

-Triggers: Quality products  
-Goals/Objectives: Need to generate funds for Auroville.

- Building Applications: No new BA

**COLLECTIVE PROJECTS**

- Site applications: No new SA
- Building Application: No new SA

For additional information, please write to [avenir@auroville.org.in](mailto:avenir@auroville.org.in), call 2622-170 or come directly to L'avenir d'Auroville/TDC office in the Town Hall.

For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L'avenir d'Auroville/TDC

**FOR YOUR INFORMATION**

**Concept for "Marika Senior Home"**

After Marika's passing away in summer 2016 the Auroville Housing Board offered her house to Auroville Health Services for senior living purposes. We want to express our deep gratitude to Housing Board, FAMC and Samasti Community.

Marika's house is situated in a beautiful big garden surrounded by a colourful Bougainvillea-hedge. It is part of Samasti Community and immediate neighbor to the Cultural Center Pitanga. All this creates a perfect atmosphere for our first senior home in Auroville.

The seniors who will live there, possibly 5, can enjoy first of all the house itself, then the garden around, the general quietness in Samasti Community and Pitanga with its cultural richness - musical concerts, exhibitions, yoga workshops, dance classes, massages and other kinds of body treatment.

Each senior has her/his private room and there is a common space like a dining area, activities and a corner for watching TV/films.

Health Services team will provide the required care gives according to the needs of the seniors. One caretaker will live in the house. Our doctor is visiting every day. It will be a natural opportunity to train our people on the spot and will serve as a meeting place for the whole team. One room will be kept free for hospice care.

Fund raising needs to be done: first of all for furniture as the house is now empty. The future will show the running costs. It should become a place of peace and joy, trying to meet the difficulties of aging with serenity, living together in the spirit of Auroville. Please donate to Account Marika Senior Home: 251922

In gratitude,  
Amarnath, Friederike, Mechtild for Auroville Health Services

**From the GFCG / Guest Registration Service**

We are happy to announce that our desk in Town Hall is again open in the afternoons.

Guests are welcome for registration to any of our desks, either in Town Hall or in the Visitors' Centre, mornings 9:30 - 12:30, afternoons 2:00 - 5:00.

We want to remind all Aurovilians that ALL personal guests, foreigners or Indians have to be registered with the GRS within 24 hours of arrival!

Thank you!  
Lieve for GFCG

**Safety Notes from AVSST**

Dear community,  
The new team has completed its sixth month of activity :) Our civilian guards have largely helped to maintain a peaceful atmosphere in Auroville.

As Aurovilians we need to set the example and not behave in a way which we might not want from others or which might disturb others. Please keep in mind, Auroville is on Indian soil and therefore subject to Indian laws.

Public social gathering has an impact on the life in Auroville and its peace. Uninvited guests end up roaming around

Auroville looking for a party and therefore create an often unfriendly traffic (people looking for some fun). Guests of the party might enjoy bike rodeos / races on AV roads but in the process end up waking up and disturbing people who didn't ask to share these nocturnal enjoyments.

The Aurovillian patrols are on and slowly growing in number. Their help has been crucial to reduce the number of incidents inside the city and prevent them. This is the direction Auroville Safety & Security is taking: making each Aurovillian responsible for the safety of Auroville instead of delegating to a few individuals what we do not want to deal with.

**Reminders:**

- Do inform your guest of safety and driving habits inside Auroville. Share with them the Auroville Safety & Security numbers to call us in case of emergency.
- If you are expecting visit of non Auroville residents coming with a four wheeler, please inform us of the date / name / destination for the check-posts to welcome them.

**Safety recommendations:**

- Keep our phone numbers in your phone's directory to be able to call us in case of emergency.
- If you need assistance but do not have a cellphone, inform one of the guards posted at Visitor Center Checkpost, Certitude Checkpost, Solar Kitchen, Gaia or Transition. Note that the guards have to report to us prior to intervening in a situation.
- Travel accompanied at night. We recommend you to travel safely accompanied in the evening and at night time.
- Call our escort service if you need at 9443090107. Note that we only escort people who have a cycle, moped, bike or scooter. Our service stops at ending time of public events (generally 10 pm).
- We encourage each of us to be aware on the road and within the communities' premises of potentially unwanted people.
- Inform your watchman or house sitters to contact us immediately when there are any people / incidents to be reported.
- Keep bags on your person instead of in cycle baskets.
- We recommend isolated community and houses to keep a watch dog.
- Women of all ages and modest dress codes have reported harassment. Be wary of three boys on a bike and do not stop for local men asking for directions.
- For post- incident support and counseling you may call the Women's help line (open in the morning) at 262-2425 or email AV health services [avhs@auroville.org.in](mailto:avhs@auroville.org.in).
- Report every incident even minor either by phone or email!

Our team is constantly working on improving safety in Auroville; however your support and co-operation is indispensable to move forward.

**Auroville Safety and Security contacts:**

- Emergency: 9443090107
- Office 0413-2623400 (Town Hall - from 9.30am to 12.30pm & 2.30pm to 4.30pm)
- Email: [avsecurity@auroville.org.in](mailto:avsecurity@auroville.org.in)

## A P P E A L

### Financial Support Needed for Urgent Operation

*Shaktivel* has an appointment with CMC Hospital in Vellore for an urgent kidney transplant. For this OP he needs to pay 6.5 lakhs on the 17th of November of which he only collected up to now 1.7 lakhs.

Please donate to his health account at Financial Service, Acct No: 252340.

Any help is needed and helpful, thank you.

*Angelika and Shaktivel (Solar Kitchen)*

## P O S T I N G S

### New born

Dear community members,

We are happy to share with you that our baby girl Laila was born on the 13th of October in Pondicherry. We would like to thank all the beautiful people who helped us in the journey of bringing to the world this ray of light. *Nadia, Laila and Clapton*

### Unity Transport on 29/10

Dear Customers, Unity Transport will be open on 29th and 30th of October (Diwali) for Airport pick-ups and drop trips only. We will not be able to do Local trips, however for an Emergency trip please call *Krishnan* at: 9443362218. We regret the inconvenience.

AV Accessible Bus: Reminder: **NO BUS ON DIWALI 29/10**

PTDC: closed on 29/10. Happy Diwali

### Reminder: Matrimandir's Significance

It is the Soul of Auroville and a Place of Silence and Concentration. It is not meant to be a 'park' in the normal sense for socializing, but a place to Realize the Divine Within. PLEASE RESPECT THE SILENCE! - Love and Gratitude, *Ricardo*

### Tirupati Smart City Project

Tirupati stood 4th in Smart City Challenge. Auroville Consulting assisted Tirupati Municipal Corporation in the preparation for the Smart City Challenge under the Ministry for Urban Development. Auroville Consulting provided inputs to sustainable features for the area based development plan for the pan city solutions. *Iram for Auroville Consulting* (+91 9489470383 - [aurovilleconsulting.com](http://aurovilleconsulting.com))

### Rats in the Seats

Dear Community members,

This is a request from the Bharat Nivas not to bring any kind of food inside Sri Aurobindo Auditorium. We would like to stop rats eating up portions of seats along with left over crumbs. Unfortunately quite a few seats have suffered that fate.

Please help us to keep the Auditorium clean and un-interesting for rodents and other creatures.

Thank you, *The Auditorium Team - Bharat Nivas*

### Unity Pavilion needs volunteers for this weekend

October 29th and 30th (Saturday and Sunday), to help with arrangement, and serving tea and lunch, morning and/ or afternoon, to support this community building workshop!

Please phone 2623576, [unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in). *Shivaya*

## L O S T & F O U N D

### Ladies light sweater (Found):

During FilmFest, someone left behind a ladies light sweater (purple, knitted). If it's yours, please call *L'aura*: 9442788016

## A V A I L A B L E

### Organic Vegan Cheese

Organic Cashew Cheese, Mix Herbs cheese ("Boursin"), Vegan Choco Mousse, Chocolate coconut Truffles, Hummus and Organic Pasta Sauces are available in Farm Fresh, Food Link, Hers and PTPS. For our production we use only organic raw cashews from Auroville.

Enjoy!

*Vegan Essence*

### Fruit Trees available!

Out of our nursery from Discipline Farm there are now ready to pick up Fruit Tree seedlings (small bags): Kodai Lemon (fruit 10 times bigger than normal Tree Lemon) 160, Bergamotte Lime 30, Kafir Lemon 30, Bush lime (round) 40, Avocado (purple/green) 80, Dates 45, Sweet Lime 36, Sour Soap 60, Atemoya 30, Orange 22, Kumquat 17, Chickoo 25 (numbers) and little amount of normal Lemon, Narthanga, Pithanga, Malabar Chess nut, Grape Fruit, Raff Lime, Tangerine/Mandarin, Jack fruit, Papaya (red/yellow) plus some others. All between 30-80 Rs each. Please come on Mon, Wed, & Thur of the week between 9am to 12pm and 2pm to 4pm. Thank you, *Velmurugan - Discipline Farm*

### Planting Time

We have the following vegetable seedlings ready for planting:

Lettuce, basil, capsicum, eggplant

Please come in the mornings to select your plants!

*The Auroville Botanical Gardens*

### At the Pharmacy

Dear Community, The Pharmacy at Av Health Centre is happy to inform you that we have received Citrobiotic (Grapefruit seed extract) from the supplier at a special lower price.

### Surfboard

7.6 ft, white INDI surfboard, made in August 2016... almost new, including fins & leash, please contact *Stephanie*: 9943106616 for details.

### 5 KVA Honda generator

4 stroke petrol engine - Good condition, recently serviced. Fixed contribution. Kindly contact *AV-Archives*: 262 2054

### Electric bike

Simple bicycle for a man - For details contact *Prem Shakti*: [premsakti@auroville.org.in](mailto:premsakti@auroville.org.in) / 9489244823

### 2 kittens

Two lovely kittens are looking for a home. Hello everyone, we have a male kitten that is black and white with lovely bluish green eyes and a female one which is gray with a white tummy and face. These two have such great loving personalities and can bring a smile to any face. They are past 6 weeks old. They look forward to meeting you and hopefully have you as a forever family.

If you are thinking of adopting, please contact *Chandana*: 9626651380 / [kirana.chandana@gmail.com](mailto:kirana.chandana@gmail.com)

## LOOKING FOR ...

### Looking for extra working hours

*Arumugam* has been part of the *News&Notes* team continuously for over 20 years now, and is doing a great job as you know. He would like to find an additional part-time work in the Auroville area. All options are considered. Own bike, so he can do errands, shopping, home-delivery, drive and pick-up kids/adults, restaurant work, etc. English spoken and written, reliable, good team worker. (We are happy to give reference for him, please contact [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)). For any offer, please call *Arumugam* 8940431717, thanks! *News&Notes*

### A washing machine

Hello community, we at PonyFarm are looking for a washing machine to share. If you have one in good condition to donate or for a reasonable contribution please contact me: 7094787692 - *Elide*

### Electric Kettle

*Divyanshi*, a long-term volunteer, is looking for an electric kettle to borrow for a few months. If you can help, please contact [divyanshi.0222@gmail.com](mailto:divyanshi.0222@gmail.com) or [sophie@auroville.org.in](mailto:sophie@auroville.org.in) (9486475972). Thank you! *Sophie*

## THANK YOU

### Deeply grateful to Sindhuja and Daniel

Dear Community,  
We are deeply grateful to Sindhuja and Daniel for their commitment, dedication and important contribution in these last two years of their participation in the Auroville Council.  
We take this opportunity to wish them the Best for their future endeavors.  
Warmly,  
*Auroville Council*

### My Burning Heart

Dear friends,  
I wanted to thank all the seven (seven!) communities which hosted "My Burning Heart" during October, a monologue (taken from a Satprem's interview) and directed by Moghan.  
The performance will stop for a couple of months and will be resumed in January. This time the event will be performed at Cripa and at the Library and other communities - so whoever wanted to participate but couldn't, will have a new chance to see it.  
The monologue will also be performed in Italian.  
Thanks to all of you that shared and supported this deep and meaningful experience with us.  
From the Heart, *Francesca*

## ACCOMMODATIONS AVAILABLE AND NEEDED

### House available 1

House available in fertile for November - December months. Contribution needed. Contact *Christine*: 9489805493

### House available 2

My house in Quiet will be available for housesitting from 19th Nov to 17th Dec and involves looking after a cat and 2 dogs. If you are interested please email me - [shahnandi@gmail.com](mailto:shahnandi@gmail.com) or SMS 9488483286 so we can speak and meet. *Nandita, Quiet*

### A used bike

Looking to buy a used bike! Please contact me at: 8098363153/ E-Mail: [oscar-ep@hotmail.de](mailto:oscar-ep@hotmail.de) . *Oscar*"

### Going to Germany?

Is anybody traveling from Auroville to Germany in the next weeks? Matrimandir Calendars and AV Planners have to go to Berlin (AVI Germany). If someone is willing to transport them to Germany we would be happy. Quantity and weight can be totally adjusted and any postage will be reimbursed. Please call or email [tine@auroville.org.in](mailto:tine@auroville.org.in) or phone 0413 290 96 19. Thank you!

### Someone going to Bali

If you are going to Bali at any point in time kindly contact me. I would love to give you something to connect with a project there. Thank you so much! With a smile, *Ulrike* 9442069249

### Volunteers for Unity Pavilion

Unity Pavilion is in need of volunteers for this weekend, October 29th and 30th (Saturday and Sunday), to help with arrangement, and serving tea and lunch, morning and/ or afternoon.

Please phone: 0413-2623576, [unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in)

### Thank you...!

To all "Restoring Connection" FilmFest enthusiasts! Thank you for joining us in our FilmFest experience, for watching the movies with us, for sharing your feelings and ideas during the dialogue afterwards...  
Thank you Gerhard and Iyyappan for helping us to make it happen! And thank you City Centre Canteen ladies for staying late hours!  
Thank you Aurore, Samata and Honor for selling goodies...  
Thank you Neil, Bridget, Kathy, Audrey, Niva and Dariya for supporting us with hosting the dialogue spaces...!  
Thank you donors, big and small, for supporting us financially! Thank you, everybody (and anyone else we may have missed)! We are still hoping to receive more feedback about your experience. If you would like to share what you enjoyed, what you would have liked different, please write [restorative@auroville.org.in](mailto:restorative@auroville.org.in)  
Love,  
*L'aura, Janet, Helene and Kati (Restorative Auroville)*



### House-sitting 1

I am *Oscar Lieder*, a German/Australian volunteer in Auroville. Looking for a house-sit until the middle of January. If you are looking for a quiet, responsible and disciplined house-sitter, please don't hesitate to contact me. E-Mail: [oscar-ep@hotmail.de](mailto:oscar-ep@hotmail.de) / Ph: 8098363153

### House-sitting 2

Hello, we are *Celia and Proshanto*, a young couple from France looking for a house-sitting for the next 2 months (we will still be interested by a 1 month house-sitting or if it's more than 2 months). We both have several nice house-sitting experiences, also with garden and pets. I'm a long-term volunteer at Eco Femme, please contact me at [celia@ecofemme.org](mailto:celia@ecofemme.org) or 8940298585

## TAXI SHARING

**November 2nd:** 1 person is arriving at Chennai airport on 2nd November at 3:10 pm and will be picked up by taxi from Auroville to travel to AV. If you would like to share the taxi either way please contact *Prem Shakti*: 09489244823 / [premsakti@auroville.org.in](mailto:premsakti@auroville.org.in)

**November 3rd:** I will arrive at Chennai airport on November 3, around 4 am with Ethiad. Anyone wishing to share this taxi with me, please contact me: [Tineke@auroville.org.in](mailto:Tineke@auroville.org.in) - *Tineke*

**November 3rd:** Leaving Auroville at 15:30. Going to Chennai Airport. 2 Seats available. Taxi returning empty on same day around 18:30. Contact *Indra*: 9487919832

**November 17th:** Arriving Chennai airport @ 2:15 am, so could share a taxi with someone going up for an evening/night flight on the 16th or someone coming in the night of the 16th/17th and wanting to get to Auroville. Email me (*Swaha*) at: [SvahaUS@gmail.com](mailto:SvahaUS@gmail.com). Thanks!

**November 30th:** *Gertraud Erhardt-Banerjee* arrives on 30.11.2016, 02.15 am, at Chennai airport with Emirates DK542 from Dubai. She would like to share a taxi to Auroville. Please contact: [gertraud\\_erhardt@web.de](mailto:gertraud_erhardt@web.de)

## HEALTH



### New Therapies at Pitanga

- **Holistic Healing with Marlene**

The goal of Marlene's holistic healing work is to support the client to achieve Wholeness, hence all aspects of our lives are considered and all planes of the being are addressed so that physical, mental, emotional and spiritual health are restored or improved.

Marlene uses a variety of tools tailored for the individual client, including:

Trance Induction and Guided Healing Journeys, Energy Healing, NLP techniques and EFT (Emotional Freedom Technique).

Marlene is a certified Healer, NLP Master, Bach Flower Therapist, EFT Practitioner and Reiki Master. She has also worked in the fields of DNA and Cancer research as a Scientist and is also a Veterinary Doctor holding a PhD in Molecular Genetics and Pharmacology. She shifted her working field into holistic healing in 2009.

- **Biodecodage**

To establish the original Well-Being through Biodecodage and traditional natural treatment by NADIA in French and English

For Appointments please contact:

Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India. (0413) 2622403/2622994 - [Pitanga@auroville.org.in](mailto:Pitanga@auroville.org.in)

### New Therapies in Arka

- **Chinese fire cupping /Moxibustion Therapy**

Fire cupping (火罐) is an ancient form of therapy in China and Middle East, in which a local suction is created on the skin by introducing the fire to the inside of the glass or bamboo cups, fire cupping is one of the best deep-tissue therapies.

Moxibustion (艾灸) therapy literally means the burning of moxa. It is also an ancient TCM therapy that can prevent and treat diseases with heat stimulation on acupoints or related parts of the body.

Both therapies can release one's accumulated toxin from deep inside the body, activate one's blood circulation to dissipate blood stasis as well as improves your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc...

*Chun is an Aurovilian from China, a certified TCM physiotherapist, he has been enthusiastic about non-drug therapy rooted in TCM since early age and experienced in Acupressure, Gua Sha, Fire cupping and Moxibustion therapy.*

**Monday - Friday: 9:00 am-12:00 pm - By appointment:**

Chun - 80989-00708 / [chun@auroville.org.in](mailto:chun@auroville.org.in)

- **Hypnotherapy and Chakras Healing at Arka**

*Marcella*, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India), now Ekaa.

Languages: English, Italian

Contact Tel: 9443338734 or email: [abalancedstate9@gmail.com](mailto:abalancedstate9@gmail.com)

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, discovering personal resources, past life regression.

**Chakras healing:** chakras are powerful Energy Centres. They rotate like a whirlpool in a top loading washing machine. When we think negatively, these thoughts get lodged in the whirlpool, hampering the free flow of energy giving us a feeling of dis-ease. Chakra healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states. We have the knowledge of 7 Major Chakras and 250 + Minor Chakras.

## AUROVILLE RADIO



Dear listeners!

A hectic weekend is ahead of us with Diwali celebrations, Halloween...but here you can listen to the programs recorded and made this past week

From our volunteers Steve has recorded Poetry Reading for Peace, and [The True Stories of Volunteers](#)

How the Auroville engagement affects bioregion or Joy of Learning [Outreach - ACI](#)

The weekend really culminated on Saturday evening at Visitors Centre at [Jazz Cafe](#) with amazing musicians

Loretta continues with [Mother's Q & A 14/3/56](#) and [Savitri, B. II, C. VI, Part 4](#)

In French Gangalkashmi [Selections par Gangalakshmi 98](#)

Regular [Thursday's](#) and [Monday's](#) news, and you might want to listen [Between East and West](#)

We wish you a happy listening! *Your AV Radio Team* ([www.aurovillerradio.org/](http://www.aurovillerradio.org/))

## SPORTS



### To all AV Sport Activities for Youth: IMPORTANT!

Dear All, we have created an online platform presenting the Youth Sports Activities available in Auroville via a website. The primary goal is to provide the Auroville community (especially children/parents),

with an organized and simple overview to become aware of the Sport Activities available in Auroville, for the AV Youth.

Please visit: [sports.auroville.org.in](http://sports.auroville.org.in) to see the website...

If you:

1. Offer a Sport Activity open to Youth below 18 years old
2. Offer an activity year-round (excluding summer break/holidays)
3. And you have not yet been contacted by us

Kindly send your contact details (sport, name, phone number, email) to: [sports@auroville.org.in](mailto:sports@auroville.org.in)

We will provide you with a user name and password to create your own activity page or we will create it for you.

Thank you!

*The AV Youth Sport Team (Aurosylle, Elisa, Marta, Matthia, Megan, Sara, Satyavan)*

## WORK OPPORTUNITIES

### At Guest Registration & Accommodation Service

The Guest Facilities Coordination Group (GFCG) is looking for a friendly and efficient person to join the Guest Registration and Accommodation Service, located at the Visitors Centre.

You will help guests find a place to stay in Auroville, do their online C-form registrations, and provide administrative support to the GFCG. You'll need computer skills and fluency in both written and spoken English (any additional languages are definitely a plus!) and *please note that you must be able to work on Sundays*. Maintenance is available. For more information, please send an inquiry to: [gfcg@auroville.org.in](mailto:gfcg@auroville.org.in), along with a brief resume or CV.

### Help Needed at the Auroville Information Service

The Information Desk at the Visitors Centre will need extra help for the next four or five months to interact with and inform the public.

We need people with excellent English and preferably French or any other European language, or Hindi.

Minimum involvement can be half a day a week but we need help throughout the week including Saturdays and Sundays.

If you think you can help us, please contact: [avinfoservice@auroville.org.in](mailto:avinfoservice@auroville.org.in) or phone 2622239 for an appointment. Many thanks in advance, *The Info Team*.

### A full time job to involve in Savi activities

We anticipate some changes in the team that call for a renewal; we need a responsible person to take care of the **volunteers & interns assistance**, with the following tasks:

1. Welcome interviews of arriving volunteers
2. Volunteers follow-up & records; visiting volunteers & mentors if needed (priority to foreign long term volunteers)
3. Counseling & Mediation when needed
4. Volunteer Introduction Program organization
5. "True stories of volunteers" monthly events preparation
6. Final interviews and testimonies records (experience feedbacks)
7. Relations with foreign educational institutions

After a period of 3/4 months, this team member is likely to handle tasks in the general coordination of the Savi processes.

For this position, we optimally search for a person (Aurovillian or Newcomer) of international exposure, with a good educational background and work skills/experience; s/he will show an interest for education, a sense of commitment, capacity to take responsibilities and adaptation to team work. Contact: [dom@auroville.org.in](mailto:dom@auroville.org.in) with a CV and self-introduction letter.

## EATING OUT

### Visitors Centre and Cafeteria: closed on 29/10

The Visitors Centre and Cafeteria will be closed for Diwali on Saturday the 29th. **Happy Diwali to all!**

### Naturellement and Garden Café Close for Diwali

Dear friends, Naturellement and Garden Café will be closed on Saturday 29th for Diwali.

We would like to remind everyone, that we are normally open every day of the week from 9 am to 5 pm.

*Naturellement team*

### AV Bakery & Café Closed on Saturday 29.10.16

Please pick your Saturday order on Friday (28.10.2016)  
- **Happy Deepavali**

### Well Studio Café Closed on Saturday 29/10

Well studio Café will be closed on Saturday the 29/10. Back on Monday 31<sup>st</sup>! Please come to enjoy our beautiful garden and art and crafts exhibition. We serve vegetarian and vegan Mediterranean food.

Open Monday to Saturday. 8.30 till 16.30. Sunday closed.  
Happy Diwali!

*Well team (Sve Dame -0413-262219)*

### Atithi Griha Guest House - no lunch on 30/10

Lunch in Atithi Griha GH is cancelled on Sunday 30/10 due to workers holidays for Deepavali. Regret for the inconvenience  
Wishing you a happy Deepavali, *Ms. Divya for Atithi Griha GH*

### Goyo

Goyo, a Korean silent restaurant opens regularly for lunch on Thursdays and Saturdays these days before the winter season. Please book for lunch minimum a day before by SMS 9489693809 or [goyo@auroville.org.in](http://goyo@auroville.org.in).

We are very happy to host you with a special ambiance and Korean home style menus. Love and light, *Wonja from Goyo*

### Jolly Kimbap (Home delivery& Take away) is back

We are happy to announce the:

**Re-Opening of Jolly Kimbap on Wednesday 2nd of November.**

Jolly Kimbap is back after a long break! During this break, tasty new items have been created - get gently introduced to Korean culture by trying out our new menu: Korean healthy side dishes, yummy Korean pancake, amazing Korean seasonings, traditional Korean Soup and more... Order your meal a day in advance or before 10 am for same day.

Booking via phone only +9197517 83912 - **Sundays closed.**

More details on [Facebook](https://www.facebook.com/jollykimbap) / Email: [jollykimbap@auroville.org.in](mailto:jollykimbap@auroville.org.in)  
*Menu:* Kimbap/Triangle Kimbap/Bibimbap/Korean pancake/Kimchi/Korean seasoning sauce/Korean noodle salad/Pickle/Korean soup/Korean salad/Korean porridge/Laver (roasted & seasoned seaweed)  
*Your Jolly Kimbap*

### G.P.Café

We serve authentic South Indian breakfast and colourful traditional lunch. From 9:00 am to 4:00 pm. Location: across C.S.R main gate and apposite Shradanjali.  
Come and enjoy, thank you. *G.P Café team*



### Celebrate an Eco-friendly Diwali!

Deepavali, celebrating the victory of the Light over darkness, favourite festival in vast parts of India. This beautiful, luminous celebration has become marred by deafening noise and the gloom of toxic smoke, a threat for the environmental and human health alike, as highlighted in plenty of media articles during recent years. Why so, and what can we change to safeguard the joy and light of Diwali?

#### The main concerns:

Air pollution: Fireworks and crackers release cocktails of harmful gases and toxic substances into the environment such as Lead, Barium, Cadmium, Copper, Magnesium, Sodium, Mercury, Nitrate and Nitrite. In Delhi, air pollution typically soars by 30% during Diwali, while Pondicherry has measured even greater increases, with serious effects for health, especially for those suffering from asthma and heart conditions.

A dangerous industry using child labour: Several recent tragedies in firework shops, manufacturing plants and storages have highlighted the perilous conditions of many factories. Sivakasi town in southern Tamil Nadu produces 90% of all the fireworks made in India, an industry with a shocking share of 35% of children in the total labour force (estimated to be 100'000)! Forced to work in unhealthy and dangerous conditions as bonded labourers, cases of children getting sick and dying at an early age due to exposure and handling of toxic substances are very common. Recently the National Green Tribunal has filed a petition for putting a ban on bursting firecrackers on the basis that they cause pollution and promote child labour. India, like many other countries, has imposed serious restrictions on handling, storage, transportation, import and export as well as burning of firecrackers through the Explosive Act of 1984. But theory is different from practice. For instance, in spite of an import ban, cheap firecrackers from China are presently flooding the market.

Noise pollution: The high noise level due to crackers seriously affects many birds, wildlife and pets, apart from any sensitive humans. Here too, legislation exists to regulate noise levels and to respect silent zones. The Supreme Court has restricted the use, sale and storing of fireworks that generate noise levels of more than 90 decibels. But its ban on bursting firecrackers from 10 pm to 6 am has been openly ignored.

Excessive consumerism and energy consumption: Diwali represents a peak of unsustainable habits and practices, and is further taxing an already overloaded electricity supply grid, as well as the environment as a whole.

Initiatives for positive change: As the damaging effects of current Diwali practices become ever more obvious, more and more people propose a return to the true essence of the celebration. Environmental groups, eco-clubs, government departments and schools have launched numerous campaigns, with mottos like "Say No to Fire crackers and Yes to life!", "Light lamps not crackers!", or "Make a choice this Diwali". And while children are typically seen as the keenest on bursting crackers and colourful fireworks, it turns out they are also more ready to embrace change. The Puducherry Pollution Control Committee has observed in its annual surveys a slight but hopeful trend away from the craze of noise and pollution, which according to the director of the Pondy Department of Science, Technology & Environment, is mainly thanks to children's sensitivity to the schools' campaigns... and so we can only hope that they may lead the way, out of the smoke and into the Light!

*The AV Green Center wishes you all  
a healthy and happy Diwali! ☐*

### Nose-covering Scarves, Pollution Masks: Do they really protect us?

India has at least 6 out of 10 most polluted cities in the world, according to the World Health Organisation (WHO). Delhi has overtaken Beijing as the world's most polluted metropolis, air quality tends to be even worse in some other Indian cities such as Lucknow, Varanasi, Agra, Faridabad, Jodhpur, Muzaffarpur and Kanpur. In fact, pollution from so-called Particulate Matters in 180 Indian cities is six times higher than WHO limits - and Pondicherry is among them...

All air pollution isn't the same: The most basic distinction is between two kinds: PM or 'Particulate Matter', small, mostly invisible particles from vehicle exhausts, construction materials, stone crushing, agriculture, industry, etc. The most dangerous particles are the tiniest ones, smaller than 2.5 microns, called PM2.5, which penetrate into the lungs and from there into the bloodstream, causing inflammatory damage that can lead to heart and lung diseases, cancers and more. The other serious type of pollution is made of toxic gases and vapours, such as carbon monoxide, ozone, sulphur dioxide and nitrogen dioxide, to name a few common ones. The leading causes of pollution are different in different cities. Particulate Matter (PM) is the main cause in Delhi and other cities in North India, while Chennai and other Tamil Nadu cities have especially high gaseous pollutants (including sulphur dioxide and nitrogen dioxide) due to the intense industrialisation in the South. The Central Pollution Control Board is planning to install a warning system in the cities with the worst Air Quality Index (AQI), alerting citizens to dangerous levels of eight different polluting substances.

Meanwhile the practical question is for many of us, when we're stuck in nauseating traffic smog in Pondy, and possibly also while coughing from dust on Auroville roads: How can we protect ourselves, and our children?

Does wearing a scarf or handkerchief covering one's nose really help? Well, the answer seems to be a very cautious and limited 'yes'. According to medical experts, a mildly wet cloth tied over the nose and mouth can indeed shield against direct particulate emission from exhaust pipes of traffic surrounding us. However, the handkerchief must be clean, and there mustn't be any leakages.

What about pollution masks? A number of such masks are commercially available, online and from shops (at least in India's big cities). Some are designed to protect against dust (called PM masks), others also contain a carbon filter that is supposed to protect against harmful gases. The internet has reviews of the different models, all of them imported, with different degrees of comfort (breathability) and efficiency. Some offer protection just for a few hours, others for a few weeks; some are washable and others not. An in-depth study conducted in Bangalore several years ago revealed that most masks available at that time failed to protect against the most common and harmful pollutants (CO, SO<sub>2</sub>, SPM, NO<sub>x</sub>, lead). "Such protection masks were originally intended to safeguard industrial and health workers against occupational hazards, and can by no means be recommended as a medium- or long-term solution to air pollution."

Today, some masks come with US or EU certification and are said to be more efficient; but has anybody seen any of these locally in use? With a cost of Rs. 50 for a few hours and considerably more for longer lasting ones, they are clearly out of reach for those who need them most - pedestrians, cyclists, hawkers... and traffic police, some of whom have started wearing green surgical masks, which sadly give no more than psychological protection...!!

In the absence of any convincing solutions, we can only remind of some obvious measures: Avoiding (where possible) routes and timings prone to traffic jams; actively reducing pollution by driving slowly on Auroville roads; keeping one's engine tuned for low emissions, and switching off instead of running on idle; choosing non-polluting transport forms, and aiming at zero-waste house-holding... Every drop makes a difference!

*Jasmin & Lisbeth for [avgreencenter@auroville.org](mailto:avgreencenter@auroville.org)*

# Notes

## A Soldier Sails on to a Splendid Future - a 'Salute' to Major General Krishna Tewari (Part 2)

During my early years in Auroville (the years between 1990 and 1992), I came to understand there was some sort of a core group, consisting of Alain Bernard, Frederick and Gen. Tewari. These three along with Roger Anger and, of course, Kireet Joshi from New Delhi were major instruments in the transition from the Auroville Emergency Act to the lasting arrangement of the Auroville Foundation Act, 1988 in the Indian Parliament. When they returned to Auroville from New Delhi, they spoke to the community. I remember reading their interview in the very first issue of Auroville Today in Ahmedabad, where I was living then. While explaining themselves and answering questions, Gen. Tewari said something which was reminiscent of a famous and inspiring quote used by former U.S. President John F. Kennedy in one of his speeches: "...we shall be as a City upon the hill, the eyes of all people upon us".

Gen. Tewari came very close to saying this when he said in answer to a question: "The whole world is looking up to Auroville".

Of course, this has not to be taken literally. The world lives and moves on regardless of Auroville, but it has to be understood in the sense that many of those forward-looking people around the world who get familiar with the Auroville Charter, Auroville vision and worldview, Auroville ideas and ideal, feel that here is the bold and comprehensive vision and knowledge, here is the high level of inspiration, here is the great hope and illumined approach and outlook, here is the ascending path that opens onto "broad sunlit uplands" of the human civilization. For example, in one of her conversations with Satprem, the Mother mentions that when somebody gave to Nikita Khrushchev, then premier of the erstwhile Soviet Union, her article "A Dream" which forms one of the backbones of Auroville - he is reported to have said "The whole world should unite to make it a reality".

I first came in touch with Gen. Tewari indirectly in 1993 when he wrote to me a postcard after receiving my first paper on the land safeguarding task, "Reaching out to the Survival challenge of the Earth-Queen" (which I had written, published and distributed widely from Ahmedabad). While thanking me for sending him the paper, he inquired, "What are the possibilities of fundraising in Gujarat?" His inquiry set me thinking: if this Major General of the Indian Army got himself involved in this essential task of Auroville, it might help create a momentum and produce big results. I promptly wrote him back that I would be replying to his query in some detail. Subsequently, after two or three months, I sent him and some 50 prominent Aurovilians a 30-page paper "In Quest of the Dawn's Amplitude: Task No 2: That Breathing Land" subtitled as "A letter to Maj. Gen. Krishna Tewari and a few other Aurovilians on land-task and fundraising". I also sent a copy to Dr. Karan Singh at New Delhi, who replied appreciatively. That reply from Dr. Karan Singh became a starting point of my 22 years of contacts with him - mostly postal contacts - which has recently culminated in my nominating him for a large international prize given to a living person for his or her contribution to the spiritual development of mankind. In other words, had Gen. Tewari not written to me, I would not have written the paper and come in touch with Dr. Karan Singh, perhaps for many more years to come.

*Aryadeep - (You can read the complete article on Auroville Auronet ([link](#)) or write to the author at [aryadeep@auroville.org.in](mailto:aryadeep@auroville.org.in))*

## My Voice

" My voice is not ordinary. This voice, clear, pure, tranquil, is filled with love and light and above all, an infinite compassion which extends towards all those who hear it. This voice is so convincing that it evokes an ardent aspiration in all the hearts. It has a supreme healing power and its vibrations remove the difficulties, and the obstacles vanish as by an enchantment. People feel relieved of a great burden. My voice tears the veil of ignorance and imperceptibly penetrates the heart to awaken the consciousness. This voice liberates the head of all mental influences and the anxieties which weigh upon us and torment us, and liberates in us the ardent power and the individual faculties lying dormant in inertia. It shakes up the physical tamas, drives away fear from our inconscience, removes the barriers that oppose us, strengthens the base and gives the energy for launching ourselves towards the goal.

My voice awakes the calm certitude in all hearts. This voice is consciousness itself, it awakens the consciousness in the inconscience. My voice comes from the Supreme and He expresses himself through me. This voice which has expressed only the Lord's Will, which has pronounced nothing but the Supreme Truth, is charged with an extraordinary force to manifest the Divine Powers. It vibrates and gives an impetus to our aspiration, an assurance to our conviction and above all, dispels the clouds of ill-will.

This voice - tender, clear, pure, powerful, vigorous and energetic, - gives an amplitude and a calm lucidity which directs and transmits the powers of the divine will. It is like a gentle peace, a vivifying breath, a love that consoles the aggrieved hearts. The vibration that my voice transmits awakens in the heart the aspiration for the Divine. It creates a resonance which sounds and resounds like a note of music which penetrates and repeats itself and awakens the cells to this vibration to open the consciousness to the light in the beatitude of the divine communion. This voice comes from the infinite and merges into the infinite. You know, each element of the universe has its own voice. For some it is audible and for others it is silent. But still, each element expresses its own aspiration, and those who are open in these planes can hear it.

This voice which is so familiar to you, which is at the same time clear and very simple but extraordinarily convincing, - it gives an assurance, a will for launching towards the unknown. In the hearts of the cowards my voice instils an invincible courage. In ardent aspirants it awakens a sentiment of goodwill and mercy; in the thirsting souls it kindles the flame of aspiration or the purifying flame. There is in this voice an authority that commands. It is at the same time sweet and comforting.

Even for the ordinary people, my voice sends a thrill; it awakens a hope, a love and a feeling that all is not lost. For others, it brings out the splendours that lie hidden within, and for yet others, the key to solve the mysteries of the world."

*THE SUPREME, Conversations with the Mother, recollected by Mona Sarkar.*

*Submitted by GangaLakshmi [House of Mother's Agenda, Savitri Bhavan]*

### Monsoon Hope

East wind, west wind -  
Whence comes the best wind?  
North wind, south wind,  
Makes-you-dry-in the mouth wind.  
I'd like some raindrops on my head,  
But all I get is sun instead!

*Merry- (Prayatna, Oct. 2016)*

## Growing In Power

Did you see a Kali on the road,  
Under protective hands of Durga,  
Not letting her go free,  
To rampage around in town,  
Sword in hand,  
All in black?

Will you be the same again,  
The sleeping beauty,  
For centuries,  
Waiting for a kiss from the prince,  
To fulfil your dream?

Will you be the same again,  
Never wanting to grow up,  
Making children like cats and dog,  
Forgetting why you are here,  
In all places but Auroville?

*Celestine, 22/10/16 Auroville*



## For your calendar



### AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music  
Every THURSDAY at sunset

We follow the sun and the timing changes with the season..

5.30 to 6.00 pm

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.  
We request everyone: please **do not** use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you  
Access only for the Amphitheatre from 5.15 pm.  
Please be seated by 5.25 pm.

Thank you.

*Amphitheatre Team*

## INVITATIONS

*Bhavishyate*

Sri Aurobindo Centre of Studies...  
India and the World - Bharat Nivas

### Perspectives of Integral Psychology and our Auroville Experience

Works of Sri Aurobindo and The Mother unfold perspectives of understanding ... in our individual growth and collective inter-action.

Let us come together as a Study Group to explore them.

We will meet on Friday, November 4, at 4 pm in *Bhavishyate*, Bharat Nivas, to work out a programme.

If you are interested, please send word to:

Deeptendu - [deepsarkar94@gmail.com](mailto:deepsarkar94@gmail.com), mob. no. 09488494930

Divyanshi - [divyanshi.0222@gmail.com](mailto:divyanshi.0222@gmail.com), mob. no. 08700105785

Love, Aster

## EXHIBITIONS

### 'Mothers and Other Souvenirs'

Exhibition by Marco Feira  
at Kala Kendra (Bharat Nivas)

From November 5 to November 24, 2016.

Please do come to the opening on Saturday the 5th of November at 5.30pm.

## Talk on Ayurveda an its connection with the Vedas and Vedanta

At Joy Community Guest House  
Monday the 31st of October from 6 to 7 pm

Pavan will talk about the connection of Ayurveda to the philosophy of Vedanta and the Vedas themselves. With the emphasis on spa Ayurveda nowadays, the talk will help to bring Ayurveda back to its deeper core. The talk will also show the connection of Yoga and Vedic Astrology to Ayurveda.  
*All Welcome*

## Presentation, Talk & Slide Show by Auroville& Pondy Artists

Talk & Slideshow Presentation by 12 artists on their recent experience at an Art Camp  
(Hosted by the JSW Foundation, at Vidyanagar, Karnataka)

**"Rendez-vous with Vidyanagar"**

Inner space Outer space - A Ceramic & Sculpture Conclave

NEW Date: Wednesday, November 2nd / Time: 5 pm

Venue: Bhavishyate (New Building between Auditorium & Kalakendra)

Participants: Nausheen Bari, Marie-Claire Barsotti, Puneet Brar, D.Saravana, Chantal Gowa, Kratu, Nele Martens, O.Ramesh, Saraswati (Renata Sereda), Sabrina Srinivas, Priya Sundaravalli and Masha.

All are welcome.

Organized by *Bharatnivas Cultural Group*

For more information: [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in) / ph: 2622914



## Deepawali

on

Friday, 28th October 2016

At the Bharatnivas Campus

From 5 to 9 pm

Participate & enjoy in all diverse activities for children and adults:  
*Lighting the lamps, videos, kolam and origami making, flower decoration, while interacting with your friends and listening to music.*

- Cultural program: 7 pm to 8.15 pm at SAWCHU
- Fireworks (but no crackers): at 8.30 pm - Venue: Open space in front of Kalakendra
- Dinner time: 7 to 9.30 pm - At the Indus Valley corner - Choice of Menu: Tamil & Gujarati Food
- Dress Code: Indian

Organized by *Bharatnivas Deepawali Coordination group*

(For more information: 2622914 - e-mail: [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in))

## Light and Fusion Food Festival

6 pm, 29th Oct, Saturday, 2016

With excitement and love in our hearts we present you the 2nd edition of the Light and Fusion Food Fest  
To be held at AuroAnnam this very weekend!

We have invited chefs both amateurs and pros alike to bring you a palate of unforgettable culinary experience.  
Not to mention, musicians from Auroville and you are specially invited for a beautiful gala evening!

*Thanking You - Namaste*

## Deepawali (festival of light) @ Upasana 2016

Dear friends,

We invite everyone to join us for light, flowers & a light meal together.

Date: 29th October - Saturday - Time: 6pm to 9 pm

Venue: Upasana (Near CSR)

Love, *Upasana Team.*



## Halloween, Diwali, Permaculture festival @ Townhall.

Sunday Oct 30, 2016 / 03:30 pm at Town Hall  
Halloween, Permaculture, Cooking and Diwali festival.

Come and get involved in the permaculture gardens,  
kids face painting,  
carve a pumpkin and participate in the huge human mandala  
with music, Qi Gong, and other activities. :)

### CLASSES, WORKSHOPS

#### Connection as Life Energy



Introduction to Nonviolent Communication  
with L'aura Joy, NVC Certified Trainer

Do you long for more joy, authenticity and  
depth when connecting with yourself and  
others?

Do you wonder what gets in the way of  
connecting and relating the way you truly want?

Oct 29-30 (Sat-Sun) - 9.30am-5pm (with lunch break)

A path of Nonviolence (based on Nonviolent Communication, NVC) offers both a deeply-rooted consciousness of oneness, as well as very practical tools to live this more and more in our daily lives. In re-evaluating some of our habitual and conditioned thinking, we see how much of it is life-alienating and based on a culture of scarcity and separation. We'll learn the skills to be able express ourselves with more clarity and to hear others' true (and harmless) message, which in turn leads to more connection between us. When we're connected as human beings, we're in our natural state of wanting to give and collaborate with others.

More info & register (and for venue info) contact L'aura:  
[joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), 9442788016

#### Tuning to Harmony - With the Russian Singing Bells

Workshop at CRIPA (Kalabhumi)

Monday, 31st October, 4.30-6.00 pm

Meditation on sound and collective experience of creating music together using the elements of the Integral Yoga practice. The sound of this uniquely tuned bell plates becomes an instrument of exploring the inner dimensions of our being as well as the field of collective harmony and collective intuition. No registration required (except for groups). Contribution requested from guests.

Led by Vera Joshi.

#### Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

1st November (Tuesday)-this week: 'The Vision of Life Divine'

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan

Time: 9 am to 12 Noon (please be present by 8.50 am for preliminary study)

Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)

No Registration required (except for groups)

Fees: Voluntary Contribution - All are welcome

For details on the Integral Yoga and the upcoming workshops:  
please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

#### WELLPAPER Workshop 2/11 Wednesday

Skills Handicraft Arts Recycle Education

You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

#### Baskets Weaving Introductory workshop -

Our experienced Wellpaper ladies will teach you how to create the newspaper sticks that are made from rolled up newspaper that serve as reeds for the baskets. You will be instructed and supported during the process. By the end of the workshop you will have made your own basket. You will make the coloring of the final product on your own since its needs time to dry.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests.

The workshop will take place every Wednesday between 9:30 to 12:30. The workshop is held sitting on the floor.

If you would like to join us please email us at:  
[wellpaper@auroville.org.in](mailto:wellpaper@auroville.org.in) or call: 9626055586

With Love,

WELLPAPER (Women Empowerment Local Livelihood) -A model for social Enterprise

#### Nonviolent Communication Practice Group

Hosted by L'aura and Hamsini



Dates: November 2, 9, 16, 23, 30  
(5 Wednesdays)

Time: 4.30-6.30pm

Theme of the month: NVC and Anger (finding ways to express constructively, developing skills to hear and receive)

Advance registration and contribution required. We ask for full commitment (5 sessions) and prior NVC experience.

For more info and to register, contact L'aura  
[joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), 9442788016

#### (FAMILY) CONSTELLATION WORKSHOP with Yuval

Fate or Choice?

Date: 5 November 2016

Time : 9.00 am - 4.45 pm

Venue : ILC Hall - at Vérité

Description:

*An episode in an unremembered tale  
its beginning lost, its motive and plot concealed  
a once living story has prepared and made  
our present fate, child of past energies  
-Sri Aurobindo, Savitri*

In our lives Hidden Dynamics can cause results we never intended. Unconsciously these Dynamics create our Fate. To become aware of them, can bring back Choice. Applying (family) constellation techniques we can, in an intuitive way, find the insights and energy to choose consciously for the changes we want.

YUVAL is a life and business coach.

## Study circle on Sri Aurobindo's poem "Ilion"

In the light of an interpretation of Greek mythology - led by *Claude de Warren*  
Mondays 5 to 6 pm at Savitri Bhavan, starting Monday November 7

The aim of this study circle is to offer an understanding of Sri Aurobindo's poem Ilion based on the deeper meaning of Greek mythology, and to establish a link between Homer and Sri Aurobindo, between the roots of occidental culture and Sri Aurobindo's vision. As we progress through this poem of 5,000 lines, a new and living understanding of Greek myths will be developed, while parallels with Savitri and Indian mythology will be established. All those interested in understanding the cultural foundations of European civilisation are welcome. For a general overview of the interpretation of Greek mythology, refer to the website: [greekmyths-interpretation.com](http://greekmyths-interpretation.com)

## Restorative Circles Learning Community



\*\*Building a Compassionate Justice System\*\*  
- with L'aura Joy

Nov 11 & 12 (Friday - Saturday):  
- 9.30 am - 5 pm, with a lunch break

Restorative Circles (RC) offer ways for individuals and communities to establish connection, discover meaning and recover power on profound levels. They create forums for reaching agreements that help sustain effective and nurturing relationships both personally and collectively. This Circle process has developed within the Restorative Justice (RJ) movement, which in recent decades has rediscovered and adapted ways for communities to promote responsibility and healing. Rethinking justice, and engaging with the challenge of consciously building whole system responses to community well-being, has opened up revolutionary possibilities for furthering a culture of peace. More info about Restorative Circles: [www.restorativecircles.org](http://www.restorativecircles.org)

Conflict is an inevitable part of the diversity of life. Yet few of us individually, let alone as a community, know how to respond to conflict with behaviors that do not produce pain and damage relationships. The RC process offers a way to create community spaces for conflict that are safe and constructive, not destructive. It has been described as a straightforward problem-solving and nonviolent restoration method that demonstrates how community members can resolve their own conflicts when provided with a constructive forum to do so. The establishment of a restorative system empowers communities to consciously choose how they would like to respond to conflict before it occurs - a form of proactive, preventative conflict transformation. It enables them to

choose a nonviolent response to conflict that involves the whole community in discovering their own sustainable strategies by addressing immediate as well as underlying long term causes.

Contact *L'aura* for more information and to register:  
[joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), 9442788016

## Changing the Aging Program Exploration

### Changing the aging program exploration

*"You can free yourself from aging by reinterpreting your body and by grasping the link between belief and biology"* Deepak Chopra's

Rosa is ready to start an experiment about changing the aging program in our body through deep relaxation and a common sankalpa... It is open for anyone regardless of age, who would be interested to explore how much we could affect and re-write the information in our DNA...

The only requisite necessary is to be completely detached of the results... and to enter into it as an offer to the Divine. It will be a weekly session of one hour, on **Friday afternoons 5.00 pm. to 6.00 pm. at Transition School, ATB Hall...**

Please if you are interested feel most welcome to contact me about any doubt at: [rosa@auroville.org.in](mailto:rosa@auroville.org.in)

We will start on the 28th. October, and go through for a few months.

## German Certification Course



For A1/A2 - Conducted by native German speaking teachers - 3 days a week:

- Mondays, Wednesdays, 4.00 - 5.30 pm and Saturdays, 4 - 5 pm.

Based on text- and workbook, smart board, audio and video and an emphasis on conversation and communication

Certification is possible through the Goethe Institute in Chennai.

Be invited to an exciting journey that will open the doors to a new society and culture.

Maybe an important step for your future growth.

Please contact us for more information: Auroville Institute of Applied Technology, AIAT, Irumbai / [www.aiat.in](http://www.aiat.in); e-mail: [office.ais@auroville.org.in](mailto:office.ais@auroville.org.in) ; phone 0413-2671758

## Free Workshop building a house in wood

We need help and propose for two volunteers (1 month minimum) a workshop on Monday, Tuesday and Wednesday morning - technical knowledge and practice to build a wooden house. Beginning now!

Contact: *Christophe* 7639075955 or *Anne* 9487061009

## SCHEDULES - NOVEMBER 2016

# SAVITRI BHAVAN

November 2016

### Exhibitions

In the Picture Gallery

### *Meditations on Savitri* Books Four to Seven

Paintings made by Huta with the Mother's guidance and help.

In the upper corridor

### *Sri Aurobindo: a life-sketch in photographs*

In the Square Hall

### *Glimpses of the Mother: photographs and texts*

## Films at Savitri Bhavan - Mondays 6.30pm

November 7: *A New Birth - A meeting of The Mother with Surendranath Jauhar on 11.05.1967*  
A beautiful interview of the Mother with one of her dear children. Duration: 22:00min.  
Followed by *Adoration of the Divine Mother* - film and music by Michel Montecrossa. Duration: 5:00min.

November 14: *The Mother - Terrace Darshan 1965-1973*  
106 Photographs of The Mother selected by Her. Photographer: SudhaSundaram. Duration: 39min.

November 21: *Siddhi Day -The Day of Victory*  
On 24<sup>th</sup> of November 1926 Krishna's consciousness descended into Sri Aurobindo's body.  
Dr. Alok Pandey speaks about this important event in an interview by Narad (Richard Eggenberger). Duration: 47min.

November 28: *Meditations on Savitri - Book One Canto 4: The Secret Knowledge, Part 2*  
Film by Manohar of Huta's paintings illustrating passages from *Savitri* read by The Mother and accompanied by her own organ music. Duration: 41min.

## Regular activities

Sundays 10.30-12 noon: *Savitri Study Circle*  
Mondays, Wednesdays, Fridays 7-8 am: Chanting Sanskrit Hymns in the Hall  
Mondays, Tuesdays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh  
Tuesdays: 9-12 noon: *Introduction to Integral Yoga* led by Ashesh Joshi  
Tuesdays, Fridays, Saturdays 4-5pm: *L'Agenda de Mère*: listening to recordings with Gangalakshmi  
Tuesdays: 5-6pm: *Let us learn Savitri together* led by Buvana  
Tuesdays 5.45-7.15pm: OM Choir (*see details below*)  
Wednesdays 5.30-6.30 pm: *Reading The Life Divine*, led by Shraddhavan  
Thursdays 4-5 pm: *The English of Savitri*, led by Shraddhavan  
Fridays 3-4 pm: *Exploring the Bhagavad Gita*, led by Dr. Jai Singh  
Fridays 5.30-7.00pm: *Meditations with Hymns of the Rig Veda translated by Sri Aurobindo*, led by Nishtha  
Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

New Study circle on  
Sri Aurobindo's poem "Ilion" in the light of Greek mythology  
led by Claude de Warren - Mondays 5 to 6 pm, starting from November 7

### OM Choir

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises by Narad.

## Full Moon Gathering

Monday 14, 7.15-8.15 pm in front of Sri Aurobindo's statue

The Library and Digital Library are now located in the Main Building - The Reading Room is open Monday to Friday from 9 - 4.30  
The Digital Library can be accessed on request Monday to Friday 9 - 12.30  
Exhibitions, Main Building and Office are open Monday to Saturday 9-5  
Everyone is welcome



### SOCIAL ACTIVITIES PROGRAM:

Please note that during the Month of November lunches and dinners are cancelled.

### LEARNING ACTIVITIES PROGRAM:

50 % discount for people under 30 years old and Savi registered Volunteers.  
Multiple classes discount available. On donation basis for Aurovillians and Newcomers.

|   |   |
|---|---|
| Thai Massage<br>By Helena<br>Wed/Fri 2.30 to 4 pm   | Thai Massage is an ancient healing system combining rhythmic acupressure, body rocking and deep assisted stretches to relieve deep muscular tension as it enables more blood to be carried throughout the body. By appointment only.                        |
| Prana Vashya Asana Yoga<br>By Helena<br>Mon/Wed/Fri 4.30 to 6 pm                            | This practice is a 60 asanas sequence focusing on the development of strength with flexibility. The breath remains the key throughout the series and the practitioner focuses on maintaining in the breath and movement during the whole practice. Drop in. |
| Acro Yoga<br>By Helena<br>Thursday 4.30 to 6 pm   | Acro Yoga is a dynamic partner practice that blends the wisdom of yoga, the dynamic power of acrobatics, and the loving kindness of healing arts. This practice cultivates trust, playfulness and community through movement. Drop in.                      |
| Sanskrit Mantras By Sonia<br>Drop in: Wednesday 6 to 7<br>Regular students: Friday 6 to 7pm | Chanting Sanskrit Mantras is performing an ancient prayer. Through the harmonic rhythm, repetition, and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil.                        |
| Japanese Classes By Emiko<br>(on appointment only)  | Classes of Japanese Language and/or culture, individual or in group, for adults as well as for children, from beginners to advance and according to specific request.   |

Joy Community is located in Center Field, after Nandanam School, next to Center Guest House  
For info and reservations, please contact us at: (0413) 262 2584 or (0)9442328120  
Email: [joycommunity@auroville.org.in](mailto:joycommunity@auroville.org.in) / [www.facebook.com/joycommunityguesthouse](http://www.facebook.com/joycommunityguesthouse)



## PROGRAMME FOR NOVEMBER 2016

### YOGA IYENGAR

|                         |                            |                                |               |         |
|-------------------------|----------------------------|--------------------------------|---------------|---------|
| Āsanas                  | level 1                    | Mon (from 7 <sup>th</sup> )    | 07.30 - 09.00 | Tatiana |
| Āsanas                  | level 2                    | Mon (from 7 <sup>th</sup> )    | 17.00 - 19.00 | Tatiana |
| Āsana- open practice    | all levels                 | Tues                           | 07.00 - 10.00 | Angela  |
| Āsanas                  | drop in                    | Tues                           | 11.00 - 12.00 | Angela  |
| Āsanas                  | drop in                    | Tues                           | 15.30 - 17.00 | Angela  |
| Pranayama               | level 2                    | Tues (from 8 <sup>th</sup> )   | 17.30 - 19.00 | Tatiana |
| Āsanas for women        | drop in - all levels       | Wed                            | 07.30 - 09.00 | Angela  |
| Āsanas for the spine    | drop in                    | Wed                            | 11.00 - 12.30 | Angela  |
| Āsanas hormonal balance | level 3                    | Wed (from 9 <sup>th</sup> )    | 17.00 - 19.00 | Tatiana |
| Āsanas for women        | level 2                    | Thurs (from 10 <sup>th</sup> ) | 07.30 - 09.15 | Tatiana |
| Āsanas restorative      | drop in                    | Thurs                          | 15.30 - 16.30 | Angela  |
| Āsanas                  | drop in                    | Thurs (from 10 <sup>th</sup> ) | 17.00 - 18.00 | Tatiana |
| pranayama               | beginners regular students | Thurs (from 10 <sup>th</sup> ) | 18.15 - 19.00 | Tatiana |
| Asanas for women        | drop in - all levels       | Fri                            | 07.30 - 08.45 | Angela  |
| Āsanas hormonal balance | level 3                    | Fri (from 11 <sup>th</sup> )   | 09.00 - 11.00 | Tatiana |
| Asanas                  | for children 9-12 yrs      | Fri                            | 16.00 - 17.00 | Angela  |
| Āsana- open practice    | level 2-3                  | Sat (from 12 <sup>th</sup> )   | 07.30 - 09.30 | Tatiana |
| Āsana for the spine     | drop in                    | Sat (from 12 <sup>th</sup> )   | 09.45 - 10.45 | Tatiana |
| Āsanas                  | beginners regular students | Sat (from 12 <sup>th</sup> )   | 11.00 - 12.30 | Tatiana |
| Āsanas for the spine    | drop in                    | Sat                            | 16.30 - 18.00 | Angela  |

Note: For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

### YOGA - MIXED STYLE

|              |                       |               |               |              |
|--------------|-----------------------|---------------|---------------|--------------|
| Yoga Therapy | drop in               | Mon, Wed, Fri | 08.30 - 10.00 | Gala         |
| Vinyasa Flow | drop in - restorative | Mon           | 10.00 - 11.30 | Bebe         |
| Āsanas (*)   | for teenagers         | Mon, Wed      | 16.00 - 17.00 | Natacha/Bebe |
| Vinyasa Flow | drop in - beginners   | Tues          | 09.00 - 10.30 | Bebe         |
| Vinyasa Flow | drop in - all levels  | Weds          | 17.00 - 18.45 | Bebe         |
| Vinyasa Flow | drop in - all levels  | Fri           | 18.00 - 19.30 | Bebe         |
| Āsanas       | for children 7-9 yrs. | Sat           | 10.00 - 11.00 | Gala         |

### Other Exercises

|                      |                        |       |               |         |
|----------------------|------------------------|-------|---------------|---------|
| Aviva exercise       | for women              | Thurs | 16.30 - 17.30 | SuriyaG |
| Discover energy body | for children, 7-9 yrs. | Sat   | 11.00 - 12.00 | Gala    |

### Dance

|                  |                       |      |               |          |
|------------------|-----------------------|------|---------------|----------|
| Odissi Dance (*) | Regular practitioners | Tues | 16.00 - 17.15 | Rekha    |
| Odissi Dance (*) | Regular practitioners | Fri  | 16.00 - 17.15 | Kanchana |

### Health Care at Pitanga

**For the following therapies & treatments please book your appointment on phone, 2622403/2622994**

Thai Yoga Massage with Bebe, Mar, Juan, Kumar, Journey through the memory of the body with Vani,  
Chinese Fire Cupping with Chun, Holistic Healing with Marlene, Releasing through Awareness with Rosa,  
Oil Massage with Kumar, Biodecodge with Nadia

Note: (\*) Denotes classes for those willing to commit for a minimum of 3 months

**Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 - [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in).**

## ARKA WELLNESS CENTER - NOVEMBER 2016

Phone: 0413-2623799 / Website: [www.arka.org.in](http://www.arka.org.in)

Internet facility is available in Arka: Monday to Saturday; 9:00 am to 4:30 pm



### THERAPIES

| WHAT WE PROPOSE   | WITH WHOM   | WHEN  |
|---|---|---|
| Cranio sacral, Lomi Lomi massage & Bare foot body massage                 | SILVANA by appointment 9047654157   | Monday to Saturday  |
| Body Logic, Soft Massage and Deep Tissue Massage                          | PEPE by appointment 9943410987  | Monday to Saturday  |
| Holistic Reflexology, Full body massage, Face Massage                     | MEHA by appointment 9443635114  | Monday to Saturday  |
| Yogic Healing - Therapeutic Massage                                       | BASU - by appointment 9443997568  | Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm.<br>Saturday & Sunday any time. |
| Hypnotherapy and chakras Healing  | Marcella by appointment 9443338734  | Also in Italian   |
| Chinese Fire Cupping and Moxibustion Therapy                              | Chun- by appointment 8098900708   | Monday and Friday   |
| Deep core massage   | SUMIT by appointment 07839062619  | Monday to Saturday  |
| Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue | ANTARJOTHI - By appointment 0413-2623767 or Email: <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a> | Also in French.   |

**BEAUTY PARLOR at ARKA**

| WHAT WE PROPOSE   | WITH WHOM                        | WHEN               |
|---|----------------------------------|--------------------|
| Face Massage, cleaning, manicure, pedicure, threading, waxing, henna & hair coloring. | MEHA by appointment 9443635114   | Monday to Saturday |
| Hair Dressing   | ONGKIE by appointment 9843930178 | Monday to Friday   |
| Hair Dressing   | MIMI by appointment-9489694626   | Monday to Friday   |
| Hair dressing   | YUVAL by appointment 7639291546  | Monday to Friday   |

**REGULAR CLASSES at ARKA**

| WHAT WE PROPOSE    | WITH WHOM         | WHEN  |
|--------------------|-------------------|---|
| Svastha yoga class | JANI - 8531021586 | Tuesday-5:00 to 6:00 pm. Friday-9:00 to 10:00 am. |

## Vérité - November 2016:

Phone: 0413 2622045 - Website: [www.verite.in](http://www.verite.in) - Email: [programming@verite.in](mailto:programming@verite.in) - Mobile: 7094104329



### THERAPIES in Vérité - November 2016

**Contact for appointment: Phone 0413-2622606, Mobile 7094104329, [treatments@verite.in](mailto:treatments@verite.in)**

|        |                       |      |  |
|--------|-----------------------|------|--|
| Susana | Reiki                 | Bebe | Chi Nei Tsang (Abdominal Massage)<br>Thai Yoga Massage |
| Chetna | Neurofeedback Therapy | Mila | Craniosacral Therapy                                   |

### CLASSES in Vérité - November 2016

| Days              | Title           | Timings         | Facilitator |
|-------------------|-----------------|-----------------|-------------|
| <b>Mondays</b>    | Iyengar Yoga    | 6.45 to 8.15 am | Olesya      |
|                   | Dance Offering  | 5 to 7 pm       | Dariya      |
| <b>Tuesdays</b>   | Sivananda Yoga  | 6.45 to 8.15 am | Mimi        |
|                   | Iyengar Yoga    | 5 to 6.30 pm    | Olesya      |
| <b>Wednesdays</b> | Iyengar Yoga    | 6.45 to 8.15 am | Olesya      |
| <b>Thursdays</b>  | Sivananda Yoga  | 6.45 to 8.15 am | Mimi        |
|                   | Iyengar Yoga    | 5 to 6.30 pm    | Olesya      |
| <b>Fridays</b>    | Iyengar Yoga    | 6.45 to 8.15 am | Olesya      |
| <b>Saturdays</b>  | Hatha Yoga Flow | 6.45 to 8 am    | Bebe        |
|                   | Iyengar Yoga    | 5 to 6 pm       | Olesya      |

### WORKSHOPS in Vérité - November 2016

| Day & Date                 | Title                           | Timings             | Facilitator       |
|----------------------------|---------------------------------|---------------------|-------------------|
| Fridays: 4, 11, 18, 25 Nov | South Indian Organic Cooking    | 9.30 am to 12.30 pm | Rajaveni and Suba |
| Sat, 5 Nov                 | (Family) Constellation Workshop | 9.00 am - 4.45 pm   | Yuval             |
| Sat, 12 Nov                | Consciousness as Medicine       | 9 am to 12.30 pm    | Yogesh            |

*Please note:*

- To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops  
Contributions requested from guests/volunteers (volunteer reduction by advance application only)

## REGULAR EVENTS IN NOVEMBER

### Note from the editors

The Regular Events column is published once a month. Guest-houses are kindly requested to put this page up on their notice boards.

**Kindly inform us of any changes/cancellation in your regular event before the 22<sup>nd</sup> of November, 5pm**

The next "Regular Events" schedule will be published on: **November 26th, 2016**

### Online Auroville Events Calendar

(no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and visitors, on the AuroNet login page:

[www.auroville.org.in](http://www.auroville.org.in)

**AcroYoga Class:** Venue: Joy Community Guesthouse Hall, Center Field. Thursday 4.30 to 6 pm. Contact: 2622584/9442328120. 50 % discount for people under 30 years old. Multiple classes discount available. On donation basis for Aurovilians, Newcomers, and SAVI registered volunteers.

**African Drumming Sessions:** The African Pavilion Team is happy to announce a series of drumming sessions that will take place every Thursday from 7 pm till 9 pm in the African Pavilion to fund raise the ongoing construction. Help support the project joining the drumming circle around an inspiring fire. Enjoy the beat!

**Aikido classes at the Auroville Budokan (Dehashakti):** *Beginners:* Monday and Wednesday evening 6.00 to 7.00 pm and Saturday morning 6.30 to 7.30 am (mixed levels). *Advanced* (morning classes): Tuesday - Thursday 6.00 to 7.30 am and mixed levels on Saturday 6.30 to 7.30 am. Please be at the Dojo/Budokan at least 15 min. before the class starts.

Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please), then a white "keikogi" will be required. Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For Children classes and more general info, please write to [budokan@auroville.org.in](mailto:budokan@auroville.org.in) or contact *Surya*: 0413-2623.813 or 9655.4854.87 Our webpage: [budokan.auroville.org/](http://budokan.auroville.org/)

**Alcoholics Anonymous:** meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Argentine Tango:** Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8 pm@ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: [tango@auroville.org.in](mailto:tango@auroville.org.in) Bring socks or dance shoes.

**Astrology, its holistic approach:** Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

**Authentic Tamil culture:** *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

**"Birth awake Auroville":** is offering: Birth and Parenting books and DVDs LIBRARY - Empowered pregnancy and birth circles - For details contact *Prem Shakti*: [premsakti@auroville.org.in](mailto:premsakti@auroville.org.in) / 9489244823

**Buddha Garden** looks after a small demonstration vegetable garden at the back of the Visitors Centre. Come and help us every Tuesday 4.30 - 5.30 pm. Meet at the Visitors Centre back entrance at 4.30 pm and ask for *Spiros* (phone him: 8531913924 for further details).

**Capoeira (Ginga Saroba Group):** Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da India and his students

- ADULTS >> Monday: 5.15 PM - Bharat Nivas (Sawchu) | Tuesday & Thursday: 6.00 PM - Deepanam | Wednesday & Friday: 7.00 AM - Town Hall (Plaza)
- KIDS >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
- CONTACT >> 9488328435 (Prof. Samuka) | [info@ginga-saroba.com](mailto:info@ginga-saroba.com) | [www.ginga-saroba.com](http://www.ginga-saroba.com)

**Capoeira (Grupo Gingado Capoeira):** Monday 6-7:30pm @ Bamboo Land (Near Imagination) / Friday 6-7:30pm @ New Creation dance studio / Saturday 11am-12:30pm Music Class @ Bamboo Land (near Imagination)  
Classes led by Instructor Camaleao (Jeremy) with over 20 years of Capoeira experience. Axe!  
For more info visit: [www.gingadocapoeira.in](http://www.gingadocapoeira.in) / [info@gingadocapoeira.in](mailto:info@gingadocapoeira.in) / 9489322615.

**Clay classes for children and adults:** with Saraswati and Anna. Please mail to [aurokatrusya@gmail.com](mailto:aurokatrusya@gmail.com) for details. Regards *Saraswati* 9787571633

**Creativity - Life Drawing Circle:** Time: Tuesdays, 5.30pm to 7.30pm. Venue: Creativity Atelier. Creativity Community. Fees: None, FREE. All are welcome to immerse themselves in our intense and inspiring session of life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A model and basic drawing materials will be arranged for. It is free, but we seek your generous donation to maintain the well-endowed studio and sustain the enriching experience. We also welcome those

who would like to model for our artists. For more information or to book yourself, please contact *Lakshay* on 9810052574. Cheers!

**Dance Fitness:** classes have started again in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

**Feminine dance for all women:** Tuesdays at 4pm in Cripa, Kalabhumi. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. [galit@auroville.org.in](mailto:galit@auroville.org.in)

**Flamenco In Cripa Every Wednesday:** From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

**Foot reflexology:** A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email [vikram@auroville.org.in](mailto:vikram@auroville.org.in) for an appointment.

**French classes at Savitri Bhavan, House of Mother's Agenda:** French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

**From the Food Lab:** Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**Hiphop classes:** New in New Creation Dance Studio! By *Vijay*, for young students from 8-18 years Tuesdays from 6-7pm. Saturdays from 4-5pm.

**Hormonal Dance:** Led by *Suriya Gandhi*. For **post-menopausal women**. It is an on-going class every Sat. 4-5 in Creativity's Hall of Light.  
Info: 0413-262-2602 (no class on Aug. 13)

**Improvisation Theatre Workshop:** Our training program is dedicated to surveying the breadth of theatre improv and providing a transformative experience that will empower you to explore improv at whatever level of mastery to which you aspire. For more information contact: Veronique J. (9488512678) or Emanuele (9943970834). Fridays from 4.30-6 pm Venue: SAWCHU.

**Introduction to Sustainable Food Growing:** Every Monday 10.00 am till lunch time in Buddha Garden. Contact *Priya* for more details at [priya@auroville.org.in](mailto:priya@auroville.org.in) or 94432 22653

**Leela, the Game of the Self Knowledge** (a 2000 years old game!): Come and play the Game of your Life! **Sundays, 9.30am to 12.30** (above 15 years old), in SVEDAME, at the Butterfly Barn.  
English, Spanish, French, Italian, German and Russian versions all available Contact: Veronique J. 948 85 12 678 [www.leelathegame.blogspot.in](http://www.leelathegame.blogspot.in)

**Life Coaching:** Using awareness, visualization & imagination techniques, life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again. For appointment contact Pitanga: 2622403 or Vani: 9488818072/ [vani@auroville.org.in](mailto:vani@auroville.org.in) / *Reiki and Reflexology courses possible on request*

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective

experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**Mixed Martial Arts:** Monday 6:00 to 7:00 pm / Wednesday 5:30 to 7:00 pm. Monday is a beginners class in which we focus more on basic techniques and self-defense. Wednesday we focus more on strengthening and sparring. Venue: Dehashakti Sportground Gymnasium. Usual rules: Punctuality, max 12 people, don't come sweaty or dirty from previous activities, Free for Aurovilians, Newcomers, SAVI long term volunteers - Guest: 150 rs per lesson - Giacomo 9487340778 [giacomoauroville@gmail.com](mailto:giacomoauroville@gmail.com)

**MUDRA-Chi Workshop:** A body Prayer in a Tai-Chi Form . First Sunday of each month, at 5 p.m. . At Savitri Bhavan. Facilitator: Anandi . For further information or Special Classes , contact me , [anandi7@auroville.org.in](mailto:anandi7@auroville.org.in)

**Nada Yoga:** Monday 2 pm to 4 pm (for new students with appointment) / Tuesday 2 pm to 4 pm - In Creativity hall of light. Nada Yoga or Yoga of Sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition to these techniques, during the classes we will also learn many devotional songs. Contact Hamsini: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has been teaching it for 5 years.

**For NVC (Nonviolent Communication) and RC (Restorative Circles)** in Auroville, please contact L'aura: 9442788016, [laura.joyful@gmail.com](mailto:laura.joyful@gmail.com).

**Odissi & Semi-Classical Bollywood Dance Class With Tejas:** Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. [tejas@shaktidancetroupe.com](mailto:tejas@shaktidancetroupe.com).

**OM Choir:** "The voice that chants to the creator Fire,/The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

**Pilates with Savitri:** at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level on Saturdays at 7.30 am, intermediate level.

**"Prana Vashya" Asana Yoga:** at Joy Community Guesthouse Hall, Center Field. Every Monday, Wednesday & Friday 4.30 to 6 pm. Contact: 0413-2622584/9442328120. This practice is a sixty asana sequence focusing on the development of strength with flexibility. The breath remains the key for practice throughout the series and the practitioner focuses on maintaining continuity in the breath and movements during the whole practice. Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

**Pregnancy Classes:** We hold a space for pregnant mothers to share information and work on reflecting on pregnancy and moving from emotional blockages, getting advice to overcome difficulties, fears & doubts about birth and bringing more joy into the birthing journey. Time and place will be determined by mutual availability of the pregnant mothers and Ally. For more information please contact: [ally@auroville.org.in](mailto:ally@auroville.org.in). Allison

**Psycho-spiritual work, tarot and other sessions:** To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, inner personalities" discovery and balancing , guided meditation and other tools...by Antaryoti in English or French, tel(land): 0413-262 37 67 or email: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

**Réception Francophone:** Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

**Russian Singing Bells -Tuning to Harmony:** Workshop at CRIPA (Kalabhumi) Mondays 4.30-6.00 pm (Call to confirm happening dates: 9486247202 - [vera.auroville@gmail.com](mailto:vera.auroville@gmail.com) ) Meditation on sound and collective experience of creating music together using the elements of the Integral Yoga practice. The sound of this uniquely tuned bell plates becomes an instrument of exploring the inner dimensions of our being as well as the field of collective harmony and collective intuition. No registration required (except for groups). Contribution requested from guests. Led by Vera Joshi.

**Salsa in CRIPA:** Salsa dance class led by Vijay, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabhumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

**Sanskrit Mantras:** Venue: Joy Community Guesthouse Hall, Center Field. Drop in: Wednesday 6 to 7pm. Regular students: Friday 6 to 7 pm. Contact: 2622584/9442328120. Chanting Sanskrit mantras is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way. Drop in class, fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof)

**Satsang:** a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

**Skyworks: Tree Climbing Workshops:** RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions and appointment call Satyaaji 853 103 35 45

**Sound Bath - Unity Journey:** Aurelio and team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the SOOTHING WAVES and VIBRATIONS of pure acoustic instruments. Gongs, bells, chimes and diverse newly invented and archaic sound sources will invite the listener into a SOUND JOURNEY through inner landscapes and synaesthetic contemplation towards a Unity experience. Every Wednesday at 5.30 pm at Unity Pavilion

**Sound Therapy and Exploration in the Body for Self-Healing:** Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book your appointment, please call Isha at: (0413) 2622192 / (+91) 99433 05092

**South Indian Classical Dance (Bhratnatyam):** Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri: 7598368514

**Spanish Tertulia:** A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

**Spontaneous Singing with Antoine:** Creativity - Hall of Light Every Wednesday, 5 pm - 6:30 pm. Max 10 people - Please come on time 8940740529

**Svastha Yoga in Arka:** Svastha Yoga, a holistic non-standardized yoga practice & teaching methodology as taught by Sri T Krishnamacharya. Gentle classes accessible to a broad spectrum of students, adapted to individual needs & abilities. *Jani* is a long-standing student of AG Mohan & Indra Mohan, Svastha Yoga & Ayurveda Chennai. Tuesday: 5:00 - 6:00 pm and Friday: 9:00 - 10:00 am / Individual classes also available. Contact details: C Jani / Cell: 8531-021586 / Email: [cjani4@gmail.com](mailto:cjani4@gmail.com)

**Tamil Literary Classes and Craft Lessons:** Ilaigarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: [tamil@auroville.org.in](mailto:tamil@auroville.org.in). R. Meenakshi ( Ilaigarkal Education Centre)

**Tai Chi Hall @ Sharnqa:** Monday 7.30am-9am Chi and 24-form; Tuesday 7.30am-8.30am Chi; Tuesday 8.30am-9.30am 24 form; Wednesday 7.30am-8.30am 127 form; Thursday 7.30am-8.30am 108 form; Friday 7.30am-8.30am 108 form; Saturday 7.30am-8.30am 127 form.

**Thai Yoga Massage:** Joy Community Guesthouse Hall, Center Field. Every Wed/Fri 2.30 to 4 pm. Thai Massage is an ancient healing system combining rhythmic acupressure, body rocking and deep assisted stretches to relieve muscular tension and enables more blood to be carried throughout the body. (The receiver wears loose, comfortable clothing and lies on a firm mattress on the floor). Please call Joy Community at 2622584

or 9442328120 or email to [joycommunity@auroville.org.in](mailto:joycommunity@auroville.org.in) to request an appointment. Fixed contribution for guests (50 % discount for under 30 with ID proof), free donation for AVs, NCs & long-term volunteers (with SAVI registration proof).

**Tibetan Dinner:** Wednesdays and Saturdays - From 6.45 till 8 pm. Required pre-booking and your last booking time is at 10 am for both days. To book call 0413-2622401 / 8489067332. or send an email to: [kalsang@auroville.org.in](mailto:kalsang@auroville.org.in) Venue: Pavilion of Tibetan Culture. On Wednesdays, a film related to Tibetan Culture is shown after dinner.

**Ultimate Frisbee:** Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact [avultimate@auroville.org.in](mailto:avultimate@auroville.org.in) with any questions or just come ready to play!

**Vedic Astrology:** Chart reading and interpretation. Call 9843948288 or email [vikram@auroville.org.in](mailto:vikram@auroville.org.in) for an appointment.

**Veena Musical Classes:** As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yazh, which was similar to the Grecian harp. *Bharata*, in his *Natyashastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at **Yatra Arts Foundation**, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413- 2623071 / 9786772209

**Yoga classes - asanas & pranayama in Iyengar tradition:** suitable for all levels - Tuesdays and Saturdays: 7.00am to 8.00 am / Fridays: 4.30 pm to 5.30 pm at New Creation Sports Resource Center Hall (opposite basketball ground), Kuilapalayam. For further information, please write [olesya@auroville.org.in](mailto:olesya@auroville.org.in) or contact: 915 905 2743

**ACCESSIBLE AUROVILLE PUBLIC BUS - NOVEMBER**

| <u>Morning Trips:</u><br><u>MONDAY to SATURDAY</u> | <u>Afternoon Trips:</u><br><u>WEDNESDAY &amp; FRIDAY</u> | <u>**NEW** Short afternoon Trips:</u><br><u>MONDAY &amp; SATURDAY</u> |
|--|--|---|
| 8.20 am - Vérité                                   | 4.20 pm - Vérité   | 2.50 pm - Vérité  |
| 8.25 am - Matrimandir office gate                  | 4.25 pm - Matrimandir office gate                        | 2.55 pm - Matrimandir office gate                                     |
| 8.30 am - Solar kitchen                            | 4.30 pm - Solar kitchen                                  | 3.00 pm - Solar kitchen   |
| 8.32 am - Certitude                                | 4.33 pm - Certitude                                      | 3.03 pm - Certitude   |
| 8.40 am - Kuilapalayam<br>(New Creation Junction)  | 4.40 pm - Kuilapalayam<br>(New Creation Junction)        | 3.08 pm - Kuilapalayam<br>(New Creation Junction)                     |
| 8.42 am - Kuilapalayam(SBI Bank )                  | 4.42 pm - Kuilapalayam(SBI Bank )                        | 3.10 pm - Kuilapalayam(SBI Bank )                                     |
| 8.45 am - Last School                              | 4.45 pm - Last School                                    | 3.12 pm - Last School   |
| 8.50 am - Quiet                                    | 4.50 pm - Quiet  | 3.18 pm - Quiet   |
| 9.00 am - Lotus Hotel                              | 5.00 pm - Lotus Hotel                                    | 3.30 pm - Lotus Hotel   |
| 9.05.am - Ashram Dining Hall                       | 05.05 pm - Ashram Dining Hall                            | 3.35 pm - Ashram Dining Hall  |
| 12.00 pm - Ashram Dining Hall                      | 8.10 pm - Ashram Dining Hall                             | 6.00 pm - Ashram Dining Hall  |
| 12.05 pm - Lotus Hotel                             | 8.15 pm - Lotus Hotel                                    | 6.05 pm - Lotus Hotel   |
| 12.15 pm - Quiet                                   | 8.25 pm - Quiet  | 6.17 pm - Quiet   |
| 12.20 pm - Last School                             | 8.30 pm - Last School                                    | 6.23 pm - Last School   |
| 12.23 pm - Kuilapalayam(SBI Bank )                 | 8.33 pm - Kuilapalayam(SBI Bank )                        | 6.25 pm - Kuilapalayam(SBI Bank )                                     |
| 12.25 pm - Kuilapalayam<br>(New Creation Junction) | 8.35 pm - Kuilapalayam<br>(New Creation Junction)        | 6.27 pm - Kuilapalayam<br>(New Creation Junction)                     |
| 12.33 pm - Certitude                               | 8.43 pm - Certitude                                      | 6.33 pm - Certitude   |
| 12.35 pm - Solar Kitchen                           | 8.45 pm - Solar Kitchen                                  | 6.35 pm - Solar Kitchen   |
| 12.40 pm - Matrimandir Office Gate                 | 8.50 pm - Matrimandir Office Gate                        | 6.40 pm - Matrimandir Office Gate                                     |
| 12.45 pm - Vérité                                  | 8.55 pm - Vérité   | 6.45 pm - Vérité  |

Reminder: NO BUS ON DIWALI 29/10  
- Email contact: [avbus@auroville.org.in](mailto:avbus@auroville.org.in)



CINEMA - Bharat Nivas - AUDITORIUM  
(Film starts at 7:45 pm SHARP!)

- **Reminder: Friday 28<sup>th</sup> October: NO FILM**
- **FRIDAY 4th NOVEMBER- 7:45 PM (sharp!)**

**"Mr. SMITH GOES TO WASHINGTON"**  
- Directed by Frank Capra - USA, 1939 - Dur. 2hrs 09mins  
Stars: James Stewart, Jean Arthur, Claude Rains  
Synopsis: In order to continue with their shady operations quietly, Jim Taylor, a tycoon who controls a media group, and Senator Joseph Harrison Paine, a political tenor, organize the election to the Senate of the young and innocent Jefferson Smith, passionately devoted to the Boy Scout group he leads and to the values of American democracy. Amazed by his new role, Smith has no idea what is happening behind his back... Considered one of the greatest films of all time, and in 1989, the Library of Congress added the movie to the United States National Film Registry, for being "culturally, historically, or aesthetically significant".  
*Original English version with English subtitles*



**THE ECO FILM CLUB**  
Sadhana Forest, November 4th, Friday

Schedule of Events:  
16:00 Free bus from Solar Kitchen to Sadhana

Forest for the Tour  
16:30 Tour of Sadhana Forest  
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club  
18:30 Eco Film Club begins with "previews" of short Sadhana Forest films  
20:00 Dinner is served  
21:30 Free bus from Sadhana Forest back to Solar Kitchen  
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

**THE TIGER AND THE MONK**  
50mins, 2007 - Directed by Harold Pokieser  
Wat Pa Luangta Bua is a monastery of meditation, situated far away from any civilization, about 200 kilometres west of Bangkok, and here, silence, peace and harmony reign. Every afternoon, a daily ritual is observed - nonchalant Buddhist monks take their ten 3-5 year old tigers out on a leash for a walk through the bordering region of Burma. This documentary portrays the harmonious relationship between predators and humans without disregarding the monk's maxim that "a tiger will always be a tiger, even if it feeds from the hand. It will always be a wild animal".  
(Reminder: Friday, October 28th:- Human.)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in) or visit us online: [sadhanaforest.org](http://sadhanaforest.org) / [facebook.com/sadhanaforest](https://www.facebook.com/sadhanaforest)

**VISITOR CENTER MOVIE SHOW**

3rd November Thursday 8pm  
**THE SECRET LIFE OF PETS (2016)**  
Genre: Family/Animation / Rated: Universal / Dur.: 1:27 mins / Language: English/Subtitle: English  
Dir.: Yarrow Cheney, Chris Renaud / Cast: Louis C.K., Eric Stonestreet, Kevin Hart  
Story Line: The quiet life of a terrier named Max is upended when his owner takes in Duke, a stray whom Max instantly dislikes.

4th November Friday 8pm  
**FINDING DORY (2016)**  
Genre: Adventure/Animation / Rated: Universal / Dur: 1:37 mins / Language: English/ NO SUBTITLE  
Dir.: Andrew Stanton, Angus MacLane / Cast: Ellen DeGeneres, Albert Brooks, Ed O'Neill  
Story Line: The friendly but forgetful blue tang fish begins a search for her long-lost parents, and everyone learns a few things about the real meaning of family along the way.

**AT SAVITRI BHAVAN**

Monday, 31<sup>st</sup> of October 2016 at 6:30 pm  
**"MEDITATIONS ON SAVITRI - Book One - Canto 4: THE SECRET KNOWLEDGE, Part 1"**

"The Secret Knowledge" in Savitri is also called Sri Aurobindo's Upanishad and like the Veda it contains the knowledge of spirit and matter and of life and it gives insights in the evolution of consciousness.  
*"An outstretched Hand is felt upon our lives. / It is near us in unnumbered bodies and births; / ... No will can take away and no doom change, / The crown of conscious Immortality, / The godhead promised to our struggling souls / When first man's heart dared death and suffered life." And "Our life is a paradox with God for key."*  
Film by Manohar of Huta's paintings illustrating passages from Savitri read by The Mother and accompanied on her own organ music. Duration: 41min.

**THE FRENCH PAVILION Presents**

«L'Odorat» ("The Empire of Scents")  
Saturday, October 29<sup>th</sup>, 2016 - 5:00 pm  
At Cinema Paradiso (Town Hall)  
- Directed by Kim Nguyen

*"Scents, like colors, can be declined at infinitum"*  
The pleasures of food, of the erotic and of family form the very fabric of our emotional lives. And smell is an essential emotional trigger. There is more truth to call our sense of smell our sense of desire because it springs our passions. Smell moves us, subliminally and profoundly. It moves us to act and do things we are wholly unaware of. It enriches our lives, gives us unspeakable joys. All along this feature-length documentary, central storylines take us into the world of smell. Many of them have the suspense, death-defying risk and insanity of an ultimate quest. Others are moments of pure poetry. Dur.: 84 minutes - Version for French Speakers

**Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)**

The contents of News & Notes are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

**The Tuesday deadline (5pm) is absolute as the News is given to the printers by Wednesday 2 pm.**

**Articles for the Notes section** should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

**Visiting hours:** Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; **No visitors on Wednesdays.**

**Soft Version:** We encourage you to ask us for a soft version of News&Notes sent directly to your own mail

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)



# Cinema Paradiso

Multimedia Center (MMC) Auditorium  
Film program 31 October 2016 to 6 November 2016

## Indian - Monday 31 October, 8:00 pm:

- **ANGREJ (The British)**

India, 2015, Dir. Simerjit Singh w/Amrinder Gill, Sargun Mehta Dubey, Aditi Sharma, Comedy-Romance, 137mins, Punjabi w/ English subtitles, Rated: NR (G)

Rated as one of the best Punjabi films ever, in this period drama Geja falls in love with Madho back in 1945. It was an era where love was treated as a crime. The film portrays beautifully, how Geja irrespective of all odds rendezvous with Madho. However before their love could bloom, Hakam comes into the scene and blows Madho away from Geja with his riches. Shattered, Geja finds solace in Dhan Kaur, who helps him to get back his lost love but in the process herself falls for him.

## Italian - Tuesday 1 November, 8:00 pm:

- **DOBBIAMO PARLARE (Let's Talk)**

Italy, 2015, Dir. Sergio Rubini w/ Fabrizio Bentivoglio, Isabella Aragonese, Maria Pia Calzone, Sergio Rubini, Comedy, 101 mins, Italian w/ English subtitles, Rated: NR

Two couples who are friends unexpectedly spend a night talking about their lives as a consequence of an affair involving one of them. A simple evening brings out that which has not been said over the years. It is an explosive epiphany. To relativize love means to subdue it, to impoverish it into nothingness. Love most certainly exists in nature, and every being is naturally driven towards another; but when words come into play, it risks to reach the dangerous shadow line, where the only love may be the love for one's self, love for life. So should we never talk? Should we be mute like fish? But what if fish could talk?

## Interesting - Wednesday 2 November, 8:00 pm:

- **FRANCOFONIA**

France-Germany, 2015, Dir. Aleksandr Sokurov, Documentary- -History, 88 mins, Russian-French-German-English w/ English subtitles, Rated: G

This film focuses on the history of the Louvre during the Nazi occupation. A tour of the Louvre serves as a meditation on art and on the meaning and timelessness of art. The film also explores how the museum avoided being plundered during the Nazi occupation of France, and depicts the ghost of Napoleon wandering among the exhibits.

## Russian - Thursday 3 November, 8:00 pm:

- **VOLKODAV (Wolfhound)**

Soviet Union, 1991, Dir. Mikhail Tumanishvili w/ Inara Slucka, Aleksey Guskov, Anatoliy Romashin, and others, Action, 103mins, Russian w/ English subtitles, Rated: NR.

Volkodav, despite a terrible childhood and youth, has grown into an almost perfect model of Russian chivalry. The story takes place in the Middle Ages and, involving royalty, soldiers, magicians, and common people, gives an interesting insight into the Russian civilization of that time... if you don't mind the fighting scenes.

## International - Saturday 5 November, 8:00 pm:

- **EVERYBODY WANTS SOME!!**

USA, 2016, Writer-Dir. Richard Linklater w/ Blake Jenner,

Juston Street, Rayan Guzman, and others, Comedy, 157 mins, English w/ English subtitles, Rated: R

In the summer of 1980, freshman pitcher Jake moves into an old college house with his rowdy teammates. Together, they must navigate their way between girls, parties and baseball in the last weekend before the school begins. This deceptively subtle and provokingly unironic comedy intensifies, almost makes a cartoon of what it is like to be young and male.

## Children's Film - Sunday 6 November, 4:30 pm:

- **CRIN BLANC: LE CHEVAL SAUVAGE (White Mane)**
- **LE BALLON ROUGE (The Red Balloon)**

Crin Blanc - France, 1953, Dir: Albert Lamorisse w/ Alain Emery, Laurent Roche, Clan-Clan, and others, Drama, 40mins, French w/English subtitles, Rated: U (G) : In the Camargue, France, a young boy bonds with a white haired horse that escaped from ranchers. Le Ballon Rouge - France, 1956, Dir: Albert Lamorisse, w/Pascal Lamorisse, Sabine Lamorisse, Georges Sellier and others, Drama, 34mins, French w/English subtitles, Rated: U (G): A red balloon with a life of its own follows a little boy around the streets of Paris.

## Federico Fellini Film Festival @ Ciné-Club

### Ciné-Club - Sunday 6 November, 8:00 pm:

- **IL CASANOVA DI FEDERICO FELLINI( Fellini's Casanova)**

Italy, 1976, Dir. Federico Fellini w/Donald Sutherland, Tina Aumont, Cicely Brown, and others, History-Biography, 155mins, Italian w/Italian subtitles, Rated: R

The film portrays Casanova's life as a freakish journey into sexual abandonment. Any meaningful emotion or sensuality is eclipsed by increasingly strange situations. The narrative presents Casanova's adventures in a detached, methodical fashion, as the respect he yearns for is constantly undermined by more basic urges. This is a visual delight of a fantastic odyssey. The characters are often grotesques, as was Fellini's eye on the world. It is his version of the tragic decline of a man who wished to be viewed seriously but was only taken at the face value of his amorous reputation, increasingly being seen as a pitiful joke.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

*Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium. As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.*

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). We appreciate your continued support. *Pl make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.*

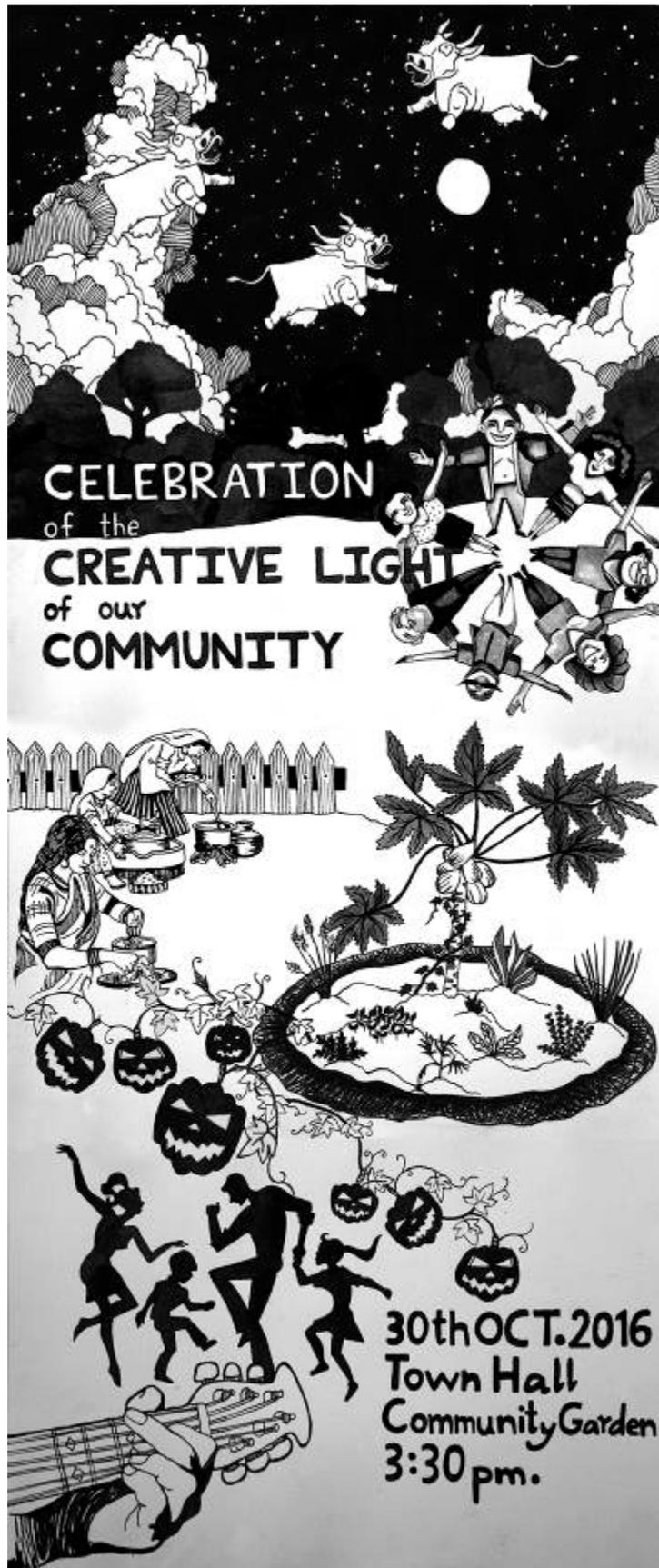
Thanking You,

MMC/CP Group

- Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

### Auroville Emergency Contact Numbers - Save them in your phone now!

- Auroville Safety and Security Team: 9443090107 - 9443362691 (Email: [avsecurity@auroville.org.in](mailto:avsecurity@auroville.org.in))
- Ambulance: Auroville: 9442224680 - Pims: 0413-2656271
- Farewell: mobile number: 8903836246. *reachable 24/7.*



*Come and get involved !  
in the permaculture gardens, kids face painting, carve a pumpkin  
and participate in the huge human mandala  
with music, Qi Gong, and other activities!*