Chapter III

The Godward Emotions

THE PRINCIPLE of Yoga is to turn Godward all or any of the powers of the human consciousness so that through that activity of the being there may be contact, relation, union. In the Yoga of Bhakti it is the emotional nature that is made the instrument. Its main principle is to adopt some human relation between man and the Divine Being by which through the ever intenser flowing of the heart’s emotions towards him the human soul may at last be wedded to and grow one with him in a passion of divine Love. It is not ultimately the pure peace of oneness or the power and desireless will of oneness, but the ecstatic joy of union which the devotee seeks by his Yoga. Every feeling that can make the heart ready for this ecstasy the Yoga admits; everything that detracts from it must increasingly drop away as the strong union of love becomes closer and more perfect.

All the feelings with which religion approaches the worship, service and love of God, the Yoga admits, if not as its final accompaniments, yet as preparatory movements of the emotional nature. But there is one feeling with which the Yoga, at least as practised in India, has very little dealing. In certain religions, in most perhaps, the idea of the fear of God plays a very large part, sometimes the largest, and the Godfearing man is the typical worshipper of these religions. The sentiment of fear is indeed perfectly consistent with devotion of a certain kind and up to a certain point; at its highest it rises into a worship of the divine Power, the divine Justice, divine Law, divine Righteousness, and ethical obedience, an awed reverence for the almighty Creator and Judge. Its motive is therefore ethico-religious and it belongs not so strictly to the devotee, but to the man of works moved by a devotion to the divine ordainer and judge of his works. It regards God as the King and does not approach too near the
glory of his throne unless justified by righteousness or led there by a mediator who will turn away the divine wrath for sin. Even when it draws nearest, it keeps an awed distance between itself and the high object of its worship. It cannot embrace the Divine with all the fearless confidence of the child in his mother or of the lover in his beloved or with that intimate sense of oneness which perfect love brings with it.

The origin of this divine fear was crude enough in some of the primitive popular religions. It was the perception of powers in the world greater than man, obscure in their nature and workings, which seemed always ready to strike him down in his prosperity and to smite him for any actions which displeased them. Fear of the gods arose from man's ignorance of God and his ignorance of the laws that govern the world. It attributed to the higher powers caprice and human passion; it made them in the image of the great ones of the earth, capable of whim, tyranny, personal enmity, jealous of any greatness in man which might raise him above the littleness of terrestrial nature and bring him too near to the divine nature. With such notions no real devotion could arise, except that doubtful kind which the weaker may feel for the stronger whose protection he can buy by worship and gifts and propitiation and obedience to such laws as he may have laid upon those beneath him and may enforce by rewards and punishments, or else the submissive and prostrate reverence and adoration which one may feel for a greatness, glory, wisdom, sovereign power which is above the world and is the source or at any rate the regulator of all its laws and happenings.

A nearer approach to the beginnings of the way of devotion becomes possible when this element of divine Power disengages itself from these crudities and fixes on the idea of a divine ruler, creator of the world and master of the Law who governs the earth and heavens and is the guide and helper and saviour of his creatures. This larger and higher idea of the divine Being long kept many elements and still keeps some elements of the old crudity. The Jews who brought it forward most prominently and from whom it overspread a great part of the world, could
believe in a God of righteousness who was exclusive, arbitrary, wrathful, jealous, often cruel and even wantonly sanguinary. Even now it is possible for some to believe in a Creator who has made heaven and hell, an eternal hell, the two poles of his creation, and has even according to some religions predestined the souls he has created not only to sin and punishment, but to an eternal damnation. But even apart from these extravagances of a childish religious belief, the idea of the almighty Judge, Legislator, King, is a crude and imperfect idea of the Divine, when taken by itself, because it takes an inferior and an external truth for the main truth and it tends to prevent a higher approach to a more intimate reality. It exaggerates the importance of the sense of sin and thereby prolongs and increases the soul’s fear and self-distrust and weakness. It attaches the pursuit of virtue and the shunning of sin to the idea of rewards and punishment, though given in an after life, and makes them dependent on the lower motives of fear and interest instead of the higher spirit which should govern the ethical being. It makes hell and heaven and not the Divine himself the object of the human soul in its religious living. These crudities have served their turn in the slow education of the human mind, but they are of no utility to the Yogan who knows that whatever truth they may represent belongs rather to the external relations of the developing human soul with the external law of the universe than any intimate truth of the inner relations of the human soul with the Divine; but it is these which are the proper field of Yoga.

Still out of this conception there arise certain developments which bring us nearer to the threshold of the Yoga of devotion. First, there can emerge the idea of the Divine as the source and law and aim of our ethical being and from this there can come the knowledge of him as the highest Self to which our active nature aspires, the Will to which we have to assimilate our will, the eternal Right and Purity and Truth and Wisdom into harmony with which our nature has to grow and towards whose being our being is attracted. By this way we arrive at the Yoga of works, and this Yoga has a place for personal devotion to the Divine, for the divine Will appears as the Master of our works
to whose voice we must listen, whose divine impulsion we must obey and whose work it is the sole business of our active life and will to do. Secondly, there emerges the idea of the divine Spirit, the father of all who extends his wings of benignant protection and love over all his creatures, and from that grows between the soul and the Divine the relation of father and child, a relation of love, and as a result the relation of brotherhood with our fellow-beings. These relations of the Divine into the calm pure light of whose nature we have to grow and the Master whom we approach through works and service, the Father who responds to the love of the soul that approaches him as the child, are admitted elements of the Yoga of devotion.

The moment we come well into these developments and their deeper spiritual meaning, the motive of the fear of God becomes otiose, superfluous and even impossible. It is of importance chiefly in the ethical field when the soul has not yet grown sufficiently to follow good for its own sake and needs an authority above it whose wrath or whose stern passionless judgment it can fear and found upon that fear its fidelity to virtue. When we grow into spirituality, this motive can no longer remain except by the lingering on of some confusion in the mind, some persistence of the old mentality. Moreover, the ethical aim in Yoga is different from that of the external idea of virtue. Ordinarily, ethics is regarded as a sort of machinery of right action, the act is everything and how to do the right act is the whole question and the whole trouble. But to the Yogin action is chiefly important not for its own sake, but rather as a means for the growth of the soul Godward. Therefore what Indian spiritual writings lay stress upon is not so much the quality of the action to be done as the quality of the soul from which the action flows, upon its truth, fearlessness, purity, love, compassion, benevolence, absence of the will to hurt, and upon the actions as their outflowings. The old western idea that human nature is intrinsically bad and virtue is a thing to be followed out in despite of our fallen nature to which it is contrary, is foreign to the Indian mentality trained from ancient times in the ideas of the Yogins. Our nature contains, as well as
its passionate rajasic and its downward-tending tamasic quality, a purer sattwic element and it is the encouragement of this, its highest part, which is the business of ethics. By it we increase the divine nature, daivi prakṛti, which is present in us and get rid of the Titanic and demoniac elements. Not therefore the Hebraic righteousness of the Godfearing man, but the purity, love, beneficence, truth, fearlessness, harmlessness of the saint and the God-lover are the goal of the ethical growth according to this notion. And, speaking more largely, to grow into the divine nature is the consummation of the ethical being. This can be done best by realising God as the higher Self, the guiding and uplifting Will or the Master whom we love and serve. Not fear of him, but love of him and aspiration to the freedom and eternal purity of his being must be the motive.

Certainly, fear enters into the relations of the master and the servant and even of the father and the child, but only when they are on the human level, when control and subjection and punishment figure predominantly in them and love is obliged to efface itself more or less behind the mask of authority. The Divine even as the Master does not punish anybody, does not threaten, does not force obedience. It is the human soul that has freely to come to the Divine and offer itself to his overpowering force that he may seize and uplift it towards his own divine levels, and give it that joy of mastery of the finite nature by the Infinite and of service to the Highest by which there comes freedom from the ego and the lower nature. Love is the key of this relation, and this service, dāsyam, is in Indian Yoga the happy service of the divine Friend or the passionate service to the divine Beloved. The Master of the worlds who in the Gita demands of his servant, the bhakta, to be nothing more in life than his instrument, makes this claim as the friend, the guide, the higher Self, and describes himself as the Lord of all the worlds who is the friend of all creatures, sarvalokamaheśvarāṁ suhṛdam sarvabhitānāṁ; the two relations in fact must go together and neither can be perfect without the other. So too it is not the fatherhood of God as the Creator who demands obedience because he is the maker of our being, but the fatherhood of love which leads us towards
the closer soul-union of Yoga. Love is the real key in both, and
perfect love is inconsistent with the admission of the motive of
fear. Closeness of the human soul to the Divine is the object, and
fear sets always a barrier and a distance; even awe and reverence
for the divine Power are a sign of distance and division and they
disappear in the intimacy of the union of love. Moreover, fear
belongs to the lower nature, to the lower self, and in approaching
the higher Self must be put aside before we can enter into its
presence.

This relation of the divine fatherhood and the closer rela-
tion with the Divine as the Mother-Soul of the universe have
their springs in another early religious motive. One type of the
Bhakta, says the Gita, is the devotee who comes to the Divine as
the giver of his wants, the giver of his good, the satisfier of the
needs of his inner and his outer being. “I bring to my bhakta”
says the Lord “his getting and his having of good, yogakṣemāni
vahāmyaham.” The life of man is a life of wants and needs and
therefore of desires, not only in his physical and vital, but in
his mental and spiritual being. When he becomes conscious of
a greater Power governing the world, he approaches it through
prayer for the fulfilment of his needs, for help in his rough
journey, for protection and aid in his struggle. Whatever cru-
dities there may be in the ordinary religious approach to God
by prayer, and there are many, especially that attitude which
imagines the Divine as if capable of being propitiated, bribed,
flattered into acquiescence or indulgence by praise, entreaty and
gifts and has often little regard to the spirit in which he is
approached, still this way of turning to the Divine is an essential
movement of our religious being and reposes on a universal
truth.

The efficacy of prayer is often doubted and prayer itself
supposed to be a thing irrational and necessarily superfluous
and ineffective. It is true that the universal will executes always
its aim and cannot be deflected by egoistic propitiation and en-
treaty, it is true of the Transcendent who expresses himself in the
universal order that being omniscient his larger knowledge must
foresee the thing to be done and it does not need direction or
stimulation by human thought and that the individual’s desires are not and cannot be in any world-order the true determining factor. But neither is that order or the execution of the universal will altogether effected by mechanical Law, but by powers and forces of which for human life at least human will, aspiration and faith are not among the least important. Prayer is only a particular form given to that will, aspiration and faith. Its forms are very often crude and not only childlike, which is in itself no defect, but childish; but still it has a real power and significance. Its power and sense is to put the will, aspiration and faith of man into touch with the divine Will as that of a conscious Being with whom we can enter into conscious and living relations. For our will and aspiration can act either by our own strength and endeavour, which can no doubt be made a thing great and effective whether for lower or higher purposes, — and there are plenty of disciplines which put it forward as the one force to be used, — or it can act in dependence upon and with subordination to the divine or the universal Will. And this latter way again may either look upon that Will as responsive indeed to our aspiration, but almost mechanically, by a sort of law of energy, or at any rate quite impersonally, or else it may look upon it as responding consciously to the divine aspiration and faith of the human soul and consciously bringing to it the help, the guidance, the protection and fruition demanded, yogakṣeman vahāmyaham.

Prayer helps to prepare this relation for us at first on the lower plane even while it is there consistent with much that is mere egoism and self-delusion; but afterwards we can draw towards the spiritual truth which is behind it. It is not then the giving of the thing asked for that matters, but the relation itself, the contact of man’s life with God, the conscious interchange. In spiritual matters and in the seeking of spiritual gains, this conscious relation is a great power; it is a much greater power than our own entirely self-reliant struggle and effort and it brings a fuller spiritual growth and experience. Necessarily in the end prayer either ceases in the greater thing for which it prepared us, — in fact the form we call prayer is not itself essential so long
as the faith, the will, the aspiration are there,—or remains only for the joy of the relation. Also its objects, the *artha* or interest it seeks to realise, become higher and higher until we reach the highest motiveless devotion, which is that of divine love pure and simple without any other demand or longing.

The relations which arise out of this attitude towards the Divine, are that of the divine Father and the Mother with the child and that of the divine Friend. To the Divine as these things the human soul comes for help, for protection, for guidance, for fruition,—or if knowledge be the aim, to the Guide, Teacher, Giver of light, for the Divine is the Sun of knowledge,—or it comes in pain and suffering for relief and solace and deliverance, it may be deliverance either from the suffering itself or from the world-existence which is the habitat of the suffering or from all its inner and real causes. In these things we find there is a certain gradation. For the relation of fatherhood is always less close, intense, passionate, intimate, and therefore it is less resorted to in the Yoga which seeks for the closest union. That of the divine Friend is a thing sweeter and more intimate, admits of an equality and intimacy even in inequality and the beginning of mutual self-giving; at its closest when all idea of other giving and taking disappears, when this relation becomes motiveless except for the one sole all-sufficing motive of love, it turns into the free and happy relation of the playmate in the Lila of existence. But closer and more intimate still is the relation of the Mother and the child, and that therefore plays a very large part wherever the religious impulse is most richly fervent and springs most warmly from the heart of man. The soul goes to the Mother-Soul in all its desires and troubles and the divine Mother wishes that it should be so, so that she may pour out her heart of love. It turns to her too because of the self-existent nature of this love and because that points us to the home towards which we turn from our wanderings in the world and to the bosom in which we find our rest.

1 These are three of the four classes of devotee which are recognised by the Gita, *ārta, arthaṛthi, jñāsu*, the distressed, the seeker of personal objects and the seeker of God-knowledge.
But the highest and the greatest relation is that which starts from none of the ordinary religious motives, but is rather of the very essence of Yoga, springs from the very nature of love itself; it is the passion of the Lover and the Beloved. Wherever there is the desire of the soul for its utter union with God, this form of the divine yearning makes its way even into religions which seem to do without it and give it no place in their ordinary system. Here the one thing asked for is love, the one thing feared is the loss of love, the one sorrow is the sorrow of separation of love; for all other things either do not exist for the lover or come in only as incidents or as results and not as objects or conditions of love. All love is indeed in its nature self-existent because it springs from a secret oneness in being and a sense of that oneness or desire of oneness in the heart between souls that are yet able to conceive of themselves as different from each other and divided. Therefore all these other relations too can arrive at their self-existent motiveless joy of being for the sake of love alone. But still they start from and to the end they to some extent find a satisfaction of their play in other motives. But here the beginning is love and the end is love and the whole aim is love. There is indeed the desire of possession, but even this is overcome in the fullness of the self-existent love and the final demand of the Bhakta is simply that his bhakti may never cease nor diminish. He does not ask for heaven or for liberation from birth or for any other object, but only that his love may be eternal and absolute.

Love is a passion and it seeks for two things, eternity and intensity, and in the relation of the Lover and Beloved the seeking for eternity and for intensity is instinctive and self-born. Love is a seeking for mutual possession, and it is here that the demand for mutual possession becomes absolute. Passing beyond desire of possession which means a difference, it is a seeking for oneness, and it is here that the idea of oneness, of two souls merging into each other and becoming one finds the acme of its longing and the utterness of its satisfaction. Love, too, is a yearning for beauty, and it is here that the yearning is eternally satisfied in the vision and the touch and the joy of the All-beautiful. Love
is a child and a seeker of Delight, and it is here that it finds the highest possible ecstasy both of the heart-consciousness and of every fibre of the being. Moreover, this relation is that which as between human being and human being demands the most and, even while reaching the greatest intensities, is still the least satisfied, because only in the Divine can it find its real and its utter satisfaction. Therefore it is here most that the turning of human emotion Godwards finds its full meaning and discovers all the truth of which love is the human symbol, all its essential instincts divinised, raised, satisfied in the bliss from which our life was born and towards which by oneness it returns in the Ananda of the divine existence where love is absolute, eternal and unalloyed.