8 February 1973

A: What is the best way of preparing ourselves, until we can establish a new system?

Naturally, it is to widen and illumine your consciousness — but how to do it? Your own consciousness... to widen and illumine it. And if you could find, each one of you, your psychic and unite with it, all the problems would be solved.

The psychic being is the representative of the Divine in the human being. That’s it, you see — the Divine is not something remote and inaccessible. The Divine is in you but you are not fully conscious of it. Rather you have... it acts now as an influence rather than as a Presence. It should be a conscious Presence, you should be able at each moment to ask yourself what is... how... how the Divine sees. It is like that: first how the Divine sees, and then how the Divine wills, and then how the Divine acts. And it is not to go away into inaccessible regions, it is right here. Only, for the moment, all the old habits and the general unconsciousness put a kind of covering which prevents us from seeing and feeling. You must... you must lift, you must lift that up.

In fact, you must become conscious instruments... conscious... conscious of the Divine.

Usually this takes a whole lifetime, or sometimes, for some people it is several lifetimes. Here, in the present conditions, you can do it in a few months. For those who are... who have an ardent aspiration, in a few months they can do it.

(Long silence)

Did you feel anything?
Be completely sincere. Say whether you felt anything, or whether there was no difference for you. Completely sincere. Well? Nobody is answering. (*Mother asks each person in turn and each gives his or her reaction.*)

*B: Sweet Mother, may I ask you whether there was a special descent?*

There is no descent. That is another wrong idea: there is no descent. It is something that is always there but which you do not feel. There is no descent: it is a completely wrong idea.

Do you know what the fourth dimension is? Do you know what it is?

*B: We have heard about it....*

Do you have the experience?

*B: No, Sweet Mother.*

Ah! But in fact that is the best approach of modern science: the fourth dimension. The Divine, for us, is the fourth dimension... within the fourth dimension. It is everywhere, you see, everywhere, always. It does not come and go, it is there, always, everywhere. It is we, our stupidity which prevents us from feeling. There is no need to go away, not at all, not at all, not at all.

To be conscious of your psychic being, you must once be capable of feeling the fourth dimension, otherwise you cannot know what it is.

My God! For seventy years I have known what the fourth dimension is... more than seventy years!

(*Silence*)

Indispensable, indispensable! Life begins with that. Otherwise
On Education

one is in falsehood, in a muddle and in confusion and in darkness. The mind, mind, mind, mind! Otherwise, to be conscious of your own consciousness, you have to mentalise it. It is dreadful, dreadful! There.

A: The new life, Mother, is not the continuation of the old, is it? It springs up from within.

Yes, yes...

A: There is nothing in common between...

There is, there is, but you are not conscious of it. But you must, you must... It is the mind which prevents you from feeling it. You must be... You mentalise everything, everything.... What you call consciousness is the thinking of things, that is what you call consciousness: the thinking of things. But it is not that at all, that is not consciousness. The consciousness must be capable of being totally lucid and without words.

(Silence)

There, everything becomes luminous and warm... strong! And peace, the true peace, which is not inertia and which is not immobility.

A: And Mother, can this be given as an aim to all the children?

All... no. They are not all of the same age, even when they are of the same age physically. There are children who... who are at an elementary stage. You should... If you were fully conscious of your psychic, you would know the children who have a developed psychic. There are children in whom the psychic is only embryonic. The age of the psychic is not the same, far from it.
Normally the psychic takes several lives to form itself completely, and it is that which passes from one body to another and that is why we are not conscious of our past lives: it is because we are not conscious of our psychic. But sometimes, there is a moment when the psychic has participated in an event; it has become conscious, and that makes a memory. One sometimes has... one sometimes has a fragmentary recollection, the memory of a circumstance or an event, or of a thought or even an act, like that: this is because the psychic was conscious.

You see how it is, now I am nearing a hundred, it’s only five years away now. I started making an effort to become conscious at five years old, my child. This is to let you know.... And I go on, and it goes on. Only... Of course, I have come to the point where I am doing the work for the cells of the body, but still, the work began a long time ago.

This is not to discourage you, but... it is to let you know that it does not happen just like that!

The body... the body is made of a substance which is still very heavy, and it is the substance itself which has to change for the Supermind to be able to manifest.

There you are.