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“It is pertinently suggested that if such an evolutionary culmination is intended and man is to be its medium, it will only be a few especially evolved human beings who will form the new type and move towards the new life; that once done, the rest of humanity will sink back from a spiritual aspiration no longer necessary for Nature’s purpose and remain quiescent in its normal status. It can equally be reasoned that the human gradation must be preserved if there is really an ascent of the soul by reincarnation through the evolutionary degrees towards the spiritual summit; for otherwise the most necessary of all the intermediate steps will be lacking. It must be conceded at once that there is not the least probability or possibility of the whole human race rising in a block to the supramental level; what is suggested is nothing so revolutionary and astonishing, but only the capacity in the human mentality, when it has reached a certain level or a certain point of stress of the evolutionary impetus, to press towards a higher plane of consciousness and its embodiment in the being. The being will necessarily undergo by this embodiment a change from the normal constitution of its nature, a change certainly of its mental and emotional and sensational constitution and also to a great extent of the body-consciousness and the physical conditioning of our life and energies; but the change of consciousness will be the chief factor, the initial movement, the physical modification will be a subordinate factor, a consequence. This transmutation of the consciousness will always remain possible to the human being when the flame of the soul, the psychic kindling, becomes potent in heart and mind and the
nature is ready. The spiritual aspiration is innate in man; for he is, unlike the animal, aware of imperfection and limitation and feels that there is something to be attained beyond what he now is: this urge towards self-exceeding is not likely ever to die out totally in the race. The human mental status will be always there, but it will be there not only as a degree in the scale of rebirth, but as an open step towards the spiritual and supramental status."

It is obvious that what especially characterises man is this mental capacity of watching himself live. The animal lives spontaneously, automatically, and if it watches itself live, it must be to a very minute and insignificant degree, and that is why it is peaceful and does not worry. Even if an animal is suffering because of an accident or an illness, this suffering is reduced to a minimum by the fact that it does not observe it, does not project it in its consciousness and into the future, does not imagine things about its illness or its accident.

With man there has begun this perpetual worrying about what is going to happen, and this worry is the principal, if not the sole cause of his torment. With this objectivising consciousness there has begun anxiety, painful imaginations, worry, torment, anticipation of future catastrophes, with the result that most men — and not the least conscious, the most conscious — live in perpetual torment. Man is too conscious to be indifferent, he is not conscious enough to know what will happen. Truly it could be said without fear of making a mistake that of all earth’s creatures he is the most miserable. The human being is used to being like that because it is an atavistic state which he has inherited from his ancestors, but it is truly a miserable condition. And it is only with this spiritual capacity of rising to a higher level and replacing the animal’s unconsciousness by a spiritual super-consciousness that there comes into the being not only the capacity to see the goal of existence and to foresee
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the culmination of the effort but also a clear-sighted trust in a higher spiritual power to which one can surrender one's whole being, entrust oneself, give the responsibility for one's life and future and so abandon all worries.

Of course, it is impossible for man to fall back to the level of the animal and lose the consciousness he has acquired; therefore, for him there is only one means, one way to get out of this condition he is in, which I call a miserable one, and to emerge into a higher state where worry is replaced by a trusting surrender and the certitude of a luminous culmination — this way is to change the consciousness.

Truly speaking there is no condition more miserable than being responsible for an existence to which one doesn't have the key, that is, of which one doesn't have the threads that can guide and solve the problems. The animal sets itself no problems: it just lives. Its instinct drives it, it relies on a collective consciousness which has an innate knowledge and is higher than itself, but it is automatic, spontaneous, it has no need to will something and make an effort to bring it about, it is quite naturally like that, and as it is not responsible for its life, it does not worry. With man is born the sense of having to depend on himself, and as he does not have the necessary knowledge the result is a perpetual torment. This torment can come to an end only with a total surrender to a higher consciousness than his own to which he can totally entrust himself, hand over his worries and leave the care of guiding his life and organising everything.

How can a problem be solved when one doesn't have the necessary knowledge? And the unfortunate thing is that man believes that he has to resolve all the problems of his life, and he does not have the knowledge needed to do it. That is the source, the origin of all his troubles — that perpetual question, “What should I do...” which is followed by another one still more acute, “What is going to happen?” and at the same time, more or less, the inability to answer.

That is why all spiritual disciplines begin with the necessity
of surrendering all responsibility and relying on a higher principle. Otherwise peace is impossible.

And yet, consciousness has been given to man so that he can progress, can discover what he doesn’t know, develop into what he has not yet become; and so it may be said that there is a higher state than that of an immobile and static peace: it is a trust total enough for one to keep the will to progress, to preserve the effort for progress while ridding it of all anxiety, all care for results and consequences. This is one step ahead of the methods which may be called “quietist”, which are founded on the rejection of all activity and a plunging into an immobility and inner silence, which forsake all life because it has been suddenly felt that without peace one can’t have any inner realisation and, quite naturally, one thought that one couldn’t have peace so long as one was living in outer conditions, in the state of anxiety in which problems are set and cannot be solved, for one does not have the knowledge to do so.

The next step is to face the problem, but with the calm and certitude of an absolute trust in the supreme Power which knows, and can make you act. And then, instead of abandoning action, one can act in a higher peace that is strong and dynamic.

This is what could be called a new aspect of the divine intervention in life, a new form of intervention of the divine forces in existence, a new aspect of spiritual realisation.