“In the previous stages of the evolution Nature’s first care and effort had to be directed towards a change in the physical organisation, for only so could there be a change of consciousness; this was a necessity imposed by the insufficiency of the force of consciousness already in formation to effect a change in the body. But in man a reversal is possible, indeed inevitable; for it is through his consciousness, through its transmutation and no longer through a new bodily organism as a first instrumentation that the evolution can and must be effected. In the inner reality of things a change of consciousness was always the major fact, the evolution has always had a spiritual significance and the physical change was only instrumental; but this relation was concealed by the first abnormal balance of the two factors, the body of the external Inconscience outweighing and obscuring in importance the spiritual element, the conscious being. But once the balance has been righted, it is no longer the change of body that must precede the change of consciousness; the consciousness itself by its mutation will necessitate and operate whatever mutation is needed for the body. It has to be noted that the human mind has already shown a capacity to aid Nature in the evolution of new types of plant and animal; it has created new forms of its environment, developed by knowledge and discipline considerable changes in its own mentality. It is not an impossibility that man should aid Nature consciously also in his own spiritual and physical evolution and transformation. The urge to it is already there and partly effective, though still incompletely understood and accepted by the surface mentality; but one day it
may understand, go deeper within itself and discover the means, the secret energy, the intended operation of the Consciousness-Force within which is the hidden reality of what we call Nature....

“If a spiritual unfolding on earth is the hidden truth of our birth into Matter, if it is fundamentally an evolution of consciousness that has been taking place in Nature, then man as he is cannot be the last term of that evolution: he is too imperfect an expression of the Spirit, Mind itself a too limited form and instrumentation; Mind is only a middle term of consciousness, the mental being can only be a transitional being. If, then, man is incapable of exceeding mentality, he must be surpassed and Supermind and superman must manifest and take the lead of the creation. But if his mind is capable of opening to what exceeds it, then there is no reason why man himself should not arrive at Supermind and supermanhood or at least lend his mentality, life and body to an evolution of that greater term of the Spirit manifesting in Nature.”


Anyway, we have now reached a certitude since there is already a beginning of realisation. We have the proof that in certain conditions the ordinary state of humanity can be exceeded and a new state of consciousness worked out which enables at least a conscious relation between mental and supramental man.

It can be asserted with certainty that there will be an intermediate specimen between the mental and the supramental being, a kind of superman who will still have the qualities and in part the nature of man, that is, who will still belong in his most external form to the human being with its animal origin, but will transform his consciousness sufficiently to belong in his realisation and activity to a new race, a race of supermen.

This species may be considered a transitional species, for
Questions and Answers

one can foresee that it will discover the means of producing new beings without going through the old animal method, and these beings — who will have a truly spiritual birth — will constitute the elements of the new race, the supramental race.

So we could call supermen those who, in their origin, still belong to the old method of generation but in their achievement are in conscious and active contact with the new world of supramental realisation.

It seems — it is even certain — that the very substance which will constitute this intermediate world that is already being built up, is richer, more powerful, more luminous, more resistant, with certain subtler, more penetrating new qualities, and a kind of innate capacity of universality, as if its degree of subtlety and refinement allowed the perception of vibrations in a much wider, if not altogether total way, and it removes the sensation of division one has with the old substance, the ordinary mental substance. There is a subtlety of vibration which makes global, universal perception a spontaneous and natural thing. The sense of division, of separation, disappears quite naturally and spontaneously with that substance. And that substance is at present almost universally diffused in the earth atmosphere. It is perceptible in the waking state, simply with a little concentration and a kind of absorption of consciousness, if this is retracted, withdrawn from the ordinary externalisation which seems more and more artificial and false. This externalisation, this perception which formerly was natural, now seems false, unreal and completely artificial; it does not at all answer to things as they are, it belongs to a movement which does not correspond to anything really true.

This new perception is asserting itself more and more, becoming more and more natural, and it is even sometimes difficult to recapture the old way of being, as though it were vanishing into a misty past — something which is on the point of ceasing to exist.

One may conclude from this that the moment a body, which
was of course formed by the old animal method, is capable of living this consciousness naturally and spontaneously, without effort, without going out of itself, it proves that this is not one single exceptional case but simply the forerunner of a realisation which, even if it is not altogether general, can at least be shared by a certain number of individuals who, besides, as soon as they share it, will lose the perception of being separate individuals and become a living collectivity.

This new realisation is proceeding with what one might call a lightning speed, for if we consider time in the ordinary way, only two years have passed — a little more than two years — from the time the supramental substance penetrated into the earth atmosphere to the time the change in the quality of the earth atmosphere took place.

If things go on advancing at this speed, it seems more than possible, almost evident, that what Sri Aurobindo wrote in a letter is a prophetic announcement: The supramental consciousness will enter a phase of realising power in 1967.¹

¹ “4-5-67 is the year of complete realisation.” *Letters on Yoga*, SABCL, Vol. 22, p. 35