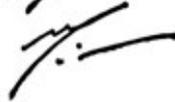


# *Transformation and the Supramental*

## TRANSFORMATION

*There is a  
Supreme Divine Consciousness.  
We want to manifest this  
Divine Consciousness in the  
physical life.*

*Blessings*



There is a Supreme Divine Consciousness. We want to manifest this Divine Consciousness in the physical life.

Blessings.

\*

The goal is not to lose oneself in the Divine Consciousness. The goal is to let the Divine Consciousness penetrate into Matter and transform it.

\*

The Divine Consciousness is at work to transform you and you must open to it in order to let it work freely in you.

*17 October 1937*

\*

## Transformation and the Supramental

Of all things the most difficult is to bring down the Divine Consciousness into the material world; must the endeavour be abandoned on that account? Surely not.

*2 July 1955*

\*

You belong to this stage of spirituality that needs to reject matter and wants to escape from it. The spirituality of tomorrow will take up matter and transform it.

*30 July 1965*

\*

True spirituality transforms life.

\*

\* \*

After one year's experience of the shallowness and inefficiency of human ways, it is time to start climbing on the steep way leading to the true goal, transformation.

\*

Transformation: the goal of creation.

\*

The new world: the result of transformation.

\*

### THREE CONDITIONS

A work that has terrestrial progress as its goal cannot be started unless it has the sanction and help of the Divine.

It cannot endure unless there is a constant material growth which satisfies the will of Nature.

### Words of the Mother – III

It cannot be destroyed prematurely except by human ill-will, which then serves as an instrument of forces hostile to the Divine, which are striving to delay as much as possible His manifestation and the transformation of the earth.

\*

One thing you must know and never forget: in the work of transformation all that is true and sincere will always be kept; only what is false and insincere will disappear.

\*

Obscurity will disappear more and more as the transformation progresses.

\*

\* \*

Each one of you represents one of the difficulties that have to be surmounted for the transformation.

\*

Unless one has an endless patience and an unshakable perseverance, it is better not to start on the way of transformation.

\*

Let each suffering pave the way to transformation.

*3 July 1954*

\*

Be quiet and gather strength and force not only to do work but also to achieve the transformation.

*28 July 1955*

\*

Perfect integral balance: one is ready for transformation.

\*

## Transformation and the Supramental

The constant remembrance of the Divine is indispensable for transformation.

\*

Be simply sincere in your obedience to the Divine — this will take you far on the way to transformation.

\*

Silence all outside noise, aspire for the Divine's help; open integrally to it when it comes and surrender to its action, and it will effectively bring about your transformation.

\*

With the Divine Love is the supreme power of Transformation.

\*

With the Divine's Love is the power of Transformation. It has this power because it is for the sake of Transformation that it has given itself to the world and manifested everywhere. Not only into man but into all the atoms of Matter has it infused itself in order to bring the world back to the original Truth. The moment you open to it, you receive also its power of Transformation. But it is not in terms of quantity that you can measure it — what is essential is the true contact; for you will find that the true contact with it is sufficient to fill at once the whole of your being.

\*

And when the day will come for the manifestation of the supreme Love, for the crystallised, concentrated descent of the supreme Love, that will indeed be the moment of Transformation. Because nothing will be able to resist That.

\*

Words of the Mother – III

TRANSFORMATION  
AND THE PARTS OF THE BEING

*Doesn't transformation demand a very high degree of aspiration, surrender and receptivity?*

Transformation demands a total and integral consecration. But isn't this the aspiration of all sincere sadhaks?

Total means vertically in all the states of being, from the most material to the most subtle.

Integral means horizontally in all the different and often contradictory parts which constitute the outer being, physical, vital and mental.

\*

The being organised around the psychic: the first stage of transformation.

\*

Mental opening: the first step of the mind towards transformation.

\*

Mental prayer: spontaneous in a mind aspiring for transformation.

\*

Thirst to understand: very useful for transformation.

\*

Honesty in the physical mind: preliminary indispensable condition for transformation.

\*

## Transformation and the Supramental

Integral offering of the vital: an important stage towards transformation.

\*

Renunciation of emotional desires: indispensable for transformation.

\*

Not only the mind and the vital, but the body also in all its cells must aspire for the divine transformation.

\*

Physical plasticity: one of the important conditions of the transformation.

\*

Let the physical offer itself sincerely to the Divine and it will be transformed. This is proof of the resolution to liberate oneself from the ego.

\*

Humility before the Divine in the physical nature: first attitude needed for transformation.

\*

Psychic light in the physical movements: the first step towards the transformation of the physical.

\*

Psychic light in the material movements: essential condition for transformation.

\*

Psychic awakening in matter: matter open to spiritual life.

\*

### Words of the Mother – III

Matter under the supramental guidance: the condition required for its transformation.

\*

Supramental light in the subconscious: essential condition for transformation.

\*

Supramental influence in the subconscious: under its modest appearance it is a great force for transformation.

\*

Transformation is the change by which all the elements, and all the movements of the being become ready to manifest the supramental Truth.

\*

### THE SUPRAMENTAL

Realisation: the establishment of the supramental Truth upon earth.

\*

In the supramental Truth all falsehoods will be dissolved.

\*

The supramental is not only Truth itself, but also the very negation of falsehood. The supramental will never come down, settle and manifest in a consciousness harbouring falsehood.

Naturally the first condition for conquering falsehood is to stop telling lies, though this is only a preliminary step. An absolute, integral sincerity must finally be established in the being and all its movements if the goal is at all to be attained.

*18 April 1932*

\*

## Transformation and the Supramental

No quarrels: a very important condition to fulfil in order to facilitate the advent of the Supramental.

\*

A consciousness luminous without obscurity, turned towards the supramental light and full of a supramentalised plasticity are the conditions for the manifestation of the supramental light upon earth.

\*

We must never forget that our goal is to manifest the Supramental Reality.

*25 May 1954*

\*

The Force is there waiting to be manifested, we must discover the new forms through which It can manifest.

*12 June 1954*

\*

New forms are needed for the manifestation of a new Force.

*26 June 1954*

\*

The Supramental Force is ready for manifestation, let us get ready also and it will manifest.

*7 July 1954*

\*

When the Supramental manifests, an unequalled joy spreads over the earth.

*8 July 1954*

\*

### Words of the Mother – III

Drop all fear, all strife, all quarrels, open your eyes and your hearts — the Supramental Force is there.

*9 July 1954*

\*

With patience, strength, courage and a calm and indomitable energy we shall prepare ourselves to receive the Supramental Force.

*10 July 1954*

\*

New words are needed to express new ideas, new forms are necessary to manifest new forces.

*1 August 1954*

\*

We must never forget that we are here to serve the Supramental Truth and Light and to prepare its manifestation in ourselves and upon the earth.

*13 August 1954*

\*

Each new progress in the universal expression means the possibility of a new manifestation.

*21 August 1954*

\*

So much obscurity has fallen upon earth that only the supramental manifestation can dissolve it.

*26 August 1954*

\*

Let us advance always, without stopping, towards an always more complete manifestation, an always more complete and higher consciousness.

*31 August 1954*

\*

## Transformation and the Supramental

The supramental force has the power to transform even the darkest hate into luminous peace.

*11 October 1954*

\*

We aspire to be liberated from all ignorance, liberated from our ego so that we may open wide the doors of the Supramental's glorious manifestation.

*23 October 1954*

\*

All our life, all our work must be a constant aspiration towards the supramental perfection.

*24 October 1954*

\*

The serene and immobile consciousness watches at the boundaries of the world as a Sphinx of eternity and yet to some it gives out its secret.

We have, therefore, the certitude that what has to be done will be done, and that our present individual being is really called upon to collaborate in this glorious victory, in this new manifestation.

*11-12 November 1954*

\*

All barriers must be thrown down one after the other, for the being to put on the integral amplitude of all the possibilities of manifestation.

*14 December 1954*

\*

A new light shall break upon earth, a light of Truth and Harmony.

*24 December 1954*

\*

### Words of the Mother – III

Supramental manifestation: it will be welcome.

\*

How can these questions be answered before the supramental is manifested upon earth? It is only after that manifestation that we may know how it came and how it manifests.

\*

### THE SUPRAMENTAL MANIFESTATION UPON EARTH

29 February 1956

*During the common meditation on Wednesday*

This evening the Divine Presence, concrete and material, was there present amongst you. I had a form of living gold, bigger than the universe, and I was facing a huge and massive golden door which separated the world from the Divine.

As I looked at the door, I knew and willed, in a single movement of consciousness, that “*the time has come*”, and lifting with both hands a mighty golden hammer I struck one blow, one single blow on the door and the door was shattered to pieces.

Then the supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow.<sup>1</sup>

<sup>1</sup> Written in the leap year 1956, this statement was first publicly distributed as the message for 29 February 1960, the first “anniversary” of the Supramental Manifestation upon earth.

1956

29 février - 29 mars

Seigneur, Tu as voulu et je réalise,  
Une lumière nouvelle point sur la terre,  
Un monde nouveau est né,  
Et les choses promises sont accomplies.

29 February - 29 March

Lord, Thou hast willed, and I execute:  
A new light breaks upon the earth,  
A new world is born.  
The things that were promised are fulfilled



1956

29 février — 29 mars

Seigneur, Tu as voulu et je réalise.  
Une lumière nouvelle point sur la terre,  
Un monde nouveau est né,  
Et les choses promises sont accomplies.

29 February — 29 March

Lord, Thou hast willed, and I execute:  
A new light breaks upon the earth,  
A new world is born.  
The things that were promised are fulfilled.

\*

Words of the Mother – III

24<sup>th</sup> April 1956

*The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality.*

*It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognise it.*



24th April 1956

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality.

It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognise it.

\*

I am speaking of a supramental manifestation evident to all, even the most ignorant — as the human manifestation was evident to all when it happened.

\*

To all those who aspire

Open yourself to the new Force. Let it do in you its work of Transformation.

April 1956

\*

## Transformation and the Supramental

Open yourself to the new Light that has dawned upon earth and a luminous path will spread in front of you.

*28 May 1956*

\*

Without care for time, without fear for space, surging out purified from the flames of the ordeal, we shall fly without stop towards the realisation of our goal, the supramental victory.

*24 April 1956*

\*

Let the new Light be spread upon earth and change the condition of human life.

*6 January 1957*

\*

Beyond all question it is the supramental light.

Do not tense yourself, be open, passively allow it to penetrate your body. It has the power to restore you to strength and health.

\*

A new world is born — all those who want to have a place in it must sincerely prepare themselves for it.

*15 August 1957*

\*

Heralding the birth of a new world, we invite all those who want to have a place in it to prepare themselves sincerely for it.

*15 August 1957*

\*

### Words of the Mother – III

Last night I had a vision of what the supramental world would be like if people were not sufficiently prepared. The confusion that now exists on earth is nothing in comparison with what might happen. Just imagine an extremely powerful will with the capacity to transform matter according to its liking! If the sense of collective unity did not grow in proportion to the growth of power, the resulting conflict would be even more acute and chaotic than all our material conflicts.

*15 February 1958*

\*

To celebrate the birth of a transitory body can satisfy some faithful feelings.

To celebrate the manifestation of the eternal Consciousness can be done at every moment of the universal history.

But to celebrate the advent of a new world, the supramental world, is a marvellous and exceptional privilege.

*21 February 1958*

\*

By whatever name it is called, the Supramental is a truth and a fact and its reign is certain.

*27 March 1959*

\*

The advent of a new world is an ineluctable fact and whatever name is given to it, its victory is certain.

\*

The supramental influence liberates man from all that holds him back to the animal.

\*

Supramental action: an action which is not exclusive but total.

\*

## Transformation and the Supramental

Supramental knowledge: an infallible vision of all problems.

\*

Supramental consciousness: gloriously awake and powerful, it is luminous, sure of itself, infallible in its movements.

\*

To become the builders of a better future in the light of the supramental consciousness.

\*

*(Message for the first anniversary of the Supramental Manifestation upon earth)<sup>2</sup>*

### The Golden Day

Henceforth the 29th February will be the day of the Lord.

1960

\*

*There is a change in Sri Aurobindo's symbol on the medals that you distributed on the 29th February 1960. The two triangles, in the middle of which the square containing the lotus is usually put, are missing and in their place there are sun's rays emanating from the square. Surely you must have made this significant change for some important reason? Can you say what is the reason of this change?*

I never intended to give Sri Aurobindo's symbol.

The design on the medal signifies —

<sup>2</sup> The other message for the first anniversary appears on page 94 of this volume. The message for the second anniversary is a quotation from the writings of Sri Aurobindo and therefore has not been included.

### Words of the Mother – III

the twelve rays of the new creation issued from the manifestation of the Avatar:

lotus — Avatar  
square — manifestation  
12 rays — new creation

*In Your talk entitled “The True Adventure” in the November 1957 issue of the Bulletin (page 2), You have said:*

*“Last year when I announced to you the manifestation of the supramental consciousness and light and force, I should have added that it was an event forerunner of the birth of a new world.”*

*This means that the new world was born after the supramental consciousness manifested. You have fixed the 29th February 1956 as the date of the supramental manifestation. Which date after that should be taken as the date of the birth of the new world?*

Half an hour later.

*In the November 1958 issue of the Bulletin (page 97), in Your answer entitled “The New Birth”, You have said as follows:*

*“To comfort you I may say that by the very fact that you live upon earth at this moment... you absorb with the air that you breathe this new supramental substance which is spreading in earth’s atmosphere and it is preparing in you things you will manifest all of a sudden, as soon as you have taken the decisive step.*

*“Whether that will help you or not to take this decisive step is another question which has to be studied, because the experiences that are happening and will now happen more and more being of a quite new character, one cannot know beforehand what will come to pass;*

## Transformation and the Supramental

*one must study and after a close study one would be able to say with certainty whether this supramental substance will make the work of the new birth easy or not. I shall tell you about it a little later on. For the moment it is better not to count on these things, but simply to take to the way for the birth into the spiritual life.”*

*Can You now say with certainty whether this supramental substance will help decisively to realise this new birth?*

EVIDENTLY.

26 March 1960

\*

*You have said that we must develop “an intimate, a constant, absolute, inevitable union with the vibration of the Supramental forces”. How is one to acquire the faculty of feeling this vibration? Has the process of sadhana undergone a change with the creation of a new world and new world-conditions by the Supramental Manifestation? What should a sadhaka do to speed his progress under the new conditions?*

Yes, the Sadhana has undergone a great change, because it is now in the physical itself that you have to do it.

Concentrate on the physical transformation; by physical I mean the mental, vital and body consciousness.

You are trying to get the experience in your mind, but it is not the mind that can get it. Come out of your mind and you will understand what I mean.

\*

Man must understand that in spite of all his intellectual achievements he is as incapable of perceiving the supramental vibrations as the animal was incapable of perceiving the mental vibrations

### Words of the Mother – III

when they pervaded the earth before the appearance of the human species.

\*

*A stag passes through a forest to get a drink, but what is there to prove that he has passed by? Most people won't see any sign; perhaps they don't even know what a stag is, and even those who know may not be able to say that he passed that way. But one who has made a special study of hunting, a tracker, will find obvious signs and will be able to say not only what type of stag has passed, but also his size, age, sex, etc. Similarly there must be people who have a spiritual knowledge analogous to that of hunting, who can disclose that a person is in contact with the supramental, while ordinary people, who have not trained their mind, will not be able to perceive it. The supramental has descended upon earth, it is said, it has manifested itself. I have read all that has been written on the subject, but I am among the ignorant who see nothing and feel nothing. Couldn't someone who has a more trained perception tell me by what signs I can recognise that a person is in relation with the supramental?*

Two irrefutable signs prove that one is in relation with the supramental:

1. a perfect and constant equality,
2. an absolute certainty in the knowledge.

To be perfect, the equality must be invariable and spontaneous, effortless, towards all circumstances, all happenings, all contacts, material or psychological, irrespective of their character and impact.

The absolute and indisputable certainty of an infallible knowledge through identity.

February 1961

\*

## Transformation and the Supramental

A perfect equality towards all circumstances, material or psychological, and an absoluteness in the knowledge — a knowledge that comes not through the mind but through identity. The person who is in contact with the supramental possesses these two qualities.

You cannot understand unless you have the experience.

23 February 1961

\*

*Is this not the first time that the Supramental has come down upon earth?*

It is certainly the first time that the Supramental has come down as a general force of transformation for the whole earth. It is a new starting-point in the terrestrial creation.

But it may be that once before the supramental force has manifested partially and momentarily in an individual as a promise and an example.

26 October 1964

\*

*In 1956 You said: "The supramental Light, Consciousness and Force have manifested. The supramental Ananda has not come yet."*

*4. 5. 67 is considered to be a very important date when something exceptional is expected to happen. Will You please say if it is the supramental Ananda that will manifest on that date?*

The anniversary of the first Supramental descent comes every four years (the leap year). I do not see what the number 7 has to do in the matter. This year 1964 (leap year) was the second anniversary of the first descent. The next one will take place on

### Words of the Mother – III

the 29th February 1968 — and it will be exactly 12 years after the first descent and we shall see then what happens.

14 November 1964

\*

*Message for 4. 5. 67*

*“Earth-life is the self-chosen habitation of a great Divinity and his aeonic will is to change it from a blind prison into his splendid mansion and high heaven-reaching temple.”*

*Sri Aurobindo*

The Divinity mentioned by Sri Aurobindo is not a person but a condition that will be shared by all those who have prepared themselves to receive it.

May 1967

\*

*May I know if the miraculous elevation of Jesus Christ to heaven celebrated by the Roman Catholics on Thursday, 4th May has any sort of connection with the great day 4. 5. 67? Or would it be simply a pure coincidence?*

For Sri Aurobindo “coincidences” do not exist. All that happens is the result of the action of the Divine Consciousness. The Force which is at work at this moment is a Force of harmony that makes for unity — the unification of all the symbols that express the Divine Truth.

5 May 1967

\*

*“In 1967 the Supermind will enter the phase of realising power.” What does “realising power” actually mean?*

Acting decisively on the mind of men and the course of events.

## Transformation and the Supramental

*What is the effect of the realising power on the Mother's own physical being and then the effect upon others and the world in general (including the outstanding problems of the world today)?*

We can wait with a little patience and we shall see.

*Does this date (4. 5. 67) mark the beginning of what the Mother and Sri Aurobindo have called the new race — the race of superman?*

Since a few months the children born, amongst our people mostly, are of a very special kind.

\*

*(Message for the third anniversary of the Supramental Manifestation upon earth)*

Truth alone can give to the world the power of receiving and manifesting the Divine's Love.

29 February 1968

\*

### THE NEW CONSCIOUSNESS<sup>3</sup>

To be able to receive the new consciousness without deforming it:

One must be able to stand in the light of the Supreme Consciousness without casting a shadow.

16 April 1969

\*

<sup>3</sup> The new consciousness manifested upon earth on 1 January 1969. Its characteristics are described in several talks of January 1969, where the Mother called it the superman consciousness (*la conscience du surhomme*). These talks appear in *Notes on the Way*, Volume 11 of the Collected Works of the Mother.

### Words of the Mother – III

There is only one new fact — from the beginning of this year a new consciousness has manifested and is working energetically to prepare the earth for the new creation.

17 April 1969

\*

*Of late, I am constantly feeling, flowing in my system from above, a Force which I concretely experience like a sweet fluid. It flows continuously in my whole system and, from time to time, I feel completely drenched and saturated with it. It gives a very pleasant and soothing sensation. It is as if some sort of Ananda is flowing in me from above. It gives a sweet taste in the mouth.*

*I do not know what exactly this experience means. Is it the New Consciousness which You have said came on the 1st January this year? Or is it some new descent which has recently occurred? Or is it something personal to me only?*

It is the Consciousness that is at work since January. But its action has become much more intense.

26 November 1969

\*

*In 1919 Sri Aurobindo wrote that the chaos and the calamities were perhaps the pangs of the birth of a new creation. How long is this going to continue? In the Ashram, in India and eventually in the world?*

It will continue until the world is ready and willing to receive the new creation; the consciousness of this new creation is already at work upon earth since the beginning of this year. If instead of resisting, people were collaborating, it would be quicker.

But stupidity and ignorance are very obstinate!

29 November 1969

\*

## Transformation and the Supramental

*Mother, "The world is preparing for a big change, will you help?"<sup>4</sup> What is this great change of which you speak? And how are we to be of help to it?*

This great change is the appearance upon earth of a new race which will be for man what man is for the animal. The consciousness of this new race is already at work upon earth to enlighten all who are able to receive it and heed it.

1970

\*

*You have asked us to help You. How can I help You?  
What am I to do?*

To concentrate and open to receive the new progressive consciousness, to receive the new things which are coming down.

3 March 1970

\*

The change does not need our help to come, but we need to open ourselves to the consciousness so that its coming is not in vain for us.

\*

*To allow the free working of the New Consciousness that descended last year, what should a sadhak do?*

- 1) Be receptive  
and
- 2) Be plastic

1970

\*

<sup>4</sup> New Year Message for 1970.

### Words of the Mother – III

The first indispensable condition to prepare ourselves to receive the new consciousness is a true and spontaneous humility which makes us feel deeply that we know nothing and are nothing in the face of the marvellous things we have to acquire.

\*

#### THE SUPRAMENTAL AND THE NEW BEING

Let us prepare, as best we can, the coming of the New Being.

The mind must be silenced and replaced by the Truth-Consciousness — a consciousness of the whole harmonised with a consciousness of detail.

\*

The mind must be silent to allow the Supramental Consciousness to take its place.

\*

The Truth-Consciousness must pervade all the being, dominate all the movements and quiet the restless physical mind. These are the preliminary conditions for the manifestation.

\*

Wisdom in the physical mind: a first step towards the supramental manifestation upon earth.

\*

*(Message for the fourth anniversary of the Supramental  
Manifestation upon earth)*

It is only when the Supramental manifests in the body-mind that its presence can be permanent.

29 February 1972

\*

## Transformation and the Supramental

It is indispensable that each one finds his psychic and unites with it definitively. It is through the psychic that the supramental will manifest itself.

*24 June 1972*

\*

The Truth-Consciousness can manifest only in those who are rid of the ego.

\*

Man and the mind are not the last term of creation. A supramental being is in preparation.

*25 December 1972*

\*

The mind does not know truly; aspire sincerely to the supermind.

*January 1973*

\*

\* \*

Superhumanity: the aim of our aspirations.

\*

Man is the intermediary being between what is and what is to be realised.

*30 August 1954*

\*

Man is a transitional being upon earth and hence, in the course of his evolution, he has had several successive natures which have followed an ascending curve and will continue to do so till he reaches the threshold of the supramental nature and is transformed into superman. This curve is the spiral of mental development. We tend to call "natural" any spontaneous manifestation which is not the result of a choice or a premeditated decision, that is to say, which is without the intrusion of mental action. That is why, when a man has a vital spontaneity which is not

### Words of the Mother – III

very mentalised, he seems to us more “natural” in his simplicity. But it is a naturalness which is much like that of the animal and is at the very bottom of the human evolutionary scale.

\*

You must never forget that the outer person is only the form and the symbol of an eternal Reality, and that, passing through the physical appearance, it is to this higher Reality that you must turn. The physical being cannot become truly expressive of the Eternal Reality until it is completely transformed by the supramental manifestation. And until then, it is by *passing through* it that you must find the Truth.

\*

*Sweet Mother, what are the “supreme faculties”?*

It is difficult to reply without seeing the context. Which “supreme faculties” does it refer to? Those of man on the way to becoming superman, or those which the supramental being will possess when he appears on earth?

In the first case, they are faculties that develop in man as he opens to the higher mind and overmind and through them receives the light of Truth. These faculties are not a direct expression of the supreme Truth but a transcription, an indirect reflection of it. They include intuition, foreknowledge, knowledge by identity, and certain powers such as those of healing and of acting upon circumstances to a certain extent.

If it refers to the supreme faculties of the supramental being, we cannot say much about them, for all we can say at the moment belongs more to the realm of imagination than to the realm of knowledge, since this being has not yet manifested on earth.

23 April 1960

\*

*Beloved Mother:*

*The following interesting question arises: “With the*

## Transformation and the Supramental

*descent of the Supramental into matter, and presuming that new laws and processes will be in effect, may we envisage beings whose control in the body may enable them to neutralize or absorb radioactivity or over-exposure to cosmic rays?"*

*A learned man in the Ashram said that immunisation to radiation is "impossible" because physical matter is controlled by lower nature. I expect you to tell me that, for us, nothing is "impossible".*

Both statements are true.

(1) So long as matter remains what it is, it cannot be made immune. But (2) the supramental force is expected to *transform* the material body also (in the long run) and when *that* is done then everything becomes possible or rather nothing is impossible.

Blessings.

26 August 1961

\*

*If a world-war breaks out, it may not only destroy the major portion of humanity but may even make living conditions for those who survive impossible due to the effects of the nuclear fall-out. In case the possibility of such a war is still there, will it not affect the advent of the Supramental Truth and the New Race upon earth?*

All these are mental speculations and once you enter the domains of mental imaginations there is no end to the problems and to their solutions. But all that does not bring you one step closer to the truth.

The safest and most healthy attitude of the mind is like this one: We have been told in a positive and definite way that the supramental creation will follow the present one, so, whatever is in preparation for the future must be the circumstances needed for this advent whatever they are. And as we are unable to

### Words of the Mother—III

foresee correctly what these circumstances are, it is better to keep silent about them.

\*

To anticipate difficulties is to help them happen.

Always to foresee the best with a total trust in the Divine Grace is to collaborate effectively in the supramental work upon earth.

\*

*Sweet Mother,*

*This morning in my meditation I saw so many things which were logically unrelated but which definitely produced the impression that something extraordinary is about to happen. This is the first time, perhaps, that I have had such a presentiment, lasting almost an hour.*

*I want to know whether there is any truth in it and how we should prepare for it.*

Last night, we (you and I and a few others) were together for quite a long time in Sri Aurobindo's permanent dwelling-place in the subtle physical (what Sri Aurobindo called the true physical). Everything that took place there (far too long and complicated to relate) was organised, so to say, to express concretely the rapidity of the present movement of transformation. And with a smile, Sri Aurobindo told you something like this: "Do you believe now?" It was as if he were evoking the three lines from *Savitri*:

"God shall grow up while the wise men talk and sleep,  
For man shall not know the coming till its hour  
And belief shall be not till the work is done."

I think that this is a sufficient explanation of the meditation you refer to.

My blessings.

1 February 1963

\*

Somebody asked me. -

In the work of Transformation,  
who is the slowest to do his part,  
man or God?"

I replied, -

man finds that God is too slow  
to answer his prayers.

God finds that man is too slow  
to receive His influence.

But for the Truth-Consciousness  
all is going on as it ought to go.



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The Lord is Eternal  
and Infinite.

Even when the  
supramental will  
be fully ~~manifested~~  
realised upon earth  
the Lord will infinitely  
exceed this realisation  
which will be  
followed by other  
manifestations of  
the Lord *ad infinitum*.



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\*

## Transformation and the Supramental

Those who are ready for the transformation can do it anywhere.  
And those who are *not* ready cannot do it wherever they are.

*12 November 1971*

\*

The supramental transformation is hard labour and needs a strong body. For some time more, probably more than a hundred years, the physical body will need to eat in order to keep its strength; and we have to comply with this necessity.

*December 1972*

\*

## IMMORTALITY

Eternal youth: it is a gift the Divine gives us when we unite ourselves with Him.

\*

Forms are in perpetual transformation; identify yourself with the Immortal Consciousness and you will become It.

\*

Immortality is not a goal, it is not even a means. It will proceed naturally from the fact of living the Truth.

\*

Integral immortality: it is a promise. When will it be a material fact?

\*

Supramental immortality: it is an established fact, but few human beings have experienced it.

\*

### Words of the Mother – III

Supramental immortality upon earth: this remains to be realised.

\*

Vital immortality: in its own field it exists but conditioned by surrender to the Divine.

\*

Aspiration for immortality: pure, aspiring, trusting.

\*

Physical aspiration for immortality: intense aspiration but ignorant of the means.

\*

Aspiration for integral immortality: an organised, tenacious and methodical development of consciousness.

\*

Attempt towards immortality: persistent and co-ordinated.

\*

### THE NEW CREATION

Action is a narrowing of the consciousness in order to achieve a particular object. The creation of a new world is no exception to this rule.

\*

Realisation of the new creation: it is for this that we must prepare ourselves.

\*

Anything and everything can be an instrument for the Supreme Wisdom to prepare the earth in view of the new creation!

\*

## Transformation and the Supramental

Matter prepares itself to receive the supramental: matter tries to liberate itself from old habits to prepare for the new creation.

\*

Ideal of the new creation: the ideal must be progressive in order to realise itself in the future.

\*

Manifold power of the new creation: the new creation will be rich in possibilities.

\*

Charm of the new creation: the new creation is attractive for all those who want to progress.

\*

Beauty of the new creation: the new creation tries better to manifest the Divine.

\*

Usefulness of the new creation: a creation which aims at teaching men to surpass themselves.