Sadhana and Life

YOUR LIFE...

I am asking only for the sacrifice of ignorance, unconsciousness and the limits of the ego — but for what a marvellous and incomparable gain!

7 May 1937

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Let your life be useful.

* 

Let your life be a constant search for the Truth and it will be worth living.

* 

Let all your life be entirely and exclusively governed by the Supreme.

* 

Let your highest aspiration organise your life.

* 

Keep your aspiration ardent and sincere and never forget that you are the child of the Divine; it will prevent you from doing anything unworthy of the Divine children.

* 

All depends on the attitude of each one and on the sincerity of his approach.

* 

All depends on an inner attitude.

17 April 1947

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222
CHANGE

To rectify and to efface: both are possible, but in both cases, though in varying degrees, a transformation of the nature, of the character, is needed. What is wrongly done must be changed in oneself first, before one can hope to change the consequence of one's action.

11 January 1951

* 

It is only when people truly want their consciousness to be changed that their actions also can be changed.

* 

A change of consciousness and when our consciousness will change we will know what the change is.

* 

Change...

1. Hatred into harmony  
2. Jealousy into generosity  
3. Ignorance into knowledge  
4. Darkness into light  
5. Falsehood into truth  
6. Wickedness into goodness  
7. War into peace  
8. Fear into fearlessness  
9. Uncertainty into certainty  
10. Doubt into faith  
11. Confusion into order  
12. Defeat into victory

9 October 1951

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223
Words of the Mother – III

Liberty and order
Fraternity and independence
Equality and hierarchy
Unity and diversity
Abundance and scarcity
Effort and repose
Power and compassion
Discernment and benevolence
Generosity and economy
Wastage and avarice

Conversion: the starting-point of realisation.

Conversion: the turning of all the movements of the being towards the Divine.

Resurrection: the falling off of the old consciousness, followed by the awakening of the true being out of it.


Realisation: the goal of our efforts.

Realisation — that is what we aspire for and for which we shall strive unceasingly however long it may take.

Power of realisation: with the realisation all obstacles will be overcome.
DO THE RIGHT THING

If you want to be respected, always be respectable.

Do you wish for kindness? Be kind.
Do you ask for Truth? Be true.

Try to do the good and never forget that God sees you everywhere.

A good deed is sweeter to the heart than a sweet in the mouth.
A day spent without doing a good deed is a day without a soul.

16 October 1951

Do good for the love of good and not in hope of a reward. Be good for the joy of being good and not for the gratefulness of others.

1952

In nice there is pleasantness, but good is good and can be without pleasantness.

There is only one way of being right, but there are many ways of being wrong.
Words of the Mother – III

All will be all right when you are all right.  
17 November 1952

* 
Let the consciousness work in you and through you and everything will become all right.  
10 April 1954

* 
Pray to the Divine Grace to make you do always the right thing in the right way.

* 
Always do what you know to be the best even if it is the most difficult thing to do.  
2 May 1954

* 
Which is the easiest way to forget oneself? Always do the right thing in the right way and at the right moment.

* 
Every day, at each moment, we shall aspire to do the right thing in the right way, always.  
22 June 1954

* 
It is only when we are not disturbed that we can always do the right thing at the right time and in the right way. 

* 
It is always the right thing when it is done in the right spirit.  
24 August 1957

* 

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Sadhana and Life

Whatever comes to you, if you take it in the right spirit, will turn for the best.

* Correct movement: all movements under the right inspiration.

* Turning of wrong movements into right: an extreme goodwill always ready to be transformed.

* There is a moment when the right attitude comes spontaneously and without effort.

* Aspiration for the right attitude: energetic, willing, determined.

* Right attitude: simple and open, it is without any complications.

SOAR HIGH

Our consciousness is like a young bird, it must learn to use its wings.

* Take your flight towards the heights.

* Soar very high and you will discover the great depths.  

9 June 1954

227
Words of the Mother – III

The day comes when all barriers have fallen, within and around us and we can feel like the bird that opens its wings for an unopposed soar.

6 December 1954

*

A being free from all bondages, flying from height to height in a happy seeking for divine transformation.

*

A resplendent sun rises above the horizon. It is your Lord that comes to you.

The whole world awakes and stretches in delight at the contact of His glory.

As the earth that heaves and opens, as the tree that grows, as the flower that blossoms, as the bird that sings, as the man that loves, let His light permeate you and radiate in an ever-increasing and widening happiness, a happiness steadily moving onward as the stars move in heaven.

*

Spiritual atmosphere: light, fluid, clear and transparent and so clean!

*

THE DIVINE’S HELP TO MAN

Our thoughts are still ignorant, they must be enlightened.
Our aspiration is still imperfect, it must be purified.
Our action is still powerless, it must become effective.

25 August 1954

*
Listen silently to the order which comes from the Supreme Lord and you will have the capacity to carry it out.

Know what the Divine wants and you will have mastery.

The inner command is more sure than the mental conception.

The reign of reason should not end until the coming of the psychic law which manifests the Divine Will.

Power to reject adverse suggestions: the power which comes from the conscious union with the Divine.

Wisdom cannot be acquired except through union with the Divine Consciousness.

Integral wisdom: that obtained by union with the Divine.

Like everything that belongs to creation, wisdom is progressive.

A bit of wisdom is welcome.
Words of the Mother – III

In the depths of the Inconscient, there also shines the Divine Consciousness resplendent and eternal.

* The Divine Will acting in the inconscient is all-powerful even when we do not know it.

* Indeed, I am convinced that when the Inconscient is conquered no more conditions will be required; all will be a free decision of the divine Grace.

* * *

The Greeks had a keen and exceptional sense of beauty, of eurhythmy, of harmony in forms and things. But at the same time they had an equally keen sense of men’s impotence in face of an implacable Fate which none could escape. They were haunted by the inflexibility of this Fate, and even their gods seem to have been subject to it. In their mythology and in their legends, one finds little trace of the divine compassion and grace.

This notion of compassion and grace made its appearance in Europe later with the Christian religion — whereas in Asia and especially in India it had long before been the very essence of Buddha’s teaching.

So in all the Greek stories, legends and tragedies we find this inexorable cruelty of the decrees of a Fate that nothing can deflect.

* The faith that goes to the Cosmic Divine is limited in the power of its action by the necessities of the play.

To get entirely free from these limitations one must reach the Transcendent Divine.

* 230
Sadhana and Life

The only hope is in the capacity of the invisible Power!

* *

Only the supreme consciousness can have an effect on your Karma and this consciousness is independent, above all human consciousness.

* *

The Supreme Power is taking up all the movements. It will turn them into the Truth. No effort is needed, no aid from the mind or any of the instruments, even the individual consent is no longer needed.

* *

Those who are predestined receive the help of an Inner Guide.

* *

Divine solicitude: always active, even when we do not perceive it.

* *

Let us understand and receive with gratitude this Divine Solicitude, so often not understood.

* *

Integral solace: that which one can receive only from the Divine.

* *

Solace: the blessings the Divine grants us.

* *

231
BEAUTY

Artistic taste is pleased with beautiful things and is itself beautiful.

Artistic sensibility: a powerful aid to fight ugliness.

Artistic works: all work at the service of beauty.

Mother,

May we ask X [an artist] to work on activities which are non-artistic?

All and everything can be artistic if it is done in an artistic spirit.

Beauty is a great power.

Spiritual beauty has a contagious power.

Beauty does not get its full power except when it is surrendered to the Divine.

The beauty of tomorrow: beauty which will express the Divine Power.

27 April 1966
Sadhana and Life

The beauty of tomorrow manifesting the Divine: a beauty that exists only by the Divine and for the Divine.

Beauty is not sufficient in itself, it wants to become divine.

Pure sense of beauty can be acquired only through a great purification.

The ideal of Beauty moves towards its infinite goal.

Among the most precious things in life are those you do not see with physical eyes.

10 November 1969

GENERAL

Optimism: more helpful than its opposite.

Curiosity: if we want to be exceptional, may it be our attributes that make us so.

Mental curiosity must be seriously controlled for it not to be dangerous.

Physical curiosity takes its value from its purpose.

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Words of the Mother – III

Chastity: a little austere and proud, it is very reserved.

An attempt is a small thing but it can be a promise for the future.

Inventions have no use except when they are controlled by the Divine.

Gold should not be used except in the service of the Divine.

Charity: simple and sweet, attentive to the needs of all.

Unselfishness: deeply open so as not to refuse anything.