Telos (2016-17)

Introduction

The main purpose of Telos is to establish the idea of Integral Education in the field of higher education based on integral yoga and the vision of Sri Aurobindo and The Mother.

Activities of the year

1. Manoj conducted the following training sessions:
   a) Half-day session for faculty members of Indian Institute of Technology, Madras (IITM) on “Self-awareness and Higher Goals in Education”. (June 2nd, 2016)
   b) Sessions on Integral Education for freshmen at Auro University, Surat, Gujarat. (July 2016)
   c) Four-day faculty training on “Self Awareness & Integral Education”. at Translational Research and Professional Leadership Centre (TPLC) Government Engineering College, Bartonhill, Thiruvananthapuram, Kerala. (November 21-24, 2016)
   d) One-day self-awareness programme for students from IITM, in Auroville. (September 17th, 2016)
   e) One-day training for faculty of TKM College of Engineering, Teaching and Learning Centre, Kollam, Kerala. (December 20th, 2016)
   f) One-day session on “Integral Karma Yoga” for students from IITM, in Pondicherry. (March 11th, 2017)
   g) Two-day curriculum development workshop at Institute of Rural Management Anand (IRMA) for ALC India, as part of the Transforming India Initiative (www.alcindia.org/tii/). (March 20th & 21st, 2017)

2. Work is progressing to create an online course on integral yoga.

Outcomes

There is a growing demand for training programmes for self-awareness and inner development for students and faculty members. Telos has reached out to around 350 students and 120 faculty members in India.

Reflections

The opening and receptivity in the institutions of higher learning is very promising. However, converting this into transformational practices, change in behaviour and eventually change in systems and processes is still a long way away. Long term engagements are necessary to make more effective impact.

Conclusion

Learning materials are to be designed and prepared like modules, including practices, that can be combined in multiple ways according to context. Now there is good understanding of the needs, and the Integral Education framework needs to be converted into application-driven modules.